

Health Education England West Midlands School of Paediatrics Newsletter

November 22 Edition

Editor: Dr Alex Philpott – Head of School

Please note that the deadline for submission of content for the monthly newsletter is the 20th of each month.

Please only send content requests to faculty.supportteam.wm@hee.nhs.uk

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Message from Head of School

Welcome to the November newsletter. This month I am going to handover the main portion of the introduction to the PAFTAs 2022. Congratulations to all who were nominated, and thanks to all who submitted nominations. And a final 'Thank you' to the Trainee Committee, especially Dr Jess Groucutt, for organising such an amazing event:

PAFTAs 2022

The PAFTAs recognise the very best in paediatric training. We were amazed to receive 164 nominations this year and were delighted to celebrate all their achievements in our hybrid event on the 19th October 2022. The results are below.

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The Annie Callaghan Award for Best Educational Supervisor

Winner: Caroline Groves

Highly Commended: Sally Hulton, Anjli Jethwa, Clare Onyon

Nominees:

Meghana Pearson, Clare Onyon, Laura Roe, Saiqa Akhtar, Alexandra Tabor, Paraskevi Voula Mikrou, Harry Woodward, Rob Negrine, Lisa Pritchard, Chayarani Kelgeri, Jyoti Kapur, Cecilia Perez-Fernandez, Richard Harrison, Pavanasam Ramesh, Julia Uffindell, Helen Morris, Will Tremlett, Heam Kannappan, Anjli Jethwa, Larissa Kerecuk, Caroline Groves, Kim Neuling, Puneet Nath, Lauren Johansen, Annabel Copeman, Benjamin Stanhope, Helen Moore, Trishul Kothari, Kiran Sastry, Sarah Thompson, Richard Neal, Sally Hulton, Harsha Gowda, Stephen Williams, Wendy Tyler

Best Junior Trainee

Winner: Qasim Malik

Highly Commended: Jevana Jeevahan, Praveen Kurup, Sahra Adow

Nominees:

Victoria Collis, Praveen Kurup, Joseph Simpson, Madeline Cassidy, Marianne Yousef, Rini Babu, Donald Afreh-Mensah, Yasmin Begum-Jolly, Patrick Akpofure, Rachel Neal, Qasim Malik, Thomas Cherian, Katherine Hill, Siddharth Mahesh, Sahra Adow, Rehana Dyson, Joanne Stock, Neethu Sebastian, Jevana Jeevahan, Isabel Cowling

Best Senior Trainee

Winner: Asad Abbas

Highly Commended: Elizabeth Simons, Shehan Liyanage, Tania Van Westering

Nominees:

Hayley Djemai, Mandy O'Keeffe, Diana Aguirre, Tania Van Westering, Dumebi Mbelegudu, Shehan Liyanage, Sarah Williamson, Ceri-Louise Chadwick, Lucine Nahabedian, Shruti Kumar, Asad Abbas, Mirjam Kool, Binu Babu, Theodora Papanikolaou, Elizabeth Simons, Fahad Siddiqui, Iseult Sohal, Anna Smith, Elizabeth Brettle, Haritha Rao

Best Training Unit

Winner: Worcestershire Royal Hospital General Paediatric and Neonatal Unit

Highly Commended: New Cross Hospital: General Paediatrics, Birmingham Heartlands Hospital: General Paediatrics.

Nominees:

Heartlands: Neonatal Unit, UHNM: Child Health Division, Worcestershire Royal Hospital, UHCW: Neonates, New Cross Hospital: General Paediatrics, UHNM: Neonatal Unit, New Cross Hospital: Neonatal Unit, Heartlands: General Paediatrics

Training Heroes:

The Vishna Rasiah Training Hero (Medical) Award

Winner: Tania Van Westering

Highly Commended: Gillian Preston, Caroline Groves

Nominees:

Alexandra Tabor, Narisimha Rao, Caroline Groves, Wolfram Haller, Gillian Preston, Matt Cawsey, Trishul Kothari, Sarah Denniston, Tania van Westering, Vikki Fradd, Varsha Sadavarte

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Training Hero (Clinical) Award

