

Health Education England West Midlands School of Paediatrics Newsletter

November 21 Edition

Editor: Dr Alex Philpott – Head of School

Please note that the deadline for submission of content for the monthly newsletter is the 20th of each month.

Please only send content requests to faculty.support.team.wm@hee.nhs.uk

West Midlands School of Paediatrics Newsletter

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Message from the Head of School

West Midlands School of Paediatrics Newsletter

Apologies for the slightly tardy appearance of this newsletter. This week I was lucky enough to attend the HEE virtual educators forum, where good practice and innovation was shared across the Midlands. We had an inspirational opening talk from Dr Navina Evans, Chief Executive for HEE, talking about how she uses her Quality Improvement Skills to make changes. Also on the agenda was the Midlands Charter (<https://www.england.nhs.uk/midlands/information-for-professionals/nhs-midlands-charter/>), which has been signed up to by all of the Trusts in the West Midlands. This essential document highlights that all Trusts have agreed to create a supportive training environment, ensure adequate experience and provide educational support. If you haven't read it, please do, as it is a useful document.

As frequently happens in my foreword I'd just like to say 'Thank you'. We have some change in our Trainee committee and I'd like to thank the outgoing team members and welcome the incoming. Whilst the newcomers have big shoes to fill, I have no doubt that you will keep me and the School Board in order and ensure that we support you in ensuring that the Midlands Charter is in force in our paediatric departments.

Thank you to everyone who has sent their Grid Eligibility forms in good time. It is really exciting to see that we have applications to most Grid programmes. I wish you good luck for your interviews.

And finally, as all areas of Paediatrics are feeling the strain of increased workload, staffing issues and the knock on effects of Covid-19, I really would like to encourage you to prioritising a good work-life balance. We are good at supporting each other, but if you do need additional support from outside your working environment, NHS Practitioner Health (<https://www.practitionerhealth.nhs.uk/>) has a wealth of resources that can be accessed.

See you in December.

TPD - ST1-3	Clare Onyon	Clareonyon@nhs.net
TPD - ST4+ -8	Matt Cawsey	matt.cawsey@nhs.net
TPD- Quality Assurance	Sagarika Ray	Sagarika.ray@nhs.net
TPD- Teaching programmes	Penny Broggio	penny.broggio@hee.nhs.net
TPD - Neonatal Teaching Programmes	Rob Negrine	rjsneg@doctors.org.uk
TPD - Assessments	Sarah Ellis	Sarah.Ellis@uhcw.nhs.uk
TPD - General Simulation	Annabel Copeman	acopeman@nhs.net
TPD - Neonatal Simulation	Matt Nash	Mnash1@nhs.net
TPD – Digital Strategy	Narasimha Rao	narasimha.rao@nhs.net

Media Information

Trainee website: www.westmidlandspaediatrics.com

If you would like to add something to the website or feel that you have a topic or group that would benefit from a webpage, then please let the WMPaeds Trainee Committee know.

Email address: westmidlandspaediatrics@gmail.com

Twitter account: @WMPaeds

Facebook page: Paediatric Trainees in the West Midlands

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NB: Please apply directly to join the Facebook Group and answer the security questions. Inviting others to join prevents people from joining, as they do not have access to the security questions.

ARCP's

Dates for your diaries....

18th November 2021 (1 panel)
15th February 2022 (5 panels)
26th April 2022 (tbc) (1 panel)

Please forward dates to all consultants and let Cherry know if you can help.

2021

18th November – portfolio closes 10th November (Panel for those with CCT before Feb)

2022

15th February – portfolio closes 1st February

26th April – portfolio closes 10th April (Panel for those with CCT before July)

July ARCP - portfolio closes 20th June

July 4th

July 6th

July 12th

July 15th

July 19th

July 21st

Sarah

TPD Assessments

Sarah.ellis@uhcw.nhs.uk

Trainee Clinics

We are resuming the Trainee Clinics within the School of Paediatrics giving all trainees the opportunity to request a 20-minute virtual meeting with a Training Programme Director or Head of School. This is a forum intended for discussing careers (e.g. GRID/SPIN), exams, discussion about OOPs or LTFT and other situations.

