

# **Health Education England West Midlands School of Paediatrics Newsletter**

## **July 22 Edition**

**Editor: Dr Alex Philpott – Head of School**

Please note that the deadline for submission of content for the monthly newsletter is the 20<sup>th</sup> of each month.

Please only send content requests to [faculty.supportteam.wm@hee.nhs.uk](mailto:faculty.supportteam.wm@hee.nhs.uk)

# West Midlands School of Paediatrics Newsletter

## Contents

Name	Page
<a href="#">Message from the Head of School</a>	2-3
<a href="#">TPD Contacts</a>	3
<a href="#">Media Information</a>	3
<a href="#">ARCP's</a>	3
<a href="#">Trainee Clinics</a>	4
<a href="#">Surveys</a>	4-5
<a href="#">WM Paediatric Trainee Committee Update</a>	5-6
<a href="#">IMG Support Network Update</a>	6
<a href="#">WM Adolescent Health Network</a>	6
<a href="#">Upcoming Meetings and Courses</a>	7
<a href="#">Simulation</a>	7-8
<a href="#">Neonatal Simulation</a>	9-10
<a href="#">PRAM Update</a>	10
<a href="#">Promoting Paediatrics</a>	10-11
<a href="#">Other Useful Information</a>	11
<a href="#">WM Paediatric Contacts</a>	11-12

## Message from Head of School

Welcome to the July edition of the newsletter.

As I write this foreword, I am keeping a close eye on my email as the requests come in to review ARCP panel recommendations for 'Outcome 6'. It is a great privilege as Head of School to recommend to the RCPCH that we believe a doctor should progress to CCT and I feel very lucky to be able to do this. Good luck to all those Doctors – who are no longer in training – with their new challenges. I'm really excited to see that a large number will be swelling the consultant numbers in the West Midlands, and hopefully joining us on ARCP panels very soon.

At the recent RCPCH Head of Schools meeting we talked, again, about readiness for Progress plus. The weblink <https://www.rcpch.ac.uk/resources/progressplus-and-me>

is a really good resource to look at if you haven't already seen it.

Our Leadership and Management course is moving from being a twice a year, to a once a year course. This is because we have managed to clear the backlog of people wanting to undertake the learning. If this is something that is relevant for your year of training, please apply for September 22 as the next one will be September 23. The course entails a significant amount of study time, but has evaluated highly.

# West Midlands School of Paediatrics Newsletter

Finally, in the next week we will be receiving the results of the GMC National Training Survey. Thank you to everyone who participated in this. These results will be shared with Trusts and will allow us to plan our training.

Have a good July, and speak to you all in August.

TPD - ST1-3	Clare Onyon	Clareonyon@nhs.net
TPD - ST4+ -8	Matt Cawsey	matt.cawsey@nhs.net
TPD- Quality Assurance	Sagarika Ray	Sagarika.ray@nhs.net
TPD- Teaching programmes	Penny Broggio	penny.broggio@hee.nhs.net
TPD - Neonatal Teaching Programmes	Rob Negrine	rjsneg@doctors.org.uk
TPD - Assessments	Sarah Ellis	Sarah.Ellis@uhcw.nhs.uk
TPD - General Simulation	Annabel Copeman	acopeman@nhs.net
TPD - Neonatal Simulation	Matt Nash	Mnash1@nhs.net
TPD – Digital Strategy	Narasimha Rao	narasimha.rao@nhs.net

## Media Information

Postgraduate doctors website: [www.westmidlandspaediatrics.com](http://www.westmidlandspaediatrics.com)

*If you would like to add something to the website or feel that you have a topic or group that would benefit from a webpage, then please let the WMPaeds Trainee Committee know.*

Email address: [westmidlandspaediatrics@gmail.com](mailto:westmidlandspaediatrics@gmail.com)

Twitter account: @WMPaeds

Facebook page: Paediatric postgraduate doctors in the West Midlands

NB: Please apply directly to join the Facebook Group and answer the security questions.

