WEST MIDLANDS DEANERY

CITY HOSPITAL, SWBH NHS TRUST, BIRMINGHAM
FY1 Job description

The Trust is one of the largest teaching Trusts in the United Kingdom with a reputation for excellent staff who provide high quality care from three hospitals:

- City Hospital in Birmingham
- Sandwell General Hospital in West Bromwich
- Rowley Regis Hospital in Rowley Regis

The Trust was established on 1st April 2002 following approval by the Secretary of State for Health to amalgamate Sandwell Healthcare NHS Trust and City Hospital NHS Trust. The Trust has a budget of £325 million, employs more than 7000 staff and serves a population of almost 500,000. Currently some services are undergoing reconfiguration with the need for staff to work cross-site.

Aside from being the largest provider of acute patient services in the Midlands, the Trust also has a substantial research agenda with portfolio status and hosts several academic departments including ophthalmology, cardiology and rheumatology.

Further information about the Trust and its developments can be found at www.swbh.nhs.uk.

CITY HOSPITAL - (DUDLEY ROAD, BIRMINGHAM)

West Birmingham is a compact, inner city area (210,000 residents) with a significant ethnic minority population. City Hospital is a busy acute, Teaching Hospital of approximately 650 beds with a reputation for a friendly approach to its staff and patients. The Birmingham and Midland Eye centre, which is a supra-regional specialist facility, is on site.

The Birmingham Treatment Centre opened on the City Hospital site in 2005. This £35m development provides state of the art facilities for one-stop diagnosis and treatment and completely replaces the existing Outpatient Department. It includes an Ambulatory Surgical Unit with six theatres, extensive imaging facilities, an integrated breast care centre and teaching accommodation.

City Hospital has an extensive commitment to undergraduate and postgraduate teaching and has an impressive research record. In any working day up to 105 medical students are assigned to the City Hospital. These include 3rd year and 5th year students in both medicine and surgery. In addition, students attend for specialist teaching in rheumatology, orthopaedics, accident and emergency, cardiology, paediatrics, obstetrics & gynaecology, ENT and geriatrics. The hospital also has a long tradition of postgraduate education. The Education Centre offers a comprehensive postgraduate programme, including MRCS and MRCP courses. The hospital hosts the MRCOG, MRCP, MRCS examinations, as well as undergraduate examinations. There is an IT suite, clinical skills
laboratory and good medical library with a wide range of journals and periodicals.

**Foundation Year 1 Rotations**
City Hospital offers 27 posts at FY1 level in 10 rotations, comprising 3 x 4 month posts. All rotations include at least 4 months medicine and 4 months surgery. The jobs are busy, but well supported and provide excellent experience at Foundation level.

The final rotation is an academic programme. This includes 4 months in academic rheumatology. The department is the Clinical Academic Centre for Rheumatology in Birmingham. These three posts are appointed separately from the main appointment process and are combined in a 2 year rotation.

<table>
<thead>
<tr>
<th></th>
<th>Surgery</th>
<th>Medicine/Short Stay Unit</th>
<th>Medicine/Gastroenterology</th>
<th>Medicine/Short Stay Unit</th>
<th>Medicine/Short Stay/Acute Medicine</th>
<th>Medicine/Short Stay/Acute Medicine</th>
<th>Medicine/Short Stay/Acute Medicine</th>
<th>Medicine/Short Stay/Acute Medicine</th>
<th>Medicine/Short Stay/Acute Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Surgery</td>
<td>Medicine/Short Stay Unit</td>
<td>Anaesthetics</td>
<td>3 Posts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Surgery</td>
<td>Medicine/Gastroenterology</td>
<td>Medicine/Short Stay Unit</td>
<td>3 Posts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Surgery</td>
<td>Medicine/Respiratory</td>
<td>Medicine/Short Stay/Acute Medicine</td>
<td>3 Posts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Surgery</td>
<td>Surgery</td>
<td>Medicine/Elderly Care</td>
<td>3 Posts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Surgery</td>
<td>Medicine/Diabetes</td>
<td>Medicine/Elderly Care</td>
<td>3 Posts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Surgery</td>
<td>Surgery</td>
<td>Medicine/Elderly Care</td>
<td>3 Posts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Surgery</td>
<td>Medicine/Gastroenterology</td>
<td>Surgery</td>
<td>3 Posts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Surgery</td>
<td>Medicine/Respiratory</td>
<td>Anaesthetics</td>
<td>3 Posts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>General</td>
<td>Medicine/Short stay</td>
<td>Medicine/Acute Stroke/Neurology</td>
<td>Surgery</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>Academic</td>
<td>Rheumatology</td>
<td>Medicine/Cardiology</td>
<td>Surgery/Vascular</td>
<td>3 Posts</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
There is a regular teaching programme on Tuesday lunchtime for all FY1’s with lunch starting at 12.30pm. This is an essential part of the learning and social experience at City Hospital! In addition there are courses in PAIN management and ALS. Attendance at teaching (and evaluation of the programme) is recorded and this counts towards the final validation of training.