These appointments are not an opportunity for detailed E-portfolio review as this should remain something that is undertaken with your educational or clinical supervisor.

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If you would like to request an appointment, please complete this form

https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1WygyRrUmelwANHkuqFL2YRZ6tUMFVQQjJ0RDNUUjJCOTE1SFNaREq1OTFaUS4u

The Faculty Support Team will then be in touch to book you an appointment should that be appropriate from the information you provide.

The next date for appointments is November 25th

Request for Short listers Paediatric National Recruitment 2022

Level 1 National Paediatric Training (ST1 and ST2) and National Paediatric Training ST3 and ST4 Recruitment 2022

HEE West Midlands will be leading this recruitment.

We require **Paediatric Consultant** volunteers to help in the shortlisting process of these recruitment rounds. As a shortlister you will be required to review applications and score using a scoring matrix (full guidance will be provided)

Shortlisting will take place during the following timeframes:

Level 1 National Paediatric Training (ST1 and ST2)

Shortlisting Window Opens - Monday 20th December 2021

Shortlisting Window Closes - Friday 14th January 2022

National Paediatric Training ST3 and ST4 Recruitment

Shortlisting Window Opens - Monday 17th January 2022

Shortlisting Window Closes - Tuesday 15th February 2022

During this shortlisting window you will be allocated a set number of applications to shortlist. When you short list these applications is completely down to you, all we ask is that all applications allocated to you have been shortlisted by the window close date.

If you are a Paediatric Consultant and willing to assist in this please click the link below to complete a short questionnaire:

<https://is.gd/Paeds2022shortlisters>

Please feel free to forward this email to any Paediatric Consultants you may think would be interested in helping. As always we thank you all for your assistance in making Paediatric National Recruitment a success.

Any queries, please contact PaedsNRO@hee.nhs.uk

Request for Panel Members Paediatric National Recruitment 2022

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Preparation work has started for the interviews for Level 1 National Paediatric Training (ST1 and ST2) Midland and East cluster.

HEE West Midlands will be leading this recruitment.

We require **Paediatric Consultant** volunteers to be panel members for us.

We will be running our ST1 interviews on the following dates:

Tuesday 1st February 2022

Wednesday 2nd February 2022

Thursday 3rd February 2022

Friday 4th February 2022

The interviews will be run online and full guidance and training provided.

Exact timings for the day will be confirmed closer to the date, please be advised however the days could run as long as 8am-6pm.

If you are willing to be a panel member for us, can we ask that you complete a questionnaire by following the below link:

<https://is.gd/PaedsST1Panel2022>

Please feel free to forward this email to any Paediatric Consultants who work within the Midlands and East that you may think would be interested in helping.

As always we thank you all for your assistance in making Paediatric National Recruitment a success.

Any queries, please contact PaedsNRO@hee.nhs.uk

Levelling the Field

Please see attached poster, programme and launch card

Date: 3rd December 2021

Free Virtual Conference – 6 CPD Points

This free national conference is for anyone who wants to strengthen ethnic diversity within the NHS. We are a small group of Anaesthetists in the North East of England hoping to bring about a positive change. Our first conference last year attracted over 1000 delegates.

NETS Launch

The National Education and Training Survey (NETS) will open again on **Tuesday, 2nd November 2021.**

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The survey will be available to access on the HEE website at the following [link](#), and will be live for 4 weeks until Tuesday, 30th November 2021.

A range of communication materials are also available on [our website](#) to support in signposting and promoting the NETS. We anticipate that the results from the survey will be available in January 2022 by accessing the NETS Reporting Tool. We assure you that we will contact you with any necessary updates.