Inviting others to join prevents people from joining, as they do not have access to the security questions.

---

## ARCPs

Dates for your diaries....

### 2022

July ARCP - portfolio closes 20<sup>th</sup> June

July 4<sup>th</sup>

July 6<sup>th</sup>

July 12<sup>th</sup>

July 15<sup>th</sup>

July 19<sup>th</sup>

July 21<sup>st</sup>

---

# West Midlands School of Paediatrics Newsletter

## Trainee Clinics

### **Calling all ST2-3 postgraduate doctors in training to book an appointment for career advice & Progress+ progression**

Trainee Clinics are continuing within the School of Paediatrics giving all postgraduate doctors the opportunity to request a 20-minute virtual meeting with a Training Programme Director or Head of School. This is a forum intended for discussing careers (e.g. GRID/SPIN), exams, discussion about OOPs or LTFT and other situations. In previous years we have highlighted these clinics as useful for ST2 trainees who wish to discuss careers and would be keen to do this again.

**In addition, we would like to meet with everyone who is going to be completing ST4 in summer 2023 to discuss where you move next – core or subspeciality training.**

These appointments are not an opportunity for detailed E-portfolio review as this should remain something that is undertaken with your educational or clinical supervisor.

If you would like to request an appointment, please complete this form  
<https://forms.office.com/r/QvFKeP5fAW>

The Faculty Support Team will then be in touch to book you an appointment should that be appropriate from the information you provide.

The next date for appointments is 28<sup>th</sup> July

---

## Surveys

### **Pubertal Staging Examination Survey**

I am Dr Rebecca Moon, GRID trainee in paediatric endocrinology & diabetes in Southampton. I am undertaking a survey on pubertal staging examinations to establish training received and standard practice. The survey is open to all paediatricians (consultants and trainees), and we would love for you to complete it even if you do not regularly/have never undertaken pubertal staging as it will help to understand training needs. Participation is fully anonymous and will take around 5-10 minutes. If you are happy to complete the survey, it can be found here: <https://forms.office.com/r/kpFeywUSKw>

A big thank you in advance for your participation.

### **Digital Fellow Survey**

The West Midlands Digital Fellows Team want to hear from Paediatric postgraduate doctors of all levels about how they use digital resources, and how they would like to see Paediatric Training in the West Midlands continue to adapt to new ways of learning and training.

We would be grateful for your answers to the following questions, to help guide the region's paediatric digital strategy.

# West Midlands School of Paediatrics Newsletter

<https://forms.gle/r4ik7yhQqT3BsHXq5>

If you have any further thoughts, questions or comments, please also feel free to contact us at [paedspgvle@gmail.com](mailto:paedspgvle@gmail.com)

## RCPCH Less Than Full Time Survey

We are looking at ways to improve less than full-time (LTFT) paediatric training in the UK.

**Please could you circulate the following survey link to all paediatric LTFT trainees in your region?** This should include those currently out of programme and on parental leave.

<https://forms.gle/pqiMXEwi9iqse2op8>

---

## West Midlands Paediatric Trainee Committee Update:

ARCPs will be taking place soon after this newsletter is published - we hope that you find this process useful and obtain the outcome that you were hoping for!

## Welfare and Holistic Trainee Development Team - ST2-3 Holistic Trainee Development (HTD) Recruitment

Since April 2021, we have been delivering a series of Holistic Trainee Development sessions embedded within ST2/3 regional teaching days. The aim of the HTD series is to boost support throughout ST2/3, to better prepare trainees for stepping up to work as a registrar. These will complement existing teaching sessions; the STEPS simulation day and ST3-4 Transition day.

We need you!

We are looking for keen new members to join our team, to assist with the planning, coordination and delivery of HTD sessions!

If you are a trainee in ST2 or above, have an interest in teaching and are keen to further support ST2/3 trainees during regional teaching days, then we would like to hear from you!