Each subspecialty has its own teaching and education programme in addition to the generic programme. All trainees have a named Educational Supervisor and are required to complete regular appraisals. The F1 assessment tools need to be completed as per the requirements of the foundation portfolio. Electronic 360 degree appraisal is part of the first rotation. Validation of all paperwork is carried out twice a year by the Clinical Tutor.

**Study Leave**

As per the Deanery guidelines, study leave funding is not available at FY1 level. However study leave can be used for up to 5 days in a ‘Taster specialty’ in the third 4 month period only, if agreed by the Educational Supervisor and Clinical Tutor, to help with career choice. This is then taken from the FY2 allowance. Individual careers counselling is also provided by the Clinical Tutor and Specialty Advisors.

**The “Mess” (written by a current FY2)**

The “Mess” at City Hospital is well known for being one of the best in the region. It's perfectly located near the main wards, so it's easy to drop in from time to time and as a result it's a great way to see your colleagues and catch up, which is not always easy to do when you’re stuck on the wards! It’s next to the subsidised, fully equipped staff gymnasium.

There is a ready supply of the essentials of tea and toast and the supplies of cereal, pot-noodles etc (for those on-call) are regularly restocked. There’s a pool table and a computer with internet access for when the wards are really quiet and a great place to sit outside (weather permitting!) with a barbecue, which is used in the summer for Mess parties!

The mess committee try to organise a party once a month, with mess funds. Again, it's a great way to catch up with your work mates. These also attract trainees from other hospitals. The ‘end of house dinner’ is a ‘not to be missed’ social occasion often attracting back previous City Hospital juniors.

There is a monthly junior doctor’s interest committee which discusses all relevant issues, with some of the senior consultants and managerial staff. This has helped to highlight and rectify any difficulties.

According to our Foundation trainees we’ve got a ‘fab’ mess, so come along and get involved! The best way to find out about the jobs is to speak to the current FY1’s – they will give you an honest opinion.
<table>
<thead>
<tr>
<th>Post</th>
<th>Foundation Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description</td>
<td>Critical Care/Pain Management/ Anaesthetics</td>
</tr>
<tr>
<td>Location</td>
<td>City Hospital, SWBH NHS Trust</td>
</tr>
<tr>
<td>Banding</td>
<td>Currently banded</td>
</tr>
<tr>
<td>Education Supervisor</td>
<td>Dr Arasu Rayen</td>
</tr>
</tbody>
</table>

**Educational Opportunities**

- Weekly F1 Teaching (Tuesday lunchtime with food)
- Weekly pre admission anaesthetic clinic by Consultant Anaesthetist
- Regular preoperative ward rounds with Consultant Anaesthetists (and/or SpR’s / ST’s) for elective theatre lists, in conjunction with attendance in theatre providing anaesthetic support during surgery
- Twice daily consultant ward rounds on Critical Care Services (CCS)
- Weekly Consultant led acute pain ward rounds within anaesthetic placement
- Attendance at Multidisciplinary Chronic Pain Management clinics
- Participation on the acute medical on call rota
- Attendance at weekly departmental educational meetings, (CPD approved)
- Regular attendance at tutorials for anaesthetics (Thursday am) and CCS SHO’s (Friday)
- Mandatory attendance at Multidisciplinary Pain Study day at least 1/year

**Additional Specific Conditions**

- Exposure in anaesthesia for elective General Surgery, Plastics Surgery, Gynaecology, Orthopaedics, ENT, Urology, Vascular Surgery and Day case surgery at BTC
- 4/5 week placement on Intensive Care
- Acute and Chronic Pain exposure at clinics and ward rounds
- Not required to attend Ophthalmology lists at BMEC or Obstetric Unit.

**Additional Procedures**

- Regional techniques e.g. Epidural and Spinal anaesthesia
- Peripheral Nerve blocks with use of nerve stimulators and Ultrasound guidance
- General anaesthesia for ASA1/2 surgical cases under direct supervision of an experienced anaesthetist.
- Advanced airway techniques including fibre optic intubation,
- Implement and manage Patient Controlled Analgesia (PCA) for postoperative patients
- Advanced methods of mechanical ventilation, cardiac monitoring with cardiovascular support and renal replacement therapy on Intensive Care placement.

