A Career in Special Care Dentistry in the Midlands & East

Developing people for health and healthcare

www.hee.nhs.uk
Contents

• What is Special Care Dentistry?
• Why choose this specialty?
• Future challenges
• Typical day
• Personal qualities for this career
• Training pathway I
• Training pathway II
• Requirements during training
• Recruitment
• Why train M&E
• Demonstrating commitment to specialty
• Where to go for more information

(Please click on topic for direct link)
What is Special Care Dentistry?

- Special Care Dentistry focuses on the prevention and management of oral disease for the people in society who are unable to receive their dental care routinely as a consequence of a physical, sensory, intellectual, mental, medical, emotional or social impairment or, more often, a combination of these.

- British Society of Disability and Oral Health definition

- BSDH.org
What is Special Care Dentistry?

- The field of dentistry which specialises in the management of dental care for adults with severe disability, medical or mental health conditions.
- SCD clinicians work in Community services, hospital services, mental health units, rehab centres, homeless drop in clinics and visit patients own homes to provide care.
- They are trained to provide care with local anaesthetic, sedation and treatment under general anaesthesia.
Why choose this specialty?

• Training in sedation techniques
• Management of medically complex patients, those with severe mental health issues and patients with a spectrum of disabilities
• Multi-location working in primary, secondary and tertiary care
• Work as part of a large team in multiple specialties in dentistry and medicine
• Provide holistic care to the most vulnerable in society
• Provide restorative care, oral surgery and prosthetic care with LA, IV and GA facilitation
• Become part of a community of people who are passionate about raising standards for vulnerable adults
• Opportunities in academia and NHS consultancy training pathways
Why choose this specialty?

This specialty may be for you if you have an interest in:

- Interest in providing holistic care
- Interest in medicine
- Interested in wider aspects of health
- Enjoys multi location work
- Enjoys providing NHS dentistry
- Enjoys daily challenges and problem solving
Future challenges

• You will work within NHS services
• NHS services and commissioning of these services is forever changing
• StR pathway is becoming more competitive
• There should be a rise in Consultant and Specialist jobs around the country in the near future, however funding is required for these posts
• You have to expect to balance clinical and management tasks to work as a specialist within a SCD service
A day in the life of a SCD specialist/trainee

**Monday all day** - Provide dental care at forensic inpatient mental health facility

**Tuesday am** - Provide Domiciliary home visits

**Tuesday pm** – Provide care for Haemophilia patients at secondary care Trust

**Wednesday am** - Provide general anaesthesia service for patients with challenging behaviours within hospital setting

**Wednesday pm** – routine care for patients at your clinic for SCD patients

**Thursday all day** - provide intravenous and intranasal sedation in primary care for patients with special needs

**Friday am** - routine care for patients at your clinic for SCD patients

**Friday pm** – provide lectures for undergraduate students or the dental team in SCD
Personal Qualities for this career

- Excellent communication skills – **top priority**
- A dedication to the specialty –
- The ability to adapt and be pragmatic -
- Good interpersonal skills –
- Leadership –
- Resilience –
- Practical skills –
- Life long learner –
- In line with all specialities, trainees need to be reliable, self-motivated, punctual, flexible and good team players
Training Pathway

- National recruitment process – held once a year
- Successful in recruitment to StR or Academic (ACF) post
- Three year training programmes
- Undertake Diploma or Masters in SCD through training

**Final exit exam**
- Tri-Collegiate Membership in Special Care Dentistry, RCS Glasgow
- Completion of training at final ARCP and 36 months in training

**Post exit exam**
- Band B Senior Dental Officer roles
- Band C Specialist in SCD roles
- Consultant in SCD
- Or academic pursuits
Training pathway

• SPECIALTY TRAINING CURRICULUM SPECIAL CARE DENTISTRY

• https://www.iscp.ac.uk/curriculum/surgical/specialty_year_syllabus.aspx?enc=rBEE4gNLv7HXTbIjdJRr7tY1Kl/nnat0wFEohYiMiE=
Requirements During Training

- Work place based assessments (supervised learning events)
- E Portfolio
- Life support courses; PLS, APLS
- Audit

- Presentations
- Publications
- Safeguarding courses
- Teaching
- Managerial experience
- Annual review of competence progression (ARCP)
Recruitment

• National recruitment

• For more info: https://www.copdend.org/postgraduate-training/national-recruitment-for-specialty/
Recruitment

• Advert appears on COPDEND website each January

• All shortlisted applicants are invited to interview

• Successful candidates commence the training programme in September

Example of 2018 time frame

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advert appears</td>
<td>Tuesday 16 January 2018</td>
</tr>
<tr>
<td>Applications open</td>
<td>Tuesday 23 January 2018</td>
</tr>
<tr>
<td>Advert and applications close</td>
<td>Tuesday 13 February 2018</td>
</tr>
<tr>
<td>Interview window</td>
<td>Monday 26 March – Friday 18 May 2018</td>
</tr>
<tr>
<td>Initial offers released by</td>
<td>Thursday 7 June 2018</td>
</tr>
<tr>
<td>Hold deadline</td>
<td>Thursday 14 June 2018</td>
</tr>
<tr>
<td>Upgrade deadline</td>
<td>Thursday 21 June 2018</td>
</tr>
<tr>
<td>Paperwork deadline</td>
<td>No later than Friday 29 June 2018</td>
</tr>
</tbody>
</table>
Why train in the M&E?

• Largest regions in the country

• Diverse area resulting in wide range of pathology.

• Mix of smaller DGHs, large teaching hospitals and tertiary units ensures broad training and excellent opportunities.
Demonstrating commitment to Specialty

- Clinical experience within SCD – dental officer or DCT job
- Member of specialist groups - British Society of Disability and Oral Health, British Society of Gerodontology
- Undertaken voluntary experience with SCD dept
- Commence a post graduate qualification in SCD
- CPD activities/courses in the field of SCD
Where to go for more information…

- NHS health careers
- https://www.copdend.org/postgraduate-training/national-recruitment-for-specialty/
- www.bsdh.org
- www.gerodontology.com
- https://www.gdc-uk.org/professionals/specialist-lists