Please email us on [wmpaediatricteachingst2and3@gmail.com](mailto:wmpaediatricteachingst2and3@gmail.com)

The HTD team (Elke, Sahiti, Sean, Shona, Shosh and Vidhya)

## LEAP into Leadership! ST3-4 Transition Day 2022

**Please see flyer attached**

This year's ST3-4 Transition Day will be held on Thursday 1 st September 2022. This day is designed to complement the HTD sessions and STEPS simulation day and is aimed at all trainees currently in ST2 or ST3 who will be progressing to work on tier 2 rotas over the following 12 months (ST4 or ST3 step-up jobs).

# West Midlands School of Paediatrics Newsletter

The purpose of the day is to address some of the common factors which cause anxiety during this transition; we cover several important topics including Leadership skills, educational tips, Acute assessment tips and Personal/ team wellbeing (LEAP!)! We also ensure plenty of time for you to have any outstanding questions answered by current Paediatric Registrars.

Study leave applications are fully supported by HEE WM School of Paediatrics. Please email [wmpaediatricteachingst2and3@gmail.com](mailto:wmpaediatricteachingst2and3@gmail.com) to register (please ensure the title of your email is ST3-4 Transition Day).

## Getting in touch:

Just a reminder that you can contact us via the 'contact us' function on the website at [www.westmidlandspaediatrics.com](http://www.westmidlandspaediatrics.com) or via email to: [westmidlandspaediatrics@gmail.com](mailto:westmidlandspaediatrics@gmail.com) The trainee representatives maintain a committee on-call rota so please be assured we will act on emails and communications promptly.

---

## IMG Support Network (IMGSN) Update:

### Paediatric IMG Group

To all IMG trainees, we are looking for a few IMG trainees to join Anu (the IMG representative) and make plans for future projects. This is a good opportunity to develop organisational, leadership and communication skills.

If interested, please contact on [wmimgpaediatrics@gmail.com](mailto:wmimgpaediatrics@gmail.com)

Please see below some other very useful resources:

Webinar IM Induction Launch - [YouTube video of today's program](#)  
[eLearning package](#)

A guide to induction for IMGs recruited to the NHS, with generic and specialty specific content - [Print document](#)

---

## West Midlands Adolescent Health Network

Are you interested in improving your skills when managing young people? Have you been told to improve your local transition pathways and don't know where to start? Does trying to remember what all the S's in a HEEADSSSS assessment stand for leave you feeling flustered?

We are a group of paediatric postgraduate doctors who are looking to increase the links between the health professionals in the region with an interest in adolescent health. We are initially looking for interest within paediatrics but over the next few months hope to grow the network to include other specialties and allied professions and aim to host monthly educational/ networking events, via Zoom initially but hopefully graduating to regular face-to-face events.

If you're interested in taking part, whether your grade is ST1 or professor, please get in touch via [wmadolescent@gmail.com](mailto:wmadolescent@gmail.com).

# West Midlands School of Paediatrics Newsletter

We look forward to hearing from you!

---

## Upcoming Meetings and Courses

### **Starting AUTUMN 2022! - NEW Clinical Leadership and Management Programme featuring Quality Improvement from the Quality Improvement Clinic.**

This is an innovative programme designed for ST5-ST8 paediatric trainees working in the West Midlands, starting 19 September 22.

#### **Please see flyer attached**

Recruitment is now open for the 4<sup>th</sup> cohort on our trailblazing Leadership and Management with Quality Improvement Programme. With over 70 participants to date, the Autumn 2022 programme is the last in the current series. If you are looking to secure these competencies before September 2023, now is the time to join in. The 18 week programme combines interactive on-line learning with Leadership and QI practice in the workplace as well as two full day workshops and a celebration event. It fulfils a host of level 2 competencies and provides you with great examples to share as you progress your careers.