If you have any questions regarding the NETS, please do not hesitate to contact us via the Quality mailbox on quality.me@hee.nhs.uk

National Medical Director's Clinical Fellow Scheme

Please see attached documents

Respiratory Surge in Children Programme

Please see attached

You may have seen that HEE has launched a [Respiratory Surge in Children programme](#) for all NHS healthcare staff who care for unwell children, in preparation for the anticipated surge in respiratory infections in 2021-22.

The programme is hosted by HEE's e-learning for healthcare and supported by NHS England and NHS Improvement Paediatric Critical Care Operational Delivery Networks and the Paediatric Critical Care Society.

West Midlands Paediatric Trainee Committee Update:

Trainee Committee elections:

We would like to thank everyone who submitted an application for the Trainee Committee - it has been another competitive year! We are very excited to welcome to the Committee:

ST1-3 Representatives: Neethu Sebastian, Isabel Cowling and Qasim Malik

IMG Representative: Anustupa Banderjee

Welfare Representative: Shoshana Layman

Teaching Representative: Lucine Nahabedian

CONGRATULATIONS!!

It is with much sadness that we must therefore say goodbye to our outgoing representatives Hannah Coakley, Elke Reunis, Shona Brothwell and Sivakami Balasubramanian who have given so much to the Trainee Committee during their own appointment. I'm sure you'll join us in thanking them for all the hard work and the commitment they have given to representing us all.

Paediatric Peer Mentoring Program:

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Thank you to everyone who has signed up to be a mentor! It's not too late to sign up to be a mentor or mentee. Drop us an email to wmpaedmentoring@gmail.com to express your interest in joining the programme and let us know what support you would like to offer or receive. The programme is open to all West Midlands Paediatrics trainees at any stage of training!!

ARCP Checklist 2021-2022:

The ARCP checklist for the 2021-2022 training year is currently in progress and will be uploaded to the West Midlands Paediatrics Trainee website once it has been finalised.

GRID Application 2021/2022:

The GRID sub-specialty training programme application for 2022 is upon us! Applications officially open on Wednesday 27 October, with full timeline available on the RCPCH website:

<https://www.rcpch.ac.uk/resources/recruitment-sub-specialty-training-application-guidance>

START Assessments 2022:

If you are considering sitting your START Assessment in Spring/Summer/Autumn 2022, please be aware that the application window is now open and closes on Friday 31st December 2021.

<https://www.rcpch.ac.uk/resources/rcpch-start-guidance-trainees>

Survey for Community Child Health SPIN Module Development:

RCPCH Community Child Health College Specialty Advisory Committee are looking for trainees who may be interested in completing a SPIN module in community child health to complete a 2minute survey to help assess the level of interest as well as to inform the process of developing a potential SPIN module in this field. Comments are welcome from paediatric trainees at all levels of their training who have an interest in general paediatrics/neurodisability and community child health. Many thanks! <https://www.smartsurvey.co.uk/s/60BCY5/>

Getting in touch:

Just a reminder that you can contact us via the 'contact us' function on the website at www.westmidlandspaediatrics.com or via email to: westmidlandspaediatrics@gmail.com

The trainee representatives maintain a committee on-call rota so please be assured we will act on emails and communications promptly.

Trainee Support Network (TSN) Update:

Many thanks to those who have attended our first two TSN walks at the Lickey Hills. It has been lovely to enjoy the outdoors and catch up with friends and colleagues and their children (of both human and fur varieties!) If you are keen to join us or want more information about the TSN and its activities, please get in touch with me, Cat (07752737179), and I'll add you to the TSN WhatsApp group.

