

F1 Foundation Newsletter

October 2022

Careers/ Opportunities

GP Speed Dating Evening

Please see attached presentation

Wednesday 19th October 18:15-20:30

Walsall Football Club (Bescott Stadium)

The event has limited spaces and is offered as first come, first serve with all foundation doctors in the West Midlands invited as a priority. The attached file, and below brief, contains more information on the format of the evening.

If you wish to attend, please register via this survey where you will need to select your preferred GPs to chat with: <https://forms.office.com/r/eGbpXwDE50>

GP Speed Dating Evening

A chance for those interested in a career in general practice to meet the GPs of today. Specifically, we have purposefully selected GPs with a variety of different interests and roles to reflect how varied a career in general practice can be. Think GPwSIs (GP with special interests e.g. dermatology, urology, family planning), management and leadership roles, academic and teaching, out of hours work, partners, salaried, locums, medical volunteering, business consultancy etc.

We have 9 GPs (including a current GP trainee) who have kindly given their time to share with you the opportunities and roles that exist in general practice. This is a great networking opportunity, allowing you to ask questions about their careers, and how they got there! Furthermore, our GPs are willing to exchange details so that you may contact them after this event, should you wish to learn more about their roles.

Foundation doctors will rotate around four GP speakers in small breakout rooms and spend 13 minutes with the GPs that most interest them. Afterwards, there will be an opportunity for all the GPs and attendees to get together and network over some food.

This event is primarily designed for Foundation doctors (FY1/FY2), but those from other disciplines whom are thinking about a career change into general practice are also very welcome.

Attendance certificates will be available after the event.

Professionals Together Scheme 2022/2023

Please see attached flyer

There will be 6 evening sessions held across the year held at the Karis Medical Centre in Birmingham (virtual attendance also possible)

For details on how to book please see flyer and below video presented by Dr Mike Blaber which explains the scheme.

<https://vimeo.com/570055620/069cce8c79>

F1 WM Career Workshops – Dates will be run from January – June 2023

Bookings open at 9am on 5 September 2022 for a **free** workshop for Foundation Doctors across the Midlands to help you consider your career options and start planning your applications strategy. Spaces are available for F1 doctors across the Midlands and are offered on a first-come, first-served basis.

Links will be available on the website below:

<https://www.westmidlandsdeanery.nhs.uk/support/trainees/careers-support/foundation-trainee/foundation-careers-training>

Postgraduate Virtual Learning Environment - Foundation Training Resource Hub

As a new F1 you will be given access to this platform. This has been setup with a purpose to improve learning for Foundation Doctors across the region. The platform has a large amount of resources which will be helpful in your training.

- Live events
- Mental Health Learning Resources
- Procedures
- Radiology Learning Resources
- Wellbeing

Please make sure you access this as soon as you can to make use of the training modules and helpful learning resources. We will be requesting feedback on the platform in future to see how we can improve the platform.

Your Way, Your Progress and Your Career Series 2022-2023

Please see attached flyer

For those in Central School Only

For the third year running, the **Career Tutor Group for the Central Foundation School** is hosting our weekly online specialty talks called '**Your Way, Your Progress and Your Career Series**'. We will have speakers from different specialties to talk to you through the application process as well as life in training. We will be

distributing certificates of attendance for your ePortfolios. There will also be opportunities to ask questions and connect with other trainees who can offer on-going support.

Microsoft link for all the talks:

https://teams.microsoft.com/l/meetup-join/19%3ameeting_YzViNjY2OTItY2UwMC00YzMzLWEzODktZTlkZDMzNjkyNzY5%40thread.v2/0?context=%7b%22Tid%22%3a%2237c354b2-85b0-47f5-b222-07b48d774ee3%22%2c%22Oid%22%3a%22acaba438-8388-4076-8c89-b26e48501986%22%7d

Meeting ID: 346 392 675 643

Passcode: HjjKMg

We will also be organising an '**out of training career options webinar**' later in the academic year.

Other Events

Geriatrics for Juniors Conference

Please see attached flyer

Saturday 12th November 2022

Venue: Catalyst, Newcastle with online attendance option also

G4J is a one-day conference, designed for Foundation Doctors, Core Medical and GP Trainees, and Specialist Nurse Practitioners. It aims to deliver relevant and useful clinical updates in all the main sub-specialties of Geriatric Medicine, in order to improve the standard of care for older patients.

Whether you're a budding Geriatrician, already work in the field, or have other career aspirations but just want to improve your clinical knowledge and skills related to older patients, G4J has something to offer you!

What the day will include:

- A full day of relevant and interesting educational sessions related to Geriatric Medicine
- Practical and useful updates for your day-to-day practice on the hospital medical wards
- A certificate of attendance for your e-portfolio
- Opportunity to submit a poster
- Delicious breakfast, lunch, coffee, networking and socialising if you come in person to our Newcastle venue, AEME's home town!

Cost: £50 in person, £37.50 for online only

The link for further information and to register can be found here:

<https://www.bgs.org.uk/events/2022-g4j>

UK based Online CPD Course - Principles of Orthopaedics - Approved by RCSEd (12 CPD)

The Orthopaedic Academy is a professional teaching institution dedicated to providing high quality, individualized and interactive educational Orthopaedic courses, webinars and books.

We would like to notify you about our upcoming online course that is dedicated to all healthcare professionals who practice orthopaedics or interested to know more about this speciality.

Target audience:

- Medical Students
- Junior Doctors : Foundation Doctors , Core Trainees , Trust Doctors , Clinical Fellows , Residents
- General Practitioners
- A&E doctors of all levels
- Useful aid to prepare for MRCS & MRCEM Exams
- Physiotherapists
- Advanced Nurse Practitioners
- and all other Healthcare professionals with an interest in Orthopaedics and Musculoskeletal care.

The Course is available online to be completed on demand at a time suitable for the participants. They can start whenever they want and take as long as they need to complete

All attendees will receive a **12 point CPD certificate** from the Orthopaedic Academy approved by the Royal College of Surgeons of Edinburgh.

For more details, please visit the course via our website by clicking [here](#).

Please let us know if you no longer wish to receive emails from us. For any further information or to discuss, please don't hesitate to contact us
admin@orthopaedicacademy.co.uk