[Clinical Leadership & Management with Quality Improvement Project, West Midlands - QIClearn](#)

The booking code you will need to use is **WMQIP\_A22**

### **Study day re: QI with some focus on Children with complex medical needs**

Presenting an opportunity to attend a conference with an interesting focus on improving communication and care for children with medical complexity. Clearly mapped to your paed competencies for added bonus points!

In York on Fri 9<sup>th</sup> September. See you there!

<https://www.colabpartnership.org.uk/pages/CoLab-2022>

---

## Simulation

### **Regional Paediatric Simulation Courses**

For anyone interested in our simulation courses, we still have some spaces left on our courses which cover a variety of topics. Courses with spaces available are highlighted in bold but waiting lists are available in case of last-minute cancellation spots. Dates for 2022 will be confirmed in the next few months.

All the courses and registers can be found on the Eventbrite website: <https://rwtpaedsimed.eventbrite.co.uk>. Please remember that if you have registered your interest, this does not mean that your space has been confirmed on the course.

# West Midlands School of Paediatrics Newsletter

If you have any queries about our courses, please contact us:

Email: [rwh-tr.paedsimed@nhs.net](mailto:rwh-tr.paedsimed@nhs.net)

Twitter: @RWT\_paedsimed

## Paediatric Return to work Sim (PRTW)

This is a one-day simulation course designed for paediatric trainees who have been out-of-programme for any reason or recently returned to training from a long period of absence and would like to re-orientate themselves into clinical practice. We know that coming back into clinical practice can pose new challenges therefore we aim to provide an immersive and supportive learning environment to enable candidates to refresh their existing knowledge by practicing scenarios and sharing useful tips and important changes in practice.

Dates

**8<sup>th</sup> of July 2021 - 3 Spaces available**

## STEPS course

This course focuses on preparing for the step up to becoming a registrar or reinforcing skills for those who have newly stepped up to a registrar role.

**Dates available**

**1<sup>st</sup> July – 1 space Available**

**4<sup>th</sup> July - Please register on the waiting list**

**15<sup>th</sup> August – 1 space Available**

## Palliative Care course

This is a one-day course focusing on the journey that patients take when they are known to have life limiting conditions. We explore symptom management, discussions with parents, filling in paperwork and bereavement care. Given the restrictions of COVID, we will have space for 8 senior paediatric trainees to attend this course face to face.

Dates

**No Dates Available**

**Please register your interest if you would like to attend.**

## Acute Behavioural Crisis in CAMHS (ABC in CAMHS)

Do you get stressed out by managing mental health presentations during a busy on call? Want more training in de-escalating agitated patients? This is a one day course for a small group of paediatric, ED doctors and nurses (and is free for West Midlands trainees). We use workshops, discussion and simulated scenarios which are all led by local paediatric and CAMHS consultants.

Dates

**No Dates Available**

## ST1 Skills and Drills Day



# West Midlands School of Paediatrics Newsletter

This course is for trainees who are starting their paediatric rotation in march 2021. This study day will equip you with an introduction to the clinical skills required for day to day practice in paediatrics.

## Dates available

Sept 2022 –Date TBC

## SUDIC course

This course focuses on exploring the management of sudden unexpected death in infants and children and will equip you with the skills required to manage all the core aspects of the SUDIC process.

## Dates available

June 28<sup>th</sup> – Full ( Waiting List available)

Jul 26<sup>th</sup> – Full ( Waiting List available)

Please register on the waiting list if you can attend at short notice

---

## Neonatal Simulation

### Neonatal Skills day

The course is designed to offer trainees practical training on common neonatal procedures including intubation, vascular access and chest drain insertion. It is included in the ST1 training programme however if you previously missed a course or would like more teaching on neonatal procedures, you may be able to join the next face-to-face course.

**Next date:** 14<sup>th</sup> September 2022

## SHINE (Simulation to Help in Neonatal Emergencies)

Are you just about to rotate on to your first registrar post in neonates? Does it feel like you have not done neonates for ages and need a refresher? Are you close to CCT and might be working as a consultant in a hospital with a neonatal unit? Do you feel like you just need more neonatal experience? If yes, this is the course for you! This course is very popular and receives consistent excellent feedback.

