

Special Interest Session resource document for ST 4 – 6 trainees 2020

This resource booklet outlines areas of special interest available to speciality trainees within BSMHFT, setting out possible aims and objectives you may agree with your supervisor and suggests how you may evidence these in your portfolio

**If you have any general questions please contact Dr Fiona Hynes
Associate Director medical education BSMHFT**

**2nd Edition; Dr Nidhi Gupta ST Trainee & Fiona Hynes, Associate Medical Director
BSMHFT**

1st Edition: Dr Jayne Greening, Head of School of Psychiatry, West Midlands

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Preface

Royal College of Psychiatrist Advance training Curriculum includes Special interest Session.

In the Curriculum It states

‘It is educationally desirable that Advanced Trainees in General Psychiatry have the ability to gain additional experiences that may not be available in their clinical placement. Two sessions every week must be devoted during each year from ST4-6 for such personal development, which may be taken in research or to pursue special clinical interests. Special interest sessions are defined as “a clinical or clinically related area of service which cannot be provided within the training post but which is of direct relevance to the prospective career pathway of the trainee”. For instance, a special interest session in substance misuse would be of direct relevance to a trainee wishing to subsequently work in an inner city core general psychiatry post. Special interest sessions may also be used for gaining psychotherapy experience that builds upon the experience the trainee had in Core Training. This experience must be appropriately managed, supervised and assessed. The Training Programme Director must prospectively approve the use of special interest time. Special interest and research supervisors must provide reports for the trainee’s ARCP as required by the School of Psychiatry.’

Same has been recommended for other Speciality training (Older adult, forensic, Learning Disability, CAMHS, Psychotherapy) curriculum .

Application and appointment Process

BSMHFT has number of opportunities to support the trainees in the region.

These opportunities are made available for all ST trainees if they wish to participate Trainees are requested to discuss their Special interest session with their Clinical supervisor of Special interest sessions. It is recommended that following discussion trainees can formulate their PDP objective (SMART) and assessment of progression and achievement. That should be discussed with their Educational Supervisor and if necessary TPD.

According to the Junior Doctor Contract 2016, these Special interest sessions would be part of Personalised work schedule.

If the trainees are employed by another trust but interested to work within BSMHFT for special interest sessions, they need to Contact the PGME manager and HR for an honorary contract. They need to provide evidence of all recruitment clearances, which, must also be signed off by their host employer. See Appendix 1. If trainees are already working within BSMHFT and have moved to Another Trust but would like to continue Special interest sessions within BSMHFT, they can do so as an “Honorary Employee”. They are required to register as Honorary Employee with HR/ESR before they move out of BSMHFT. An ESR Honorary form see Appendix 2 must be completed

and signed by their supervising consultant along with a new ICT access form which also must be completed by their supervising consultant

BSMHFT would encourage trainees and Special Interest Clinical supervisors to inform PGME if any trainee and trainer achieve any award, qualification publication etc. for their work with Special Interest session in BSMHFT.

CHMT – Inner – City Population

1. Trainer & Post Information

Dr Kallol Sain

Consultant Psychiatrist Osborn House CMHT

Clinical tutor BSMHFT

Clinical Post:

This is a Community Mental health team in inner-city area with high morbidity. (actual Population of 23,010 but Mini Weighted population of 50,053 : MINI Index 1.67-1.9 depending on part of the team)This team is a functionalised CMHT covering Handsworth, Ladywood, Aston , Nechells, Lozells area. There is well functioning MDT including CPNs, Psychologist, Physician Associate, SAS, GPVTS trainee and FY1 trainee. Home treatment and AOT and CMHT of Home less people are co-located in same building. There are number of residential and nursing home are supported by CMHT. CMHT runs depot clinic, clozapine & Lithium clinics as per regular job.