Welfare resources

There are lots of wellbeing-related resources available on the trainee website, including resources to help you reduce the impact of fatigue caused by shift work. If you know of any particularly helpful resources which other trainees might also benefit from, please let us know and we will add them to the website:

<https://www.westmidlandspaediatrics.com/trainee-wellbeing>

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As always, if you want to get in touch with us or get involved, email the TSN on WMPaediatricsTSN@gmail.com

IMG Support Network (IMGSN) Update:

IMG support network is committed to providing ongoing support for IMG paediatric trainees in the West Midlands. If you would like to join the network or would want to know more about the kind of support available, please email us: wmpaediatricsimg@gmail.com

West Midlands Adolescent Health Network

Are you interested in improving your skills when managing young people? Have you been told to improve your local transition pathways and don't know where to start? Does trying to remember what all the S's in a HEEADSSSS assessment stand for leave you feeling flustered?

We are a group of paediatric trainees who are looking to increase the links between the health professionals in the region with an interest in adolescent health. We are initially looking for interest within paediatrics but over the next few months hope to grow the network to include other specialties and allied professions and aim to host monthly educational/ networking events, via Zoom initially but hopefully graduating to regular face-to-face events.

If you're interested in taking part, whether your grade is ST1 or professor, please get in touch via wmadolescent@gmail.com.

We look forward to hearing from you!

Upcoming Meetings and Courses

Support for MRCPCH Clinical Exam

Are you planning on sitting the MRCPCH clinical examination soon? Want to hear about upcoming lecture series, small group practice and access a range of resources? Email us on wmpexam@gmail.com

Have you completed your MRCPCH, keen to teach and support others, please drop us a line to express your interest in joining the West Midlands Paediatric Exam Preparation Network :)

A huge thank you to all the consultants and registrars who gave up their time to host sessions and supported the last group of trainees sitting the exam!

Partners in Paediatrics

Please see flyers attached

Cerebral Palsy & Spasticity Network Study Day – Friday 12th November 2021

Register here: <https://www.eventbrite.co.uk/e/partners-in-paediatrics-cerebral-palsy-spasticity-network-study-day-tickets-166381486505>

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Paediatric Critical Care Study Day – Paediatric Heart Failure

Wednesday 10th November 2021 via Zoom

We are privileged to have a number of world experts speaking on a fantastic Study Day organised by Jane Cassidy – please see the attached programme.

Register here:

https://bwc-nhs.zoom.us/meeting/register/tZAod-usrTMoE9CjG74suaKjDrwYp7qDc_Pi

Simulation

Regional Paediatric Simulation Courses

For anyone interested in our simulation courses, we still have some spaces left on our courses which cover a variety of topics. Courses with spaces available are highlighted in bold but waiting lists are available in case of last-minute cancellation spots. Dates for 2022 will be confirmed in the next few months.

All the courses and registers can be found on the Eventbrite website: <https://rwtpaedsimed.eventbrite.co.uk>. Please remember that if you have registered your interest, this does not mean that your space has been confirmed on the course.

If you have any queries about our courses, please contact us:

Email: rwh-tr.paedsimed@nhs.net

Twitter: @RWT_paedsimed

Return to Work

This course is for paediatric trainees who have been out of clinical practice for any reason (including parental leave, illness, OOPE or OOPC) and provides the opportunity to practice clinical scenarios that you may encounter on your first day back at work.

Dates

17th December 2021 – 5 spaces available

SUDIC

This course focuses on preparing for the step up to becoming a registrar or reinforcing skills for those who have newly stepped up to a registrar role.

Dates

30th November 2021 – course now full. Please register on the waiting list if you can attend at short notice.

Paediatric Post Graduate Virtual Learning Platform (PGVLE)

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The Paediatric PGVLE aims to act as a repository for educational material for regional teaching days and to signpost to content that can be used to sign off domains in your curriculum. For the time being, we would like bring your attention to the fact that you should have all received log ins for the PGVLE. If you have not received this or have problems logging in, please contact the deanery support team.

Moving forward, we are hoping to upload content starting with ST1 neonatal teaching and progressing in academic year order to ST8s. For those who are organising regional teaching, you will be asked to obtain copies of presentations from your speakers and to send these to paedspgvle@gmail.com at least a week in advance. Please note that files to be uploaded cannot exceed 1MB however we will have access to a private You Tube channel in case of any large videos that need to be shared. A further guide with information for organisers will be made available soon.

