

Health Education England West Midlands School of Paediatrics Newsletter

June 22 Edition

Editor: Dr Alex Philpott – Head of School

Please note that the deadline for submission of content for the monthly newsletter is the 20th of each month.

Please only send content requests to facultysupportteam.wm@hee.nhs.uk

West Midlands School of Paediatrics Newsletter

Contents

Name	Page
Message from the Head of School	2-3
TPD Contacts	3
Media Information	3-4
New Community Child Health Advisor Introduction	4
ARCP's	4-5
Trainee Clinics	5
Supported Return to Training	5
Surveys	6
WM Paediatric Trainee Committee Update	6-7
Trainee Support Network	7
IMG Support Network Update	8
WM Adolescent Health Network	8
Upcoming Meetings and Courses	8-10
Simulation	10-11
Neonatal Simulation	11-12
PRAM Update	13
Promoting Paediatrics	13
Other Useful Information	13
WM Paediatric Contacts	14-15

Message from Head of School

Welcome to the June newsletter. I'm hoping that everyone has managed to get some time off over the long bank holiday.

June is a busy time for all doctors as we prepare for the next round of ARCPs. For doctors in training, please ensure your E-portfolio and check lists are as complete as possible. We still need to reduce the number of outcome 5s we award. And for supervisors, if you haven't already volunteered for ARCPs, please do. The best way about learning about E-portfolio and what is needed for ARCPs is to participate.

Last week I was at Head of School meeting at RCPCH and can share some information with you all. The good news is that we have >99% fill rate for ST1 and ST3/4. Within the West Midlands, all our dedicated GRID post have been filled too. While we are conscious that there are still some gaps in recruitment for some specialities, there have been some improvements and RCPCH is working hard to highlight where recruitment still needs to happen. The CSAC report on recruitment will be available soon.

There are some new events for Educational supervisors to assist with updates about Progress plus and these are on the RCPCH calendar. In addition, if you haven't already seen, please

West Midlands School of Paediatrics Newsletter

have a look at <https://www.rcpch.ac.uk/resources/progressplus-and-me> as this will help answer many questions you have.

The window for START assessments will open around 1st June, with shortlisting in the 1st 2 weeks in July. The October dates are likely to be 5th, 7th and 11th.

Many of you interact with medical students and you may be aware that the paediatric undergraduate curriculum is being updated to align with Progress plus. If any medical students or foundation doctors are thinking of a career in paediatrics please nudge them towards this event on 5th July - <https://www.rcpch.ac.uk/news-events/events/paediatric-sub-specialty-careers-event-online>

Looking through the newsletter, I am aware there are a large number of surveys. Please can you spend a few minutes completing these. As paediatricians we need to continue to be curious about improvement and challenges, and it is only when we understand what is needed that we can make changes.

I would like to draw your attention to our Clinical Leadership and Management Programme featuring Quality Improvement from the Quality Improvement Clinic. This is an exciting programme of which we have already run three cohorts. In future we will be considering running just one cohort per year and so this could be the last chance to book a place for another 12 months please see page 8 for more details. We are excited to see the QI projects that are undertaken, this course does require some time commitment so please consider this and ensure study leave is requested.

Finally, I'd like to congratulate the winners of the RCPCH PAFTA awards <https://www.rcpch.ac.uk/news-events/news/national-pafta-winners-2022>

All nominees and winners are to be congratulated, but if you have a sneaky look you will notice that Dr Neethu Sebastien is a WM doctor in training. I offer special congratulations to her.

Have a lovely June.

TPD - ST1-3	Clare Onyon	Clareonyon@nhs.net
TPD - ST4+ -8	Matt Cawsey	matt.cawsey@nhs.net
TPD- Quality Assurance	Sagarika Ray	Sagarika.ray@nhs.net
TPD- Teaching programmes	Penny Broggio	penny.broggio@hee.nhs.net
TPD - Neonatal Teaching Programmes	Rob Negrine	rjsneg@doctors.org.uk
TPD - Assessments	Sarah Ellis	Sarah.Ellis@uhcw.nhs.uk
TPD - General Simulation	Annabel Copeman	acopeman@nhs.net
TPD - Neonatal Simulation	Matt Nash	Mnash1@nhs.net
TPD – Digital Strategy	Narasimha Rao	narasimha.rao@nhs.net

Media Information

Postgraduate doctors website: www.westmidlandspaediatrics.com

If you would like to add something to the website or feel that you have a topic or group that would benefit from a webpage, then please let the WMPaeds Trainee Committee know.

Email address: westmidlandspaediatrics@gmail.com

Twitter account: @WMPaeds

West Midlands School of Paediatrics Newsletter

Facebook page: Paediatric postgraduate doctors in the West Midlands

NB: Please apply directly to join the Facebook Group and answer the security questions.

Inviting others to join prevents people from joining, as they do not have access to the security questions.

New Community Child Health Advisor Introduction

Dear all,

I am pleased to inform you that I am now your regional Community Child Health advisor.

Thanks to Sophie Carter for setting a good precedent for this role.

This role is important for various reasons. Firstly, I would like to raise the profile of CCH training. The RCPCHs 'Covering all bases' report identified serious workforce shortage with high level of unfilled vacancies. In addition, we have the new progress + curriculum which will further limit exposure of community paediatrics experience and hence uptake of this speciality. We will have to devise innovative ideas to showcase the speciality and to attract and develop trainees, to make services better for vulnerable children.

Now, a bit about myself. I am based at Gem Centre, a purpose build community children's centre attached to the Royal Wolverhampton NHS Trust. I am a Trainee Programme Director (TPD) for Foundation year 1 trainees. I take every opportunity to encourage foundation doctors to consider paediatrics as a career option. Early on, during my ST4 training I developed an interest in medical education. To formalise this further, I completed my masters in postgraduate medical education. I enjoy undertaking research in this area and attending medical education conferences like AMEE and Ottawa.

I am looking forward to working with you all.

Yours sincerely

Indu Lakshminarayana

Indu.lakshmi@nhs.net

ARCPs

Dates for your diaries....

2022

July ARCP - portfolio closes 20th June

July 4th

July 6th

July 12th

West Midlands School of Paediatrics Newsletter

July 15th
July 19th
July 21st

Trainee Clinics

Calling all ST2-3 postgraduate doctors in training to book an appointment for career advice & Progress+ progression

Trainee Clinics are continuing within the School of Paediatrics giving all postgraduate doctors the opportunity to request a 20-minute virtual meeting with a Training Programme Director or Head of School. This is a forum intended for discussing careers (e.g. GRID/SPIN), exams, discussion about OOPs or LTFT and other situations. In previous years we have highlighted these clinics as useful for ST2 trainees who wish to discuss careers and would be keen to do this again.

In addition, we would like to meet with everyone who is going to be completing ST4 in summer 2023 to discuss where you move next – core or subspeciality training.

These appointments are not an opportunity for detailed E-portfolio review as this should remain something that is undertaken with your educational or clinical supervisor.

If you would like to request an appointment, please complete this form
<https://forms.office.com/r/QvFKep5fAW>

The Faculty Support Team will then be in touch to book you an appointment should that be appropriate from the information you provide.

The next date for appointments is 30th June

A Nugget About Supported Return To Training (SuppoRTT) from Anna Darbyshire – HEE SuppoRTT Clinical Fellow

What is SuppoRTT? Supported Return to Training (SuppoRTT) is a centrally funded, locally run, Health Education England (HEE) programme which aims to support **ALL** postgraduate doctors to **SAFELY** and **CONFIDENTLY** return to training after a sustained period of absence.

Who is SuppoRTT for? SuppoRTT is available for all postgraduate doctors who have had a period of usually >3 months absence from training regardless of the reason. This may include parental leave, carers leave, research, career break, illness.

What is the process? Process is led by the postgraduate doctor and facilitated by ES. It includes pre-absence planning, pre-return planning and a return to training review. A bespoke package of support is devised depending on your personal needs.

How do I find out more? Talk to your ES / TPD / Trust SuppoRTT Champion, or email SuppoRTT.wm@hee.nhs.uk

West Midlands School of Paediatrics Newsletter

Surveys

Pubertal Staging Examination Survey

I am Dr Rebecca Moon, GRID trainee in paediatric endocrinology & diabetes in Southampton. I am undertaking a survey on pubertal staging examinations to establish training received and standard practice. The survey is open to all paediatricians (consultants and trainees) and we would love for you to complete it even if you do not regularly/have never undertaken pubertal staging as it will help to understand training needs. Participation is fully anonymous and will take around 5-10 minutes. If you are happy to complete the survey, it can be found here: <https://forms.office.com/r/kpFeywUSKw>

A big thank you in advance for your participation.

Digital Fellow Survey

The West Midlands Digital Fellows Team want to hear from Paediatric postgraduate doctors of all levels about how they use digital resources, and how they would like to see Paediatric Training in the West Midlands continue to adapt to new ways of learning and training.

We would be grateful for your answers to the following questions, to help guide the region's paediatric digital strategy.

<https://forms.gle/r4ik7yhQqT3BsHXq5>

If you have any further thoughts, questions or comments, please also feel free to contact us at paedspgvl@gmail.com

RCPCH Less Than Full Time Survey

We are looking at ways to improve less than full-time (LTFT) paediatric training in the UK.

Please could you circulate the following survey link to all paediatric LTFT trainees in your region? This should include those currently out of programme and on parental leave.

<https://forms.gle/pgiMXEwi9iqse2op8>

West Midlands Paediatric Trainee Committee Update:

ARCP Checklist 2021-2022:

The ARCP checklist for the 2021-2022 training year has now been finalised and can be found on the West Midlands Paediatrics Trainee website.

West Midlands School of Paediatrics Newsletter

Paediatric Career Support Network:

A Paediatric Career Support Network is being developed in the West Midlands School of Paediatrics and aspires to deliver a number of different streams to help its postgraduate doctors with careers guidance and planning right the way through their training journey. Initiatives range from Careers fairs, GRID application and interview support, focussed career talks and a networking platform. We would love for you to get involved. Please click the following link for more information and to join the mailing list: <https://forms.gle/LUdRxKJeMzDq4wS76>
I look forward to working with you as this Paediatric Career Support Network evolves! Many thanks, Anna Smith, ST4-8 Trainee Representative

Getting in touch:

Just a reminder that you can contact us via the 'contact us' function on the website at www.westmidlandspaediatrics.com or via email to: westmidlandspaediatrics@gmail.com The trainee representatives maintain a committee on-call rota so please be assured we will act on emails and communications promptly.

Trainee Support Network (TSN) Update:

The Trainee Support Network is looking for new members to join us in supporting postgraduate doctors in the West Midlands. If you would like to be involved in the Network, please email us at WMPaediatricsTSN@gmail.com for further information.

WHAT DOES SUPPORT MEAN TO YOU?



The Trainee Support Network would like to thank those who joined us for our walk this month! We will be arranging a further walk in March and look forward to seeing more trainees then

We also hope to arrange a meeting with all members in March to discuss projects and how we can continue supporting trainees.

WATCH THIS SPACE FOR THE DATES OF THE NEXT WALK AND MEETING

In the meantime, if you are interested in joining the Trainee Support Network please email us at WMPaediatricsTSN@gmail.com

West Midlands School of Paediatrics Newsletter

IMG Support Network (IMGSN) Update:



IMG support network is committed to providing ongoing support for IMG paediatric postgraduate doctors in the West Midlands. If you would like to join the network or would want to know more about the kind of support available, please email us:

wmpaediaticsimg@gmail.com

Paediatric IMG Whatsapp Group **Scan Attached**

Our IMG representative, Anu, has set up a WhatsApp group for IMG postgraduate doctors. This can be used a forum to discuss concerns/issues and to provide support to each other as IMG peers. Please scan the QR code to request to join the group.

West Midlands Adolescent Health Network

Are you interested in improving your skills when managing young people? Have you been told to improve your local transition pathways and don't know where to start? Does trying to remember what all the S's in a HEEADSSSS assessment stand for leave you feeling flustered?

We are a group of paediatric postgraduate doctors who are looking to increase the links between the health professionals in the region with an interest in adolescent health. We are initially looking for interest within paediatrics but over the next few months hope to grow the network to include other specialties and allied professions and aim to host monthly educational/networking events, via Zoom initially but hopefully graduating to regular face-to-face events.

If you're interested in taking part, whether your grade is ST1 or professor, please get in touch via wmadolescent@gmail.com.

We look forward to hearing from you!

Upcoming Meetings and Courses

Starting AUTUMN 2022! - NEW Clinical Leadership and Management Programme featuring Quality Improvement from the Quality Improvement Clinic.

West Midlands School of Paediatrics Newsletter

This is an innovative programme designed for ST5-ST8 paediatric trainees working in the West Midlands, starting 19 September 22.

Please see flyer attached

Recruitment is now open for the 4th cohort on our trailblazing Leadership and Management with Quality Improvement Programme. With over 70 participants to date, the Autumn 2022 programme is the last in the current series. If you are looking to secure these competencies before September 2023, now is the time to join in. The 18 week programme combines interactive on-line learning with Leadership and QI practice in the workplace as well as two full day workshops and a celebration event. It fulfils a host of level 2 competencies and provides you with great examples to share as you progress your careers.

[Clinical Leadership & Management with Quality Improvement Project, West Midlands - QIClearn](#)

The booking code you will need to use is **WMQIP_A22**

Child Death Review Professionals Conference 16th June 2022

Please see attached flyer

Aimed at professionals working in Child Death Review process.
Few spaces left

Registration details are on the flyer

FREE EVENT--- - West Midlands Joint Neonatal-Respiratory CPD Session 16th June 2022

Please see attached flyer

We would like to invite you to a neonatal-respiratory regional CPD session about Neonatal Chronic Lung Disease. The session is **free** and is aimed at neonatal & paediatric respiratory consultants/doctors-in-training, ANNPs and neonatal nurses.

The session will be 09:30 - 12:30 on Thursday 16th June and will include talks on "CLD assessment & management on NNU", "Pathophysiology of CLD", "Outcomes for babies with CLD" and "A Guide to Neonatal Oximetry Studies".

Please click on the link on the flyer to join on the day.

Pan - Midlands Education Day 24th June 2022 - Haemoglobinopathy Education Day

Please see attached agenda

Please see below an Eventbrite for the Pan Midlands Haemoglobinopathy Education Day in case you know of anyone who would be interested in coming to this event to learn more about Haemoglobinopathy. It is taking place on Friday 24th June 2022 at 8.30am at Jury's Inn East Midlands Airport.

If anyone is interested in coming to the education day - please register at the below link.

<https://www.eventbrite.co.uk/e/pan-midlands-haemoglobinopathy-education-day-tickets-261843379597>

West Midlands School of Paediatrics Newsletter

Stuart Green Memorial Lecture: Thursday 30th June 2022

Please see attached flyer

Stuart Green memorial Lecture: Thursday 30th June 2022, starting at 5.30pm. “A 30 years journey in paediatric neurosciences in Birmingham”. Lecturer: Mr Richard Walsh, Consultant Neurosurgeon, BCH

Lecture Theatre, Education Centre, Birmingham Children's Hospital

We are delighted to announce that this event will now be held as hybrid session with the option for you to either zoom in or attend in person.

Hybrid meeting held F2F and Zoom. No charge for attendance.

Please register via this link <https://www.eventbrite.co.uk/e/stuart-green-memorial-lecture-2022-tickets-310343404477and>

Lecture supported by The Stuart Green Memorial Fund: BCH Charities Trust Fund No. 33-2-525

See <https://bwc.nhs.uk/stuart-green-memorial-lectures-and-bursary/>

For further details please contact ruth.witcombe@nhs.net

Simulation

Regional Paediatric Simulation Courses

For anyone interested in our simulation courses, we still have some spaces left on our courses which cover a variety of topics. Courses with spaces available are highlighted in bold but waiting lists are available in case of last-minute cancellation spots. Dates for 2022 will be confirmed in the next few months.

All the courses and registers can be found on the Eventbrite website: <https://rwtpaedsimed.eventbrite.co.uk>. Please remember that if you have registered your interest, this does not mean that your space has been confirmed on the course.

If you have any queries about our courses, please contact us:

Email: rwh-tr.paedsimed@nhs.net

Twitter: @RWT_paedsimed

Paediatric Return to work Sim (PRTW)

This is a one-day simulation course designed for paediatric trainees who have been out-of-programme for any reason or recently returned to training from a long period of absence and would like to re-orientate themselves into clinical practice. We know that coming back into clinical practice can pose new challenges therefore we aim to provide an immersive and supportive learning environment to enable candidates to refresh their existing knowledge by practicing scenarios and sharing useful tips and important changes in practice.

Dates

8th of July 2021 - 4 Spaces available

West Midlands School of Paediatrics Newsletter

STEPS course

This course focuses on preparing for the step up to becoming a registrar or reinforcing skills for those who have newly stepped up to a registrar role.

Dates available

1st July – 1 space Available
4th July - 1 space Available
15th August – 4 spaces available

Palliative Care course

This is a one-day course focusing on the journey that patients take when they are known to have life limiting conditions. We explore symptom management, discussions with parents, filling in paperwork and bereavement care. Given the restrictions of COVID, we will have space for 8 senior paediatric trainees to attend this course face to face.

Dates

9th of May 2022 - 3 spaces available

Please register your interest if you would like to attend.

Acute Behavioural Crisis in CAMHS (ABC in CAMHS)

Do you get stressed out by managing mental health presentations during a busy on call? Want more training in de-escalating agitated patients? This is a one day course for a small group of paediatric, ED doctors and nurses (and is free for West Midlands trainees). We use workshops, discussion and simulated scenarios which are all led by local paediatric and CAMHS consultants.

Dates

6th of May 2021 - 5 Spaces available (register your interest)

ST1 Skills and Drills Day

This course is for trainees who are starting their paediatric rotation in March 2021. This study day will equip you with an introduction to the clinical skills required for day to day practice in paediatrics.

Dates available

Sept 2022 – Date TBC

SUDIC course

This course focuses on exploring the management of sudden unexpected death in infants and children and will equip you with the skills required to manage all the core aspects of the SUDIC process.

Dates available

June 28th – Full (Waiting List available)
Jul 26th – Full (Waiting List available)

Please register on the waiting list if you can attend at short notice

West Midlands School of Paediatrics Newsletter

Neonatal Simulation

Neonatal Skills day

The course is designed to offer trainees practical training on common neonatal procedures including intubation, vascular access and chest drain insertion. It is included in the ST1 training programme however if you previously missed a course or would like more teaching on neonatal procedures, you may be able to join the next face-to-face course.

Next date: 14th September 2022

SHINE (Simulation to Help in Neonatal Emergencies)

Are you just about to rotate on to your first registrar post in neonates? Does it feel like you have not done neonates for ages and need a refresher? Are you close to CCT and might be working as a consultant in a hospital with a neonatal unit? Do you feel like you just need more neonatal experience? If yes, this is the course for you! This course is very popular and receives consistent excellent feedback.

Next course date: 24th June 2022 (3 places remaining)

Neo-CCCom-S (Neonatal Critical Care Communication training through Simulation)

Do you want to improve your communication skills around difficult conversations such as breaking bad news, discussing medical errors, dealing with conflict and discussing end of life care? Do you want to explore parents' perspective and learn more about trauma informed communication? If yes, this is your opportunity to develop these transferable skills in a safe, supportive and confidential environment.

Next Course date: 21st June 2022 (2 places remaining)

New Neonatal Simulation Courses

Advanced SHINE

Are you a neonatal registrar looking to improve your management of neonatal emergencies? Want to build on your clinical knowledge but also leadership, situation awareness, decision making and communication skills? If the answer is yes then come and join us for the first Advanced SHINE course.

Next course date: TBC (Unfortunately 16th June 2022 cancelled)

Neonatal Palliative Care Course coming soon.

Date TBC

To register your interest for any of the above courses contact Jess Groucutt (J.Groucutt@nhs.net) with your full name, grade, current placement and why this course will be of value to you.

West Midlands School of Paediatrics Newsletter

PRAM Update by Rashmi Mehta

PRAM (Paediatric Research Across Midlands) is a paediatric trainee-led audit and research collaborative based in the West Midlands. We have a wide range of ongoing projects, including work with other paediatric networks. We have multiple successful publications and presentations from previous projects.

For earliest access to opportunities and news, join our mailing list by emailing pramnetwork1@gmail.com. You can also visit our website at <http://www.pramnetwork.com> or follow us on Twitter @PramNetwork.

Dates for your diary: Upcoming Conferences and Events in 2022

1. PEM conference- Edinburgh 15th June 2022 [registration link](#)
2. REaSoN Neonatal Conference- Warwick/ Virtual 20th- 21st June 2022 [registration link](#)
3. ESPGHAN (European Society for Paediatric Gastroenterology, Hepatology and Nutrition) Copenhagen 22th – 25th June 2022 [registration link](#)
4. RCPCH Annual Conference: Liverpool 28th-30th June 2022 [registration link](#)
5. EAPS (European Academy of Paediatric Societies) Barcelona 7th -11th October 2022 [registration link](#)

Promoting Paediatrics

Do you feel passionate about Paediatrics as a career? Do you want to help recruit people into your chosen career?

Promoting Paediatrics is a team of keen individuals who are currently doing great work in the region to widen interest in the career of Paediatrics to both school and medical students. We are looking for more enthusiastic Paediatrician to help us to continue this work! We run many different types of events including going to careers fairs at schools along with a very successful recent event for school students at BCH which looked at medicine as a career; how to get into medical school and the life of Junior Doctor.

If you are interested in joining the group, please contact:

promotingmedicine@gmail.com

Follow us on Instagram: [promotingpaediatrics](#)

Dr Vicki Currie 07783705901

Other Useful Information:

Reminder – Sickness Reporting

Can all postgraduate doctors include programmes.wm@hee.nhs.uk when reporting any sickness to your ES/CS.

West Midlands School of Paediatrics Newsletter

HEEWM School of Paediatrics Contact List

Name	Role	Email
Dr Alex Philpott	Head of School	Alex.philpott@hee.nhs.uk
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West Midlands School of Paediatrics Newsletter

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QA – Reporting concerns		escalatingconcerns.wm@hee.nhs.uk
Revalidation		traineerevalidation.wm@hee.nhs.uk
ARCP Appeals		ARCPappeals.wm@hee.nhs.uk
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