Winner: Alexandra Tabor

Highly Commended: Dumebi Mbeledog, Catherine Powell, Alexandra Brant, Sheilah Kamupira

Nominees:

Ihsanuddin Muslim, Alexandra Tabor, Michelle Scott, Aswath Kumar, Ebraheem Junaid, Jenny Adamski, Geoff Debelle, Catherine Palmer, Annabel Copeman, Dumebi Mbeledogu, Sanjeev Deshpande, Annmarie Wherton-Whitehurst, Catherine Powell, Chamith Gunasekara, Georgina Hall, Helen Cornes, Alexandra Brant, Sarah Denniston, Saiqa Akhtar, Lucy Bradley, Zaida Bi, Sheilah Kamupira, Rayasandra Gireesh, ANNP Team Heartlands NNU, Francine Wootton, Julie Summersby, Charlotte Joesbury, Elise Rainsford, Elizabeth Checketts, Elaine Hamilton, Sarah Williamson

Training Hero (Non-clinical) Award

Winner: Paula Ellis

Highly Commended: Elaine Hamilton

Nominees:

Gail Wheeler, Alexandra Tabor, Elaine Hamilton, Paula Ellis, Mark Jones, Sharon Turner.

***Congratulations to all our amazing winners and nominees!!
Thank you to all those that nominated and attended the
awards ceremony.***

And finally, I'd like to thank Drs Ash Patel and Hannah Cooper, outgoing co-chairs of the Trainee Committee. Hannah and Ash have been exemplary chairs and many of the innovations that have been put into place are as a result of them. I wish them great success as they continue their training. Stepping into their shoes will be Drs Su Elliot and Shosh Layman. I look forwards to receiving many emails from them!

TPD - ST1-3	Clare Onyon	Clareonyon@nhs.net
TPD - ST4+ -8	Matt Cawsey	matt.cawsey@nhs.net
TPD - Quality Assurance	Sagarika Ray	Sagarika.ray@nhs.net
TPD - Teaching programmes	Penny Broggio	penny.broggio@hee.nhs.net
TPD - Neonatal Teaching Programmes	Rob Negrine	rjsneg@doctors.org.uk
TPD - Assessments	Sarah Ellis	Sarah.Ellis@uhcw.nhs.uk
TPD - General Simulation	Annabel Copeman	acopeman@nhs.net
TPD - Neonatal Simulation	Matt Nash	Mnash1@nhs.net
TPD – Digital Strategy	Narasimha Rao	narasimha.rao@nhs.net

Media Information

Postgraduate doctors website: www.westmidlandspaediatrics.com

If you would like to add something to the website or feel that you have a topic or group that would benefit from a webpage, then please let the WMPaeds Trainee Committee know.

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Email address: westmidlandspaediatrics@gmail.com

Twitter account: @WMPaeds

Facebook page: Paediatric postgraduate doctors in the West Midlands

NB: Please apply directly to join the Facebook Group and answer the security questions.

Inviting others to join prevents people from joining, as they do not have access to the security questions.

ST1 (Paediatrics) Regional date changing in December

You'll know that the ST1 Regional teaching is always held on 4th Wednesday of each month. In December it will fall on Wednesday 28 December.

As it's difficult to organise speakers over the Christmas period and staffing is reduced it has been decided to **MOVE** the session to **Wednesday 11 January 2023**.

This will mean there are 2 ST1 days in January ONLY as there will also be the scheduled session on Wednesday 25 January 2023

Can you please inform your rota co-ordinators/departments.

Many thanks

Request for shortlisters Paediatric National Recruitment 2023

We require **Paediatric Consultants** to help with the shortlisting process of these recruitment rounds. As a shortlisters you will be required to review applications and score using a scoring matrix (full guidance will be provided)

Shortlisting will take place during the following timeframes:

ST1 National Paediatric Training - Tuesday 20th December 2022 - Friday 13th January 2023

ST3 & ST4 National Paediatric Training - Tuesday 17th January 2023 - Wednesday 15th February 2023

During the shortlisting window you will be allocated a set number of applications to shortlist. You do not need to be available for the whole shortlisting window but you will need to ensure all applications allocated to you have been shortlisted by the window close date. This is important to ensure we can keep to the Recruitment timeline.