Thanks,
The Paediatric Digital Fellows Team

Neonatal Simulation

The neonatal team are delighted to welcome Jess Groucutt as the new education fellow from September 2021. Diana thanks both candidates and faculty for their participation and enthusiasm in last year's courses.

Neonatal Skills day

The course is designed to offer trainees practical training on common neonatal procedures including intubation, vascular access and chest drain insertion. It is included in the ST1 training programme however if you previously missed a course or would like more teaching on neonatal procedures, you may be able to join the next face-to-face course.

Next date: 9th March 2022

SHINE (Simulation to Help in Neonatal Emergencies)

Are you just about to rotate on to your first registrar post in neonates? Does it feel like you have not done neonates for ages and need a refresher? Are you close to CCT and might be working as a consultant in a hospital with a neonatal unit? Do you feel like you just need more neonatal experience? If yes, this is the course for you! This course is very popular and receives consistent excellent feedback.

Next course date: 4th February 2022

28th April 2022

24th June 2022

Neo-CCCom-S (Neonatal Critical Care Communication training through Simulation)

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Do you want to improve your communication skills around difficult conversations such as breaking bad news, discussing medical errors, dealing with conflict and discussing end of life care? Do you want to explore parents' perspective and learn more about trauma informed communication? If yes, this is your opportunity to develop these transferable skills in a safe, supportive and confidential environment.

Next Course date: 25th November 2021

21st June 2022

New Neonatal Simulation Courses coming soon.....

To register your interest for any of the above courses contact Jess Groucutt (J.Groucutt@nhs.net) with your full name, grade, current placement and why this course will be of value to you.

Developmental Disorders Joint Paediatric-Genetics MDT

Dates for next meetings:

(joining instructions will be circulated nearer the time)

Thursday 18th November	2pm-4pm
Thursday 16th December	2pm-4pm

If you have a case you would like to discuss please email: bwc.genetics.paedmdt@nhs.net

Surveys

2022 National Training Survey

You completed the national training survey for trainers within the last three years and in your final response you expressed an interest in helping us with any future development of the survey. Thank you again for completing the survey and for offering your support for its ongoing improvement.

We'd like to seek your feedback on development of the trainer survey for 2022. Your involvement will inform question design in areas such as:

- Training and development opportunities for trainers
- Support for trainers with a trainee(s) in difficulty
- Equality, diversity and inclusion
- Balancing educational needs with service commitments

How to get involved:

We're holding a couple of virtual focus groups via MS Teams to hear your views. We'd like to invite you to attend one of the groups on one of the dates/times listed below. If you would like to join a group, please reply to NTS@gmc-uk.org confirming which day and time you can

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attend. We will then email you the MS Teams link and more information about the focus group closer to the time.

1. Tuesday 16 November: 6 – 7.30pm
2. Thursday 18 November: 6 – 7.30pm

The NTS is an integral part of our quality assurance of postgraduate medical education and training in the UK. We know you and your colleagues are very busy, but if you're able to help, your feedback and input will help us to shape a relevant and engaging survey for 2022.

The findings from the focus group will be analysed anonymously and we will not share the identity of participants. The findings will only be used within the GMC surveys team for the purposes of developing the questions for the NTS.

National Survey by RCPCH Trainees' Committee

We want to find out how well Neonatal Induction Programmes prepare junior doctors to attend deliveries and deliver neonatal resuscitation. Then, we want to help make it better.

ACTIONS

- **Junior doctors currently on any Paediatric/Neonatal Job (especially FYs, GPSTs & Paeds ST1s) & Consultants responsible for local Neonatal Induction Programme** - complete survey: <https://forms.gle/abnixjLEh8o2HmZs9>
- **College Tutors** - forward this email to all of the above staff at your Trust
- **RCPCH TC Regional Reps** - forward this email to all College Tutors within your Region

Many thanks,

Josh

Dr Joshua Hodgson MBBS MA (Cantab) MRCPCH

Paediatric ST3 Doctor

North Middlesex University Hospital NHS Trust

RCPCH Trainee Representative for North-central & East London

RCPCH Trainees Research Survey

Please complete the below survey

<https://www.rcpch.ac.uk/news-events/news/trainees-let-us-know-your-experiences-research-our-five-minute-survey>

In doing so they will help strengthen the case for more funding for paediatric research during training. This will, in turn, provide more opportunity for everyone - and in particular our patients!

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A good response rate is essential.

PRAM Update by Rashmi Mehta

PRAM (Paediatric Research Across Midlands) is a paediatric trainee-led audit and research collaborative based in the West Midlands. We have a wide range of ongoing projects, including work with other paediatric networks. We have multiple successful publications and presentations from previous projects.

For earliest access to opportunities and news, join our mailing list by emailing pramnetwork1@gmail.com. You can also visit our website at <http://www.pramnetwork.com> or follow us on Twitter @PramNetwork.

Research Awards

The 2022 RCPCH Research Awards have now opened for applications until 30 November. The three research awards are:

With GOSH Charity, the [Simon Newell Award](#) is given to one outstanding young medical researcher in paediatrics. The winner will be given a prize of £2000 and free entry to the 2022 RCPCH annual conference

With NIHR, the [RCPCH-NIHR PIER Award](#) is given to a multidisciplinary team for excellent patient engagement in their research. Up to four team members are given free access to the 2022 RCPCH annual conference.

The [Lorber Award](#) is given to a pre-consultant grade medical practitioner working in the UK for the best scientific paper related to paediatrics. The winning author gets £200 and free entry to the 2022 RCPCH annual conference.

PRAM projects

We had a fantastic PRAM meeting in October and we will be in touch with potential projects in due course. Please keep an eye on PRAM email or sign up to our mailing list to find out more.

Dates for your diary: Upcoming Conferences and Events in 2021/2022

BPNA (British Paediatric Neurology Association): Virtual 19th-21st January 2022

Neonatal Society Meeting: Spring Meeting- Hybrid event 10th March 2022

ESPGHAN (European Society for Paediatric Gastroenterology, Hepatology and Nutrition) Copenhagen 22th – 25th June 2022

EAPS (European Academy of Paediatric Societies) Barcelona 7th -11th October 2022

Promoting Paediatrics

Do you feel passionate about Paediatrics as a career? Do you want to help recruit people into your chosen career?

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Promoting Paediatrics is a team of keen individuals who are currently doing great work in the region to widen interest in the career of Paediatrics to both school and medical students. We are looking for more enthusiastic Paediatrician to help us to continue this work! We run many different types of events including going to careers fairs at schools along with a very successful recent event for school students at BCH which looked at medicine as a career; how to get into medical school and the life of Junior Doctor.

If you are interested in joining the group, please contact:

promotingmedicine@gmail.com

Follow us on Instagram: [promotingpaediatrics](https://www.instagram.com/promotingpaediatrics)

Dr Vicki Currie 07783705901

Other Useful Information:

Reminder – Sickness Reporting

Can all trainees include programmes.wm@hee.nhs.uk when reporting any sickness to your ES/CS

HEEWM School of Paediatrics Contact List		
Name	Role	Email
Dr Alex Philpott	Head of School	Alex.philpott@hee.nhs.uk
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Dr Clare Onyon	TPD - ST1-3	clareonyon@nhs.net
Dr Annabel Copeman	TPD – General Simulation	acopeman@nhs.net
Dr Matt Nash	TPD – Neonatal Simulation	mnash1@nhs.net
Dr Sarah Ellis	TPD – Assessments	Sarah.ellis@uhcw.nhs.uk
Dr Sagarika Ray	TPD – Quality Assurance	Sagarika.ray@nhs.net
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