What Special interests opportunities are available in this post

Medical Education – See Medical Education

Clinical service delivery: management and Leadership

This team is based at inner city ethnic minority area with high level of morbidity. Referral rate is higher than average. In current climate of COVID 19 pandemic telephone and video consultation have been promoted. That is a difficult issue to implement in Community mental health team in an area with a large migrant population whose first language may not be English. There are opportunities to become involved in service improvement projects with GP surgeries, patient and carer education, working with interpreters.,

How will achievements be evidenced and evaluated

Achievements are evaluated by completion of WPBA, projects, poster presentation and implementation of the recommendations.

Contact details

Dr Kallol Sain

55 Terrace road , Osborn house, B19 1BP

Email : k.sain@nhs.net

CMHT – Inner City population

2. Trainer & Post Information

Trainer: Dr Sathish Masil DPM FRCPsych
Consultant Psychiatrist – Aston CMHT
Orsborn House – Aston CMHT
55 Terrace Road, Handsworth, B19 1BP

Special Interest opportunities available in this post

Community Psychiatry – The trainee will have the opportunity to see variety of patients, predominantly of the immigrant black and minority ethnic population with severe and enduring mental illness.

In addition, the presence of various residential and supported accommodations in the area helps them identify the rehabilitation needs of chronic patients and work within limited resources, which is the reality of the NHS.

This placement will bring confidence in assessment of psychiatric illness with various comorbidities, ensuring that once the trainee becomes a Consultant, they can face reality boldly.

The trainee will have the choice of either a session of OP clinic at Orsborn House or a Community Clinic reviewing the patients in the residential homes, with a dedicated CPN to accompany them and another session for admin/MDT participation.

The trainee will have the opportunity to chair the MDT and learn the skills of teamworking.

How will achievements be evidenced and evaluated

Feedback from the MDT colleagues (similar to placement supervision group feedback for CT/FY trainees)

Contact details

Email Sathish.Masil@nhs.net
Mobile 07985 883301
Telephone 0121 3011683 (Secretary)

Old Age Psychiatry

1) Trainer & Post Information

Trainer: Dr Pravir Sharma

Older Adults Community Psychiatry Team (Erdington and Sutton Coldfield)
Birmingham and Solihull MH Foundation NHS Trust
Reservoir Court
Reservoir Road, Erdington, Birmingham B236DJ
Tel 01213017310
07985883664 (Consultant Mobile)

What Special interests opportunities are available in this post

Geriatric Medicine at Good Hope Hospital
Parkinson's Clinic at Heartlands Hospital
Pain Clinic (Good Hope/Heartlands)
Neuro Psychiatry service (Queen Elizabeth Hospital) for experience in Epilepsy and
Movement Disorders
Old Age Psychiatry In patient experience at Reservoir Court
Voluntary sector including Alzheimers society

How will achievements be evidenced and evaluated

We have close links with the above services and all work will be agreed with named Consultant. A letter from the Consultant summarising the achievements can be requested as evidence. Previous trainees have been able to produce a joint research/paper from their special interest session work.

Contact details

Dr Pravir Sharma
Reservoir Court
Reservoir Road, Erdington, Birmingham B236DJ
Tel 01213017310
Pam Crawford Team Manager at pamela.crawford2@nhs.net

07985883664 (Consultant Mobile)

Pravir.sharma1@nhs.net

2) Trainer & Post Information

Trainer: Dr Farooq Khan

The West HUB CMHT provides psychiatric care through the community for a GP cluster population of over 20,000. It incorporates the suburbs Edgbaston, Harborne, Bartley Green and Quinton.

There is some responsibility for inpatients Ashcroft Complex Care Unit but the work is primarily in the community setting via a combination of outpatient, home visit and general hospital / care home liaison practice which have diminished to a great extent since the introduction of Psychiatric Liaison Teams in acute hospitals. The core trainees have the dedicated office space at the Ashcroft Unit where all the CMHT members of West HUB are based. The core trainees benefits from protected weekly teaching at the Uffculme centre which forms the part of MRCPsych teaching on Thursday mornings followed by Psychotherapy balint groups. We are in the process of designing an in house teaching program as well for all the CMHT members and the core trainees will have opportunity to contribute as well. The weekly trust academic teaching is held on Wednesday mornings at Uffculme centre and contributes to ongoing CPD for both trainees and trainers. The trainee will also benefit from hourly supervision on a weekly basis.