If you are a Paediatric Consultant and willing to assist in this please use the links below to sign up:

ST1 National Paediatric Training - <https://forms.office.com/r/aQpfdTFyPK>

ST3 & ST4 National Paediatric - <https://forms.office.com/r/9RShR0wd1Q>

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Please feel free to forward this email to any Paediatric Consultants you may think would be interested in helping.

Thank you all for your support in making Paediatric National Recruitment a success.

Any queries please do not hesitate to get in touch

PaedsNRO@hee.nhs.uk

Calibri

NETS Survey

The National Education and Training Survey (NETS) has gone **live**. It will remain open for 6 weeks, until 30 November.

We are grateful for your continued support in promoting NETS and encouraging responses. Postgraduate Doctors in Training will receive a personal invitation to complete the survey. It should be noted that the survey only needs to be completed once, although Doctors in Training may receive this link via multiple routes. They are also able to access the survey from [our website](#).

There is a range of promotional materials available on [our website](#) which you can use to support you in the promotion of NETS, including posters, flyers, and FAQ documents. If you have a scheduled school board in the next 6 weeks we would greatly appreciate you share that NETS is open.

We anticipate that the results from the survey will be available in January 2023 on the NETS reporting tool. We will contact you once they are available.

If you have any questions regarding the NETS, please do not hesitate to contact us via the Quality mailbox on quality.me@hee.nhs.uk

Many thanks for your support with the NETS.

MRCPCH Clinical Exams - Heads of School - Career Critical Lists - Deadline 21 November 2022

Dear all,

The GMC have approved our request to return to using patients in the February 2023 exam. Patients will be used in the four (4) Short Clinical stations. However, the Development station will remain scenario based.

The next exams will be held **11 – 26 February 2023** and the application window runs from **14 to 21 November 2022**. The exam will be delivered face-to-face with patients in the 4 Short Clinical stations only.

Quality Improvement (QI) Hub on PGVLE

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Are you interested in knowing more about QI but don't know where to start? Or perhaps you are in need of additional resources and ideas?

The West Midlands Paediatrics PGVLE website <https://pgvle.co.uk/login/index.php> has a recently developed Quality Improvement Hub (within the 'WM Paediatrics Hub' tab) that provides a roadmap and resources for learners at varying stages of their QI learning journey. This will facilitate postgraduate doctors in training in acquiring and demonstrating the required curriculum competencies to improve patient safety, clinical effectiveness, patient and staff experience, and influence change.

A Nugget About Supported Return To Training (SuppoRTT) from Anna Darbyshire – HEE SuppoRTT Clinical Fellow

-What is SuppoRTT? Supported Return to Training (SuppoRTT) is a centrally funded, locally run, Health Education England (HEE) programme which aims to support **ALL** postgraduate doctors to **SAFELY** and **CONFIDENTLY** return to training after a sustained period of absence.

-Who is SuppoRTT for? SuppoRTT is available for all postgraduate doctors who have had a period of usually >3 months absence from training regardless of the reason. This may include parental leave, carers leave, research, career break, illness.

-What is the process? Process is led by the postgraduate doctor and facilitated by ES. It includes pre-absence planning, pre-return planning and a return to training review. A bespoke package of support is devised depending on your personal needs.

-How do I find out more? Talk to your ES / TPD / Trust SuppoRTT Champion, or email SuppoRTT.wm@hee.nhs.uk

Kaizen Kafe – Calling all ST1s!

We would love to invite all of our ST1s colleagues to **Kaizen Kafe** on **Monday 7th November at 18:00** in the main lecture theatre (Education Centre) at Birmingham Children's Hospital. The session will cover top tips for using Kaizen effectively and preparing for your first ARCP. Pizza will be provided! We will circulate a Zoom link in due course for those who are unable to attend in person.

Please let us know if you can make it by completing the following sign-up questionnaire: <https://www.surveymonkey.co.uk/r/QPJNHG3>

We hope to see you there!
Izzie, Neethu and Qasim
ST1-3 Reps

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Taster Days in the Children's Hospitals

Please see flyer attached

We are very fortunate to have 2 Children's Hospitals in the region. If you are considering a career in a paediatric speciality – but don't know which one, please see this document which describes 'Taster days' at both organisations.