## Neo-CCCom-S (Neonatal Critical Care Communication training through Simulation)

Do you want to improve your communication skills around difficult conversations such as breaking bad news, discussing medical errors, dealing with conflict and discussing end of life care? Do you want to explore parents' perspective and learn more about trauma informed communication? If yes, this is your opportunity to develop these transferable skills in a safe, supportive and confidential environment.

## New Neonatal Simulation Courses

# West Midlands School of Paediatrics Newsletter

## Advanced SHINE

Are you a neonatal registrar looking to improve your management of neonatal emergencies? Want to build on your clinical knowledge but also leadership, situation awareness, decision making and communication skills? If the answer is yes, then come and join us for the first Advanced SHINE course.

## Neonatal Palliative Care Course

Difficult conversations and circumstances are regularly encountered in neonatal medicine; and we must be able to give honest information sensitively; listen with care and respect in order to take the next steps forward as partners in care. If you are looking to improve your communication in scenarios such as consenting for post-mortem, ceiling of care conversations and bereavement follow up; or learn about symptom control, practicalities of death, memory making and debrief then this course is for you.

To register your interest for any of the above courses contact Jess Groucutt [J.Groucutt@nhs.net](mailto:J.Groucutt@nhs.net) with your full name, grade, current placement and why this course will be of value to you.

---

## PRAM Update by Rashmi Mehta

PRAM (Paediatric Research Across Midlands) is a paediatric trainee-led audit and research collaborative based in the West Midlands. We have a wide range of ongoing projects, including work with other paediatric networks. We have multiple successful publications and presentations from previous projects.

For earliest access to opportunities and news, join our mailing list by emailing [pramnetwork1@gmail.com](mailto:pramnetwork1@gmail.com). You can also visit our website at <http://www.pramnetwork.com> or follow us on Twitter [@PramNetwork](https://twitter.com/PramNetwork).

## Dates for your diary: Upcoming Conferences and Events in 2022- 2023

1. RCPCH Annual Conference: Liverpool 28<sup>th</sup>-30<sup>th</sup> June 2022 [registration link](#)
2. BAPM (British Association of Perinatal Medicine) Annual Conference: Manchester 15<sup>th</sup>-16<sup>th</sup> Sept 2022 [registration link](#)
3. EAPS (European Academy of Paediatric Societies) Barcelona 7<sup>th</sup>-11<sup>th</sup> October 2022 [registration link](#)
4. BPNA (British Paediatric Neurology Association) Annual Conference: Edinburgh 25<sup>th</sup> - 27<sup>th</sup> Jan 2023 [web link](#)

---

## Promoting Paediatrics

### Do you feel passionate about Paediatrics as a career? Do you want to help recruit people into your chosen career?

Promoting Paediatrics is a team of keen individuals who are currently doing great work in the region to widen interest in the career of Paediatrics to both school and medical students. We

# West Midlands School of Paediatrics Newsletter

are looking for more enthusiastic Paediatrician to help us to continue this work! We run many different types of events including going to careers fairs at schools along with a very successful recent event for school students at BCH which looked at medicine as a career; how to get into medical school and the life of Junior Doctor.

If you are interested in joining the group, please contact:

[promotingmedicine@gmail.com](mailto:promotingmedicine@gmail.com)

Follow us on Instagram: [promotingpaediatrics](https://www.instagram.com/promotingpaediatrics)

Dr Vicki Currie 07783705901

---

## Other Useful Information:

### Reminder – Sickness Reporting

Can all postgraduate doctors include [programmes.wm@hee.nhs.uk](mailto:programmes.wm@hee.nhs.uk) when reporting any sickness to your ES/CS.?