**Notes**

- FY1’s will be expected to provide Case presentations and management plans on wards, Intensive Care and Pain Management placement. The trainee will be proficient in history taking and preoperative preparation of patients for elective surgical lists, manage acute pain with Specialist Nurse support.
- They will be confident in airway management skills, intravenous access and fluid therapy, manage acute pain postoperatively with Patient controlled and Epidural analgesia. The trainee will have a basic understanding of general and regional anaesthesia.
<table>
<thead>
<tr>
<th><strong>Post</strong></th>
<th>Foundation Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description</strong></td>
<td>General Medicine/Stroke/Neurology/Elderly Care</td>
</tr>
<tr>
<td><strong>Location</strong></td>
<td>City Hospital, SWBH NHS Trust</td>
</tr>
<tr>
<td><strong>Banding</strong></td>
<td>Currently banded</td>
</tr>
<tr>
<td><strong>Education Supervisor</strong></td>
<td>Drs Kausar / Simons / Sarkar / Siddiqui / Sturman</td>
</tr>
</tbody>
</table>

**Educational Opportunities**
- Weekly F1 Teaching (Tuesday lunchtime with food)
- Twice weekly ward round
- Once a week MDT meeting
- Weekly Grand-round
- Weekly Department of Geriatric Medicine meeting
- Monthly Neuro-radiology meeting

**Additional Specific Conditions**
- Management of stroke & TIA patients
- Management of confusion, falls, orthogeriatrics, Parkinson’s Disease, continence
- Acute care, early rehabilitation and discharge planning.
- Continuing care and intermediate care
- Interpreting investigations (CT head)
- Dealing with multicultural issues
- Managing patients from socially deprived backgrounds
- Breaking bad news. Ethical dilemmas.
- End of life management
- Assessment of mental capacity

**Additional Procedures**
- Management of spasticity, delirium, incontinence & falls
- Lumbar puncture
- Pleural Tap
- Joint aspiration

**Notes**
- Role of social worker/physiotherapist/occupational therapist/nurses and voluntary agencies in achieving patient discharge
<table>
<thead>
<tr>
<th>Post</th>
<th>Foundation Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description</td>
<td>Medicine/ Gastroenterology</td>
</tr>
<tr>
<td>Location</td>
<td>City Hospital, SWBH NHS Trust</td>
</tr>
<tr>
<td>Banding</td>
<td>Currently banded</td>
</tr>
<tr>
<td>Education Supervisor</td>
<td>Drs Lewis /Anderson</td>
</tr>
</tbody>
</table>

**Educational Opportunities**
- Weekly F1 Teaching (Tuesday lunchtime with food)
- Twice weekly ward round
- Once a week Gastro meeting
- Weekly Grand-round
- Weekly teaching from middle grades

**Additional Specific Conditions**
- Chronic liver disease
- GI bleed.
- Hepato-renal syndrome
- GI malignancy
- Inflammatory bowel disease

**Additional Procedures**
- Ascitic tap/drain
- Central lines
- Joint aspiration

**Notes**
- Good jobs with lots of opportunity to learn procedures. Often very busy, but good level of support
<table>
<thead>
<tr>
<th>Post</th>
<th>Foundation Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description</td>
<td>Medicine / Respiratory</td>
</tr>
<tr>
<td>Location</td>
<td>City Hospital, SWBH NHS Trust</td>
</tr>
<tr>
<td>Banding</td>
<td>Currently banded</td>
</tr>
<tr>
<td>Education Supervisor</td>
<td>Drs Khair / Rajasekaran / Nathani</td>
</tr>
</tbody>
</table>

**Educational Opportunities**
- Weekly F1 Teaching (Tuesday lunchtime with food)
- Twice weekly ward round
- Weekly MDT meeting
- Weekly respiratory teaching meeting (occasional food!)
- Weekly respiratory radiology meeting

**Additional Specific Conditions**
- Pneumonia
- COPD/Asthma.
- Pleural diseases
- Post ITU care
- Management of acute and chronic respiratory failure
- Introduction to NIV and CPAP
- Pulmonary fibrosis
- Lung cancer
- TB
- Sleep apnoea

**Additional Procedures**
- Pleural tap/biopsy
- Mantoux testing
- Chest drain insertion
- Pneumothorax aspiration

**Notes**
- Busy but highly recommended
<table>
<thead>
<tr>
<th>Post</th>
<th>Foundation Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description</td>
<td>General Medicine/Diabetes &amp; Endocrinology</td>
</tr>
<tr>
<td>Location</td>
<td>City Hospital, SWBH NHS Trust</td>
</tr>
<tr>
<td>Rota</td>
<td>4 month rotation</td>
</tr>
<tr>
<td>Banding</td>
<td>Currently banded</td>
</tr>
<tr>
<td>Education Supervisor</td>
<td>Drs De / Basu / Ryder</td>
</tr>
</tbody>
</table>

**Educational Opportunities (e.g. Ward Rounds, Clinics)**

- Weekly F1 Teaching (Tuesday lunchtime with food)
- Grand Rounds Monday lunchtime
- Departmental teaching Thursday lunch
- 2 x consultant ward rounds on D 42 (usually Mon/Thurs AM)
- Post-take ward rounds on MAU
- Undergraduate medical teaching
- Teaching 3rd year medical students on D 22 (weekly)

**Additional Specific Conditions (i.e. specialist conditions)**

- Emergency medical admissions – clerking, dealing with emergencies, preparing for PTWR
- Day to day management of patients with chronic illness on wards
- Management of diabetic emergencies
- Day to day management of diabetes patients including insulin start, change and dose alterations in liaison with DSN
- Management of patients with co-morbidities and complex needs
- Dealing with multicultural issues
- Managing patients from socially deprived backgrounds
- Breaking bad news

**Additional Procedures (i.e. those not specified in the curriculum)**

- Chest drains
- Lumbar puncture
- Central lines
- Ascitic and pleural taps

**Notes**

Role of social worker/physiotherapist/occupational therapist/nurses in achieving patient discharge /Diabetic Specialist Nurse
<table>
<thead>
<tr>
<th><strong>Post</strong></th>
<th>Foundation Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description</strong></td>
<td>Acute Medicine / Short Stay</td>
</tr>
<tr>
<td><strong>Location</strong></td>
<td>City Hospital, SWBH NHS Trust</td>
</tr>
<tr>
<td><strong>Banding</strong></td>
<td>Currently banded</td>
</tr>
<tr>
<td><strong>Educational supervisors</strong></td>
<td>Acute Medicine Consultants</td>
</tr>
</tbody>
</table>

**Educational Opportunities**

- Weekly F1 Teaching (Tuesday lunchtime with food)
- Acute Medicine teaching – Fridays 13:00-14:00
- Daily Consultant Ward rounds
- Grand Rounds (Monday 13:00-14:00)
- Strong audit programme

**Additional Specific Conditions**

- Management of acute medical conditions necessitating hospital admission
- Acute care, early rehabilitation and discharge planning.
- Interpreting investigations
- Dealing with multicultural issues
- Managing patients from socially deprived backgrounds
- Breaking bad news

**Additional Procedures**

Procedures associated with diagnosis and treatment of acutely ill patients

- Venous and arterial blood sampling and cannulation
- Lumbar puncture
- Pleural effusion drainage
- Urethral catheterisation
- Chest drain insertion
- Joint aspiration

**Notes**

- Dealing with all specialties and services in the hospital and community in ensuring adequate care for the patient
- Dealing with General Practitioners and social services allowing rapid discharge
- Dealing with liaison psychiatric services
- Dealings with specialist nurse practitioners in primary and secondary care
<table>
<thead>
<tr>
<th>Post</th>
<th>Foundation Year 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description</td>
<td>Surgery</td>
</tr>
<tr>
<td>Location</td>
<td>SWBH NHS Trust</td>
</tr>
<tr>
<td>Banding</td>
<td>Currently banded</td>
</tr>
<tr>
<td>College Tutor</td>
<td>Mr Kale</td>
</tr>
</tbody>
</table>

**Educational Opportunities**
- Weekly F1 Teaching (Tuesday [City]/Wednesday [Sandwell] lunchtime with food)
- Weekly MDT meeting.
- Pre admissions clinics
- Surgical Departmental meeting (Thurs am)
- General surgical admissions
- Consultant led ward rounds.

**Additional Specific Conditions and Procedures:**

**Urology**
- Bladder cancer
- Prostate disease
- Renal cancer
- Renal tract stones
- Testicular disease
- UTI’s
- Emergency urology
- Erectile dysfunction
- Urinary incontinence
- Urinary catheters
- Suprapubic
- Nuclear medicine studies
- Urodynamics

**Vascular**
- AAA
- Acute limb ischaemia
- Management of post operative patients
- Management of patients with co-morbidities and complex needs
- Carotid endarterectomy
- Vascular ulcers
- Suturing
- ABPI
- Ample opportunity for theatre time
<table>
<thead>
<tr>
<th>GI Surgery (Based at Sandwell)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Bowel cancer</td>
<td>• Suturing</td>
</tr>
<tr>
<td>• Diverticular disease</td>
<td>• Minor surgical procedures</td>
</tr>
<tr>
<td>• Inflammatory bowel disease</td>
<td>• Sigmoidoscopy</td>
</tr>
<tr>
<td>• Hernia</td>
<td>• Skin suturing</td>
</tr>
<tr>
<td>• Laparoscopic surgery</td>
<td>• Theatre time</td>
</tr>
<tr>
<td>• Benign and malignant oesophago-gastric disease</td>
<td>• Endoscopy (optional)</td>
</tr>
<tr>
<td>• Gallstone disease</td>
<td></td>
</tr>
<tr>
<td>• Gastro-oesophageal reflux disease</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ENT/BREAST</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Management of acute/critically ill patients with Airway problems</td>
<td>• Doctors are encouraged to attend any clinic or theatre they wish as we are committed to complimenting and supplementing the national ENT educational programme.</td>
</tr>
<tr>
<td>• Management of epistaxis and practicalities of nose packing</td>
<td>• The ENT unit is at the forefront of the ‘state of the art’ Rhinology in the region</td>
</tr>
<tr>
<td>• Management of all other Emergency ENT conditions</td>
<td>• Management of elective breast cancer patients</td>
</tr>
<tr>
<td>• Overall view of routine ENT Conditions</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Trauma and Orthopeadics (cross site)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Management of Acute Polytrauma</td>
<td>• Suturing</td>
</tr>
<tr>
<td>• Management of Common Factures including:</td>
<td>• Minor surgical procedures</td>
</tr>
<tr>
<td>o Fracture neck of femur</td>
<td>• Aspiration/Injection of Joints</td>
</tr>
<tr>
<td>o Ankle fractures</td>
<td>• Plastering techniques</td>
</tr>
<tr>
<td>o Long Bone fractures</td>
<td></td>
</tr>
<tr>
<td>o Paediatric fractures</td>
<td></td>
</tr>
<tr>
<td>• Arthroscopic surgery of Knee and Shoulder</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NOTES</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Excellent team support</td>
<td></td>
</tr>
<tr>
<td>• Busy teams with rapid turnover of patients</td>
<td></td>
</tr>
<tr>
<td>• Excellent grounding in surgical ward care</td>
<td></td>
</tr>
<tr>
<td>• Considerable opportunity for audit</td>
<td></td>
</tr>
</tbody>
</table>
MAIN TERMS AND CONDITIONS OF SERVICE

The post is covered by the national (Whitley Council) Terms and Conditions of Service for Hospital Medical and Dental Staff (England and Wales), as amended from time to time.

The annual leave for these posts is 28 days per annum, pro rata, plus bank holidays. Annual leave is granted with the approval of the supervising Consultant and Medical Staffing department. Prospective cover arrangements are in place in relation to annual and study leave.

Currently on call commitments (and therefore banding) of all foundation trainees are compliant with EWTD 2009 regulations. These may however change, dependant upon the ‘Hospital at Night’ project and reconfiguration of services across the Trust. You should not assume that the banding for your post for August 2010 and beyond is the same banding as current post holders.

It is the responsibility of all medical staff to ensure that they are appropriately registered with the General Medical Council. **If registration lapses, employment may be terminated.**

The successful candidate will be required to undergo pre-employment medical screening by our Occupational Health Department and Criminal Record Bureau checks. You will also be expected to provide evidence of immunity against ‘Hepatitis B’.

Under the Statutory Instrument 778 Health and Safety Radiation Protection of Patients, employers have an obligation to ensure that any person clinically or physically directing medical radiation exposures have received adequate training. It is therefore, expected that you should submit to the Personnel Department a copy of your certificate or attendance at an appropriate course, if required.

All employees are expected to be aware of and comply with appropriate Trust policies covering such areas as Health and Safety, Equal opportunities, Data Protection, Confidentiality and Smoking.

ACCOMMODATION

If you require single accommodation there are charges for this and it is subject to availability. The accommodation consists of individual bedrooms with sanitary facilities and bathroom accommodation is shared. Details of accommodation charges are available on request.

OTHER FACILITIES

- Junior Medical Staff have their own Mess Room with pool table.
- City Hospital has its own cash point banking facilities.
- Car parking is available. City Hospital is close to the centre of Birmingham with all its variety of shops and amenities in the newly renovated “Bull ring” There is a very frequent bus service to and from the city.
- There is a fully equipped subsidised staff gym

JC/ Aug11