Contact details are on the document.

Trainee Clinics

Trainee Clinics are continuing within the School of Paediatrics giving all postgraduate doctors the opportunity to request a 20-minute virtual meeting with a Training Programme Director or Head of School. This is a forum intended for discussing careers (e.g. GRID/SPIN), exams, discussion about OOPs or LTFT and other situations. In previous years we have highlighted these clinics as useful for ST2 trainees who wish to discuss careers and would be keen to do this again.

In addition, we would like to meet with everyone who is going to be completing ST4 in summer 2023 to discuss where you move next – core or subspecialty training.

Please see the attached form for an easy to reference guide on how to prepare for Progress plus (thanks to the Scottish School of Paediatrics for devising this)

ST4 Pathways for 2023

These appointments are not an opportunity for detailed E-portfolio review as this should remain something that is undertaken with your educational or clinical supervisor.

If you would like to request an appointment, please complete this form

<https://forms.office.com/r/QvFKeP5fAW>

The Faculty Support Team will then be in touch to book you an appointment should that be appropriate from the information you provide.

The next clinic is scheduled for 24th November

West Midlands Paediatric Trainee Committee Update:

GRID Aspirants Evening

We had excellent turnout at the GRID Aspirants Evening on 18 October, with over 50 people in attendance and trainees of all training grades joining. A huge thank you to the senior trainees and consultants who supported sub-specialty breakout rooms, and to everyone involved for making it a success.

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- **FEEDBACK:** <https://forms.gle/JZoEYPPHWPcSk9d9>

Please take a moment to provide feedback on the event!

This event was a trainee-driven and your feedback is vital to ensure this work continues for future years and to guide how it may be improved to better address trainee needs, as well as to inform development of a series of additional career-themed events being planned by the Trainee Career Support Network.

- **CERTIFICATES of attendance:**

Certificates of attendance (which can be tagged to PDP/Portfolio) will be provided once feedback has been collated. Please provide your name and email via the feedback form above to facilitate this (as with regional teaching).

- **RECORDING of live presentation:**

The GRID Aspirants Presentation was recorded and has already been uploaded onto the West Midlands Paediatrics Trainee Website.

<https://www.westmidlandspaediatrics.com/grid-and-spin>

The video is accessible using the same password you use for Regional Teaching recordings - if you don't know the password please refer to the newsletter or contact trainee representatives:

westmidlandspaediatrics@gmail.com

Thank you again for helping make the event a success!

Reminder:

*GRID applications 26/10/22 - **16/11/22 (midday)**

*Confirmation of Eligibility Forms (Kaizen) - **7/11/22 deadline**

www.rcpch.ac.uk/resources/paediatric-sub-specialty-training-application-guidance#timeline

Good luck with your applications and career aspirations!

Progress+

As we all work towards Progress+ from September 2023 we would encourage you **all** to assess how this will affect you and your training. Please make use of discussions with your supervisors, TPDs, and sign up to Trainee Clinics.

Further information can be found on both the RCPCH website and the WM Paediatrics PGDiT website: www.westmidlandspaediatrics.com/copy-of-the-progress-curriculum

New Committee Members

Thank you to all those who applied to join the committee. After much deliberation we have elected new members into the vacant roles. Welcome and Congratulations to our new representatives:

ST4-8 Reps:

- Nikita Gulati

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- Michelle Fleeman
- Anna Smith (re-elected)

Teaching Rep:

- Rehana Dyson

LTFT Reps: (Job-shares)

- Harriet Swallow
- Katie Crombie
- Andy Pearce
- Josephine Quaynor
- Su Elliott supporting / Co-Chair Role

Thank you to Su Elliott and Shosh Layman for taking over the role of Co-Chair of the Trainee Committee. We are really excited to see what you all bring to your new roles and wish you the best of luck!

Academic Rep:

We are still looking for an academic representative to take over from Elizabeth Baranowski. If you are interested in this role please contact the committee via our email address or Liz directly.

"Retiring" Reps

Thank you to all reps who are stepping down this year. Your contribution has been much appreciated and valued. We wish you all the best on your next adventures!

- Isha Nijjar (ST4-8 Rep)
- Ceri Chadwick (ST4-8 Rep)
- Lucine Nahabedian (Teaching Rep)
- Ash Patel (LTFT Rep / Co-Chair)
- Hannah Cooper (LTFT Rep / Co-Chair)
- Elizabeth Baranowski (when a successor is found) (Academic Rep)

As always, we're here to represent you so please get in touch via our email or website if you have any comments, suggestions or questions.

Finally, it's been a pleasure chairing the Trainee Committee and Representing you all - the future is bright within WM Paediatrics!

Ash and Hannah

On Behalf of The Trainee Committee

Getting in touch:

Just a reminder that you can contact us via the 'contact us' function on the website at www.westmidlandspaediatrics.com or via email to: westmidlandspaediatrics@gmail.com The trainee representatives maintain a committee on-call rota so please be assured we will act on emails and communications promptly.

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IMG Support Network (IMGSN) Update:

IMG trainees

Our IMG representative, Anu, will be organising a virtual session on using Kaizen. This is particularly helpful to understand how to make the most of the portfolio system and how it can be used to prepare for appraisals or applications. If you are interested in attending this session, please email wmimgpaediatrics@gmail.com

Paediatric IMG Group

To all IMG trainees, we are looking for a few IMG trainees to join Anu (the IMG representative) and make plans for future projects. This is a good opportunity to develop organisational, leadership and communication skills.

If interested, please contact on wmimgpaediatrics@gmail.com

Please see below some other very useful resources:

Webinar IM Induction Launch - [YouTube video of today's program](#)
[eLearning package](#)

A guide to induction for IMGs recruited to the NHS, with generic and specialty specific content - [Print document](#)

West Midlands Adolescent Health Network

Are you interested in improving your skills when managing young people? Have you been told to improve your local transition pathways and don't know where to start? Does trying to remember what all the S's in a HEEADSSSS assessment stand for leave you feeling flustered?

We are a group of paediatric postgraduate doctors who are looking to increase the links between the health professionals in the region with an interest in adolescent health. We are initially looking for interest within paediatrics but over the next few months hope to grow the network to include other specialties and allied professions and aim to host monthly educational/networking events, via Zoom initially but hopefully graduating to regular face-to-face events.

If you're interested in taking part, whether your grade is ST1 or professor, please get in touch via wmadolescent@gmail.com.

We look forward to hearing from you!

Upcoming Meetings and Courses

Time out redefined conference 18th NOV FREE 4 hrs CPD

Please see the below poster for a excellent conference which may be of interest to you! Its free, babes in arms are welcome and there is a separate breastfeeding room. Posters on any aspect of leadership are being accepted - please see links below.

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Please pass on to anyone this may apply to.

Email: timeoutredefined@gmail.com

Facebook: <https://fb.me/e/1S7DF1uhM>

Eventbrite: <https://www.eventbrite.com/e/redefining-time-out-and-returning-to-training-tickets-402362796957>

Agenda includes:

Dr Rachel Morris from 'You are not a frog' podcast talking about **How to embrace your limits.**

The shapes toolkit for resilience

Wellness and Balance by **Mia Ali**

Taking a different route by **Dr James Meiring**

Mental health by **Dr Pranav Mahajan**

How to negotiate

Imposter syndrome

Returning to surgery

Running leave together

Plus the opportunity for peer to peer networking and support groups



Are you considering time out?
Currently taking time out?
Recently returned from time out?

Time Out Redefined

Join us as we take a fresh look at **time out** and **returning to training**

talks
workshops
posters
peer-to-peer support
info stands
networking

Friday 18th
November 2022
@ Magna
Sheffield, S60

This regional conference is being organised **by trainees for trainees** seeking to open up the conversation around Time Out of Training

All trainees are invited to submit an abstract for a poster

See our social media for more info!