My other role is the Clinical Director for Specialties and Older adult services which involves getting into the management and leadership. This I feel is one of the important areas which is neglected a 'medical professionals'. The trainees will have direct observations of meetings, management of issues and problems, Clinical Governance Committee meetings attendance.

What Special interests opportunities are available in this post

1. As I hold Honorary posts at the University of Chester and Aston Medical School there will be opportunity for higher trainees to get involved in training and teaching, developing modules for teaching and research activities.
2. I have a wide experience in research and publishing and this would in turn help the core / higher trainees to get involved in research and get it published.
3. As Quality Improvement Coach I will be able to help with QI projects and STs to pick up an appropriate project.
4. As CD for Specialties and Older people service there are number of management and leadership development opportunities and direct involvement of attending meetings, shadowing management issues and resolutions.

How will achievements be evidenced and evaluated

By actual demonstration of involvement and by the WPBAs.

Contact details

Email: farooqkhan@nhs.net T: 01213016169 M: 07985882807

3)Trainer & Post Information

Trainer :Dr Nibha Hegde,
Consultant Old Age Psychiatry
CMHT MHSOP

What Special interests opportunities are available in this post

Memory assessment, learning about different kinds of Dementia
Assessment and management of mental illness in elderly
Home visits to care homes or patients home
Out patients clinic

How will achievements be evidenced and evaluated

Log book, reflections with supervisor, WPBA

Contact details

Reservoir Court, 220 Reservoir Rd, Birmingham, B23 6DJ,
Secretary: Suzanne Graham, Phone: 0121 301 7310

4) Trainer & Post Information

Trainer: Dr Mahmoud Saeed,

Post: Old Age Psychiatry, Inpatient acute assessment unit, based in Juniper Centre,
Moseley, B138AQ

What Special interests opportunities are available in this post?

Some of my trainees in the past spent their Special interest sessions (one day a week) with the Liaison Psychiatry team in QE, as we receive, and refer, many patients from the medical wards.
The Moseley Hall hospital is next door to Juniper Centre so there is an opportunity to spent time with the Geriatricians if they wish, especially for Old Age trainees.
There is also an opportunity to attend the Dementia & Frailty Department CGC monthly meeting at Juniper Centre to learn about management.
However, I'm more than happy for my trainees to spend it in any way they see fit.

How will achievements be evidenced and evaluated

They discuss cases they assessed in QE with me in the weekly supervision sessions.
Many of the trainees were approaching the end of their training and they were

looking to consolidate their experience in fields relevant to their future Consultant post

Contact details

Email: mahmoubushra@hotmail.com

Mobile: 07985882873

5) Trainer and post information

Trainer: Dr Rafi Arif- Old Age Psychiatrist

I am an experienced trainer, and have previously held management roles, as well as being Royal College Representative. I am a Second Opinion Approved Doctor and a Tribunal Member.

I joined Birmingham and Solihull a year ago, and current am an inpatient consultant in Older Adults at Reservoir Court.

What Special interests opportunities are available in this post

We have an exciting new area of development in mental health – the use of virtual reality equipment in an inpatient setting. We have agreement from the Clinical Governance Group to start using the technology on the wards. Since this technology is still in its infancy, there is a vast scope of research available to look at the effectiveness of virtual reality in various mental health settings. Currently we are using it with older adults, but there is scope for this to be widened at a research level.

How will achievements be evidenced and evaluated

Completed research and publications.

Contact details

Dr Rafi Arif
Consultant Reservoir Court
07305 734 262
Rafi.arif@nhs.net

Digital health and technology

Trainer & Post Information

Dr James Reed – Consultant Psychiatrist and Chief Clinical Information Officer (CCIO)

What Special interests opportunities are available in this post

Whilst I do not have an actual post, I can offer a range of experience in the digital health & technology area. I oversee this work in the Trust as a whole, including the key clinical systems (Rio, EPMA, Digital Ward etc) but also any other areas relating to clinical information and systems. This includes work at a regional and national level.