HEEWM School of Paediatrics Contact List		
Name	Role	Email
Dr Alex Philpott	Head of School	Alex.philpott@hee.nhs.uk
Dr Helen Goodyear	Associate Postgraduate Dean (LTFT)	Helen.goodyear@hee.nhs.uk
Dr Matt Cawsey	TPD - ST4-8	matt.cawsey@nhs.net
Dr Clare Onyon	TPD - ST1-3	clareonyon@nhs.net
Dr Annabel Copeman	TPD – General Simulation	acopeman@nhs.net
Dr Matt Nash	TPD – Neonatal Simulation	mnash1@nhs.net
Dr Sarah Ellis	TPD – Assessments	Sarah.ellis@uhcw.nhs.uk
Dr Sagarika Ray	TPD – Quality Assurance	Sagarika.ray@nhs.net
Dr Penny Broggio	TPD Teaching	Penny.broggio@hee.nhs.uk
Dr Rob Negrine	TPD – Neonatal Teaching Programmes	rjsneg@doctors.org.uk
Dr Narasimha Rao	TPD – Digital Strategy	narasimha.rao@nhs.net
Dr Tarak Desai	Deputy Regional Lead	tarak.desai@nhs.net
Prof Rajat Gupta	Joint Regional Lead	rajatgupta@nhs.net
Dr Mohammad Sawal	Joint Regional Lead	Mohammad.sawal@nhs.net
Prof Andrew Peet	Joint Academic Regional Advisor	A.Peet@bham.ac.uk
Prof Timothy Barrett	Joint Academic Regional Advisor	t.g.barrett@bham.ac.uk
Dr Esai Archary	Postgraduate Clinical Tutor BCH	Esai.archary@nhs.net
Dr Aju Chacko	SAS Rep	Aju.Chacko@swft.nhs.uk
Dr Bridget Wilson	LTFT Advisor	Bridget.wilson2@nhs.net

## West Midlands School of Paediatrics Newsletter

Vacant post	MTI Lead	
Dr Anna Smith Dr Ceri Chadwick Dr Isha Nijjar	ST4-8 Rep (job share)	westmidlandspaediatrics@gmail.com
Dr Anustupa Banerjee	IMG Trainees' Representative	westmidlandspaediatrics@gmail.com
Dr Jessica Groucutt	RCPCH WM Trainee Rep	westmidlandspaediatrics@gmail.com
Dr Neethu Sebastian Dr Isabel Cowling Dr Qasim Malik	ST1-3 Trainee Rep (job share)	westmidlandspaediatrics@gmail.com
Dr Shoshana Layman	Trainee Welfare Rep	westmidlandspaediatrics@gmail.com
Dr Lucine Nahabedian	Trainee Teaching Rep	westmidlandspaediatrics@gmail.com
Dr Anna Darbyshire	Committee secretary	westmidlandspaediatrics@gmail.com
Dr Hannah Cooper Dr Susanne Elliott Dr Ashish Patel	LTFT Trainee Rep (job share)	westmidlandspaediatrics@gmail.com
Dr Elizabeth Baranowski	Academic Trainee Lead	westmidlandspaediatrics@gmail.com
Dr Amy Walker	West Midlands Stepping up Champion	rcpchsteppingupwestmids@gmail.com
Ruth Witcombe	Regional Teaching	ruth.witcombe@nhs.net
<b>HEEWM Contacts</b>		
Faculty Support Team		Facultysupportteam.wm@hee.nhs.uk
Programmes Team		Programmes.wm@hee.nhs.uk
Assessments Team		Assessments.wm@hee.nhs.uk
Quality Team		qamedical.wm@hee.nhs.uk
QA – Reporting concerns		escalatingconcerns.wm@hee.nhs.uk
Revalidation		traineerevalidation.wm@hee.nhs.uk
ARCP Appeals		ARCPappeals.wm@hee.nhs.uk
Professional Support Unit		Psu.wm@hee.nhs.uk
Supported Return to Training		supportt.wm@hee.nhs.uk
National Recruitment		PaedsNRO@hee.nhs.uk