Email: timeoutredefined@gmail.com
Facebook: <https://fb.me/e/1S7DF1uhM>
Eventbrite: <https://www.eventbrite.co.uk/e/402362796957>

Links

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www.youarenotafrog.co.uk
www.shapestoolkit.com
www.permissiontothrive.org

Twitter

@DrRachelMorris <https://twitter.com/DrRachelMorris>
@YouAreNotAFrog1 <https://twitter.com/YouAreNotAFrog1>

LinkedIn

<https://uk.linkedin.com/in/dr-rachel-morris>

If you are currently OOP this can count as one of your KIT days.
As this is a free event tickets are limited and its first come first served, sign up now!

4 hours CPD

Thank you,

The 'Time out Redefined' team

Simulation

Regional Paediatric Simulation Courses

For anyone interested in our simulation courses, we still have some spaces left on our courses which cover a variety of topics. Courses with spaces available are highlighted in bold but waiting lists are available in case of last-minute cancellation spots. Dates for 2022 will be confirmed in the next few months.

All the courses and registers can be found on the Eventbrite website: <https://rwtpaedsimed.eventbrite.co.uk>. Please remember that if you have registered your interest, this does not mean that your space has been confirmed on the course.

If you have any queries about our courses, please contact us:

Email: rwh-tr.paedsimed@nhs.net

Twitter: @RWT_paedsimed

Acute Behavioural Crisis in CAMHS (ABC in CAMHS) Simulation Day

Do you get stressed out by managing mental health presentations during a busy on call?
Want more training in de-escalating agitated patients?

This is a one-day course for a small group of paediatric, ED doctors and nurses (and is free for West Midlands trainees). We use workshops, discussion and simulated scenarios which are all led by local paediatric and CAMHS consultants.

Upcoming Dates:

Friday 3rd March 2023

Monday 8th May 2023

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Paediatric Palliative Care Simulation Day

Do you want more training in palliative care and managing the end of life in children?
Would you like the opportunity to practice your communication and management of palliative care situations?
Are you confident in advanced care planning?
Do you feel comfortable with the legal aspects surrounding death?

Overview

This simulation-based course will provide an overview of the management of a palliative care patient from diagnosis to the end of life and beyond.

- One day course aimed at senior paediatric trainees (ST4-8)
- There will be a mixture of simulation scenarios, workshops, and discussions around palliative care
- The Course will be supported by senior paediatricians and paediatric palliative care consultants
- Scenarios will involve professional simulated patients
- Can be linked to multiple RCPCH curriculum domains

Upcoming Dates:

Monday 28th November 2022

Monday 27th February 2023

Monday 30th June 2023

Paediatric International Medical Graduate (IMG) Simulation Course

A simulation course aimed at paediatric doctors who have received their primary medical qualification outside the United Kingdom. It is focused on preparing and empowering candidates with tools and skills to assist with their transition to working as a paediatrician in the NHS.

Upcoming dates:

Monday 13th February 2023 – please **register your interest** on Eventbrite

Please email rwh-tr.paedsimed@nhs.net to register interest for future dates (after March 2023) which are TBC

Return to Work Simulation Day

A course designed for paediatric trainees in the West Midlands who have been out of clinical practice for any reason (including parental leave, illness, OOPE, OOPC or OPP-Pause) and provides the opportunity to practice clinical scenarios that you may encounter on your first day back at work.

Upcoming Dates:

Monday 5th December 2022

Friday 26th May 2023

Stepping Up to Enhance Performance at ST4+ Simulation Course (STEPS)

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A course that focuses on preparing for the step up to becoming a paediatric registrar or reinforcing skills for those who have newly stepped up to the registrar role. It is aimed specifically at ST2/3's who will be stepping up shortly as well as current ST4s who have recently transitioned to the role of a registrar.

Upcoming Dates:

Friday 2nd December 2022

Monday 20th March 2023

Monday 3rd July 2023

SUDI/C Simulation Course

A course designed for senior paediatric trainees, new consultants, children's nursing colleagues and other professionals in the West Midlands who are involved in the SUDI/C process. The day is aimed at providing practical experience and training about the management of SUDI/C through high fidelity simulation and experimental learning.

Upcoming dates:

Tuesday 3rd January 2023 - please **register your interest** on Eventbrite

Please email rwh-tr.paedsimed@nhs.net to registrar interest for future dates (after March 2023) which are TBC

CONTACT DETAILS

For questions about courses and bookings - please use rwh-tr.paedsimed@nhs.net

If you want to keep up to date with our latest learning points and course information, please add us on twitter '@RWT_paedsimed'

Eventbrite Website - <http://rwtpaedsimed.eventbrite.com>.

Neonatal Simulation

To register your interest for any of the below courses contact Hannah (hannah.coakley@nhs.net) with your full name, grade, current placement and why this course will be of value to you. If you have already registered your interest with Jess Groucutt then this information has all been handed over and we will contact you directly once course dates are confirmed.

Course dates will also be updated on: <https://www.westmidlandspaediatrics.com/simulation>

SHINE (Simulation to Help in Neonatal Emergencies)

Are you just about to rotate on to your first registrar post in neonates? Does it feel like you have not done neonates for ages and need a refresher? Are you close to CCT and might be working as a consultant in a hospital with a neonatal unit? Do you feel like you just need more neonatal experience? If yes, this is the course for you! This course is very popular and receives consistent excellent feedback.

Neo-Com-S (Neonatal Communication training through Simulation)

Do you want to improve your communication skills around difficult conversations such as breaking bad news, discussing medical errors, dealing with conflict and discussing end of life care? Do you

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want to explore parents' perspective and learn more about trauma informed communication? If yes, this is your opportunity to develop these transferable skills in a safe, supportive and confidential environment.

Advanced SHINE

Are you a neonatal registrar looking to improve your management of neonatal emergencies? Want to build on your clinical knowledge but also leadership, situation awareness, decision making and communication skills? If the answer is yes then come and join us for the first Advanced SHINE course.

Neonatal Palliative Care Course

Difficult conversations and circumstances are regularly encountered in neonatal medicine; and we must be able to give honest information sensitively; listen with care and respect in order to take the next steps forward as partners in care. If you are looking to improve your communication in scenarios such as consenting for post mortem, ceiling of care conversations and bereavement follow up; or learn about symptom control, practicalities of death, memory making and debrief then this course is for you.

PRAM Update by Rashmi Mehta

PRAM (Paediatric Research Across Midlands) is a paediatric trainee-led audit and research collaborative based in the West Midlands. We have a wide range of ongoing projects, including work with other paediatric networks. We have multiple successful publications and presentations from previous projects.

For earliest access to opportunities and news, join our mailing list by emailing pramnetwork1@gmail.com. You can also visit our website at <http://www.pramnetwork.com> or follow us on Twitter [@PramNetwork](https://twitter.com/PramNetwork).

Publication:

PRAM collaboration was delighted to have an article published -Fifteen minute consultation: Approach to a school age child with suspected learning disability. Congratulations to all the collaborators and the co-authors. Click [here](#) to read full article.

New opportunities to join PRAM committee:

As the committee changes, we will be looking for new members – keep an eye out for future opportunities to join our fabulous team!

Research Opportunities:

Applications are now open for Starter Fellowships for clinicians interested in transitional research. These one-year fellowships are funded through the support of the Metchley Park Medical Society and BHP members the University of Birmingham and Birmingham Women's and Children's NHS Foundation Trust. For further details, click [here](#).

Dates for your diary: Upcoming Conferences and Events in 2022-2023

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1. Adolescent Conference: Birmingham 9th-10th November 2022 [registration link](#)
2. BPNA (British Paediatric Neurology Association) Annual Conference: Edinburgh 25th - 27th Jan 2023 [web link](#)
3. ESPID (European Society for Paediatric Infectious Diseases) Congress: Lisbon and online 8th -12th May, Abstract submission open until 17th January 2023 [registration link](#)
4. RCPCH Conference: Glasgow 23rd-25th May 2023, Abstract submission open until 6th February 2023 [abstract submission guidance and portal link](#)
5. jENS (Joint European Neonatal Societies) Congress: Rome 19th – 23rd September 2023 [registration link](#)

Other Useful Information:

Reminder – Sickness Reporting

Can all postgraduate doctors include programmes.wm@hee.nhs.uk when reporting any sickness to your ES/CS.?

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West Midlands School of Paediatrics Newsletter

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