

## Trainee News ~ July 2021

### Summer Wellbeing and Education Webinar

With continued momentum of the [Midlands Charter](#) endeavour to share best practice to improve post-graduate medical education and wellbeing, we bring you a [Summer Education and Wellbeing event](#), taking place on Wednesday 21<sup>st</sup> July 2021, 7pm to 8.30pm, via Microsoft Teams.

This event builds on the success of our previous two webinars, which will be a celebration of the successes, experiences, and initiatives across the Midlands, relating to training, education, and the training environment.

For more info and to register, go to Eventbrite:

<https://bit.ly/3cWQwSx>

Would your organisation like to submit a short abstract to present at this event and/or nominate individual(s) for going above and beyond with regards to the ethos of the Midlands' Charter?

Then contact [Devika.Patel@hee.nhs.uk](mailto:Devika.Patel@hee.nhs.uk) for more info and to request an application form. Hurry!

### Local Trainee Engagement Forum (LTEF) in the West Midlands

LTEF is a forum created to amplify the voice of the trainee and encourage cross collaboration between different schools within the West Midlands. Each School is represented by two representative who will use the forum to share good practice and raise any concerns. Every quarter there is chance to take these points to a National Trainee Engagement Forum. This new forum will hopefully ensure better two way communication between HEE and trainees, on a regional and national level. Watch this space for more updates!

If you'd like to find out more please email [devika.patel@hee.nhs.uk](mailto:devika.patel@hee.nhs.uk)

### Trainee COVID Recovery Conversations

It has been a hugely challenging year, with the COVID-19 pandemic causing significant training disruption, anxiety and distress. All doctors in training will be offered a one-to-one 'training recovery conversation', normally with your educational supervisor as an opportunity to reflect on the past year, think about learning and wellbeing needs and plan for training recovery. This is the initial step to getting post graduate medical education back on track. You can prepare for your conversation by reflecting on the last year of training, any 'missed' learning opportunities and thinking about your training needs ahead of your next ARCP.

Keep up to date via our the [Covid-19 page on our website](#)  
[HEE website Covid-19 page](#)



UNIVERSITY OF  
BIRMINGHAM

Workshop on the Economic Response to COVID-19. Click [HERE](#) for more information

### Lead Employer

We can now confirm that the lead employer for General Practice, Public Health, Sports & Exercise Medicine, Palliative Medicine and Community Sexual & Reproductive Health is St Helens and Knowsley Teaching Hospitals NHS Trust.

Meetings are currently being arranged with relevant Heads of School and the provider to discuss implementation and mobilization.

All other specialities will continue under existing arrangements. If you have any queries, please address them to your trainee representative.