There would be opportunity for trainees to do shadowing but also to work on existing projects or lead ones of their own.

Enthusiasm and ideas would be very important to bring to the sessions!

How will achievements be evidenced and evaluated

Projects and other work would have clear delivery goals
Unlimited scope for formal summarising and writing about work for posters, publications etc

Contact details

Dr James Reed- jamesreed@nhs.net

Forensic Special interest

1) Trainer & Post Information

Trainer: Dr Fiona Hynes

Consultant Forensic Psychiatrist & Associate Medical Director – Medical Education

I am based at Reaside Clinic, which is a medium secure inpatient unit for men and provides assessment, treatment and rehabilitation to men with severe mental health problems who have committed a criminal offence or who have shown seriously aggressive or threatening behaviour.

Most of patients come into the service through the criminal justice system, but also from local psychiatric hospitals and high secure hospitals.

The service has community teams of social workers and CPNs that provide follow-up care to patients once they have been discharged from our inpatient units with ongoing follow up from the consultant forensic psychiatrist and medical team. The teams support patients until they are ready to be transferred to the care of a local mental health service such as a community mental health team.

What Special interests opportunities are available in this post

Experience in Forensic Psychiatry, including management of inpatients in medium secure care, assessment of referrals both for admission from custody and risk assessment.

Experience of risk assessment and management

Medical education - see Medical Education

Medico-legal work.

How will achievements be evidenced and evaluated

WPBA

Contact details

fionahynes@nhs.net

2) Trainer & Post Information

Trainer: Dr Rajesh Moholkar, Consultant Forensic Psychiatrist, Reaside clinic

What Special interests opportunities are available in this post

Inpatient and outpatient care in MSU, prison session, court report, I am physical health lead for secure services and there will be opportunity to do some project work. Also currently involved in developing national guidelines to prevent and treat obesity in secure services. Could help start similar process in non secure services.

How will achievements be evidenced and evaluated

SLEs, formal feedback

Contact details

Phone 01213013044

Rajesh.moholkar@nhs.net

3) Trainer & Post Information

Trainers: Dr J O'Brien / Dr H Hassan (MSU) / Dr D Jackson (LSU)

Ardenleigh Forensic CAMHS

What Special interests opportunities are available in this post

Experience of inpatient CAMHS – both medium secure and low secure.

Includes: ward rounds, MDT handovers, core groups, MDT reviews, seclusion reviews, family meetings, national referrals meetings, local clinical governance, group supervision (e.g. safeguarding, systemic supervision etc)

How will achievements be evidenced and evaluated

WPBA

Contact details

Phone-0121 301 4600

johno'brien@nhs.net

4) Trainer & Post Information

Trainers: – Dr John Croft, Dr Jeremy Rampling and Dr Ruth Scally.

Ardenleigh is the West Midlands regional secure unit for female patients. Patients are referred from across the area for specialist assessment and treatment of complex presentations involving mental disorders and offending or challenging behaviour. There are 30 in-patient beds. Most patients have a diagnosis of a severe mental illness, often associated with treatment resistance. There is a high incidence of personality disorder and co-morbidity. There is also a high rate of serious physical health problems. All patients are detained under the Mental Health Act. Trainees will be able to gain experience in the pharmacotherapy of mental disorders, and a wide range of different psychological therapies with a particular focus on gender-related issues and trauma.

Ardenleigh offers assessments and advice to other mental health services and criminal justice agencies across the region. The consultants all provide a clinical session to a local female prison. The service also provides community support, mainly for restricted hospital order patients who have been discharged from Ardenleigh. The forensic outreach service is currently being expanded and developed.

There are currently three consultant forensic psychiatrists in post – Dr John Croft, Dr Jeremy Rampling and Dr Ruth Scally.

What Special interests opportunities are available in this post

Special interest sessions will be individualised based upon the timetable of the higher trainee and any specific goals they have. As the patient group is particularly complex with long-term histories and experiences of trauma, trainees will be able to get the best experience if they can commit to attending sessions on a regular basis for at least six months. They will have the opportunity to attend multidisciplinary team meetings; prison clinics; observe and complete under supervision forensic assessments and specialist risk assessments including HCR-20. There is potential to be involved in psychotherapeutic groups, audit and service development projects.

This opportunity is available for higher trainees in any speciality in psychiatry. It would be expected that forensic higher trainees explore the feasibility of a full term placement in the women's service before applying for a special interest session.

How will achievements be evidenced and evaluated

Workplace based assessments will be completed as appropriate with opportunities to gain case-based discussions, miniACEs and an ACE.

Contact details

Dr John Croft – john.croft@nhs.net

Dr Jeremy Rampling – Jeremy.rampling@nhs.net

Dr Ruth Scally – ruth.scally@nhs.net

5) Trainer & Post Information

Trainer: Dr Nat Rowe – Hillis Lodge low secure unit
15 male inpatient beds, working with service users with complex forensic mental health needs. Great opportunity to learn about forensic rehabilitation, positive risk taking and reducing restrictive practices in a very effective multi-disciplinary environment

What Special interests opportunities are available in this post

Dr Rowe is also Deputy Medical Director for Quality Safety and there are many opportunities to gain experience in one of these areas across the Trust (including clinical effectiveness, physical health, reducing restrictive practices, learning from deaths), relating to quality improvement, policy development, mortality case note reviews or other opportunities. Dr Rowe is also a Quality Improvement Coach and is involved in a number of QI projects- she can therefore offer support to trainee to gain experience in this area

How will achievements be evidenced and evaluated

Many opportunities to complete work place based assessments, to have supervision of specific projects and support with reflective notes on these activities.

Contact details

Dr Nat Rowe:
Hillis Lodge: 0121 310 4101
Renarta.Rowe@nhs.net

6) Trainer & Post Information

Trainer: Dr Leela Sivaprasad,

Consultant forensic psychiatrist based in a medium secure unit (Reaside clinic) with inpatients and community patients. I also attend HMP Birmingham one day a week (Thursdays)

What Special interests opportunities are available in this post

Experience of inpatient forensic psychiatry
Working in a multidisciplinary team and with a range of Allied Health professionals

Assessments of patients in a prison or hospital setting
Prison sessions - assessments, making referrals and attending a prison MDT
Review community patients
Visiting other secure and non-secure hospitals with members of the team
Attending courts and meetings / discussions with other agencies and services

How will achievements be evidenced and evaluated

1:1 discussions and feedback
Work place based assessments, reflections

Contact details

Email- leela.sivaprasad@nhs.net
Phone-01213013048

7) Trainer and post information

Trainer: Vivek Furtado

I am a clinical academic in forensic psychiatry based at the University of Warwick.

I can provide special interest clinical sessions in forensic psychiatry - long term care / prison psychiatry.

I can also provide special interest academic sessions in psychiatry.

The outcomes will differ based on which special interest is chosen but expectations are no different to other clinical or academic special interest sessions.

Contact details

vivek.furtado@nhs.net

8) Trainer & Post Information:

Dr Sajid Muzaffar, Consultant Forensic Psychiatrist,
Trust MAPPA lead,
Chairman Trust Medical Advisory Committee,
Substance use clinical lead in Secure Services.

What Special interests opportunities are available in this post

Substance use group interventions, strategy and individual work within the substance use programme of secure services.

Leadership via MAPPA strategic safeguarding board and MAC

In-patient and outpatient forensic psychiatry including prison clinics



How will achievements be evidenced and evaluated

WPBA- SAPE, DONCS, ACE etc

Supervisions

Reflection

Contact details

sajidmuzaffar@nhs.net

Inpatient Adults Working Age

Trainer & Post Information

Trainer: Dr Sharon Singsit-Evans , Consultant, Inpