MiniCEX: Acute Presentation: Breathlessness

Trainee:	
Trainee GMC number:	
Assessor:	
Assessor GMC number:	
Grade of assessor: Consultant SASG ST4-6 Other Assessor email:	
Date:	
Case discussed (brief description):	

	Expected behaviour	Successful / Unsuccessful
Initial approach	 Ensures monitoring, iv access gained, O2 therapy Ensures vital signs are measured including Spa O2 	C Successful
History and information gathering	 If patient able, trainee takes focused history of breathlessness including onset, severity duration frequency precipitating and relieving factors previous similar episodes associated symptoms Systematically explores for symptoms of life threatening causes of breathlessness Takes detailed respiratory history Specifically asks about medication and past medical history Seeks information from paramedics, relatives and past medical notes including previous chest x-rays and blood gases 	⊂ Successful ⊂ Unsuccessful
Examination	On examination has ABCD approach with detailed cardiovascular and respiratory examination including, work of breathing, signs of • respiratory distress • detection of wheeze • crepitations • effusions • areas of consolidation	ି Successful ି Unsuccessful
Investigation	Ensures appropriate investigation • ECG • ABG • FBC • U&Es • troponin and d dimer if indicated • Chest x-ray Able to interpret chest x-ray correctly	ି Successful ି Unsuccessful
Clinical decision making and judgment	Able to formulate a full differential diagnosis and the most likely cause in this case Knows BTS guidelines for treatment of Asthma and PE	⊂Successful ⊂Unsuccessful
Communication with patient, relatives, staff	Effectively communicates with both patient and colleagues	⊂ Successful ⊂ Unsuccessful
Overall plan	 Able to prescribe appropriate medication including oxygen therapy, bronchodilators, GTN, diuretics Able to identify which patients would benefit from NIV 	ି Successful ି Unsuccessful
Professionalism	Stabilises and safely prepares the patient for further treatment and investigation	C Successful
Overall	Auto-calculated from above outcomes. If all items are marked as Successful, this will rate Successful. Otherwise, will be rated as Unsuccessful.	C Successful

Things done particularly well:

earning points:	
ction points:	
•	
	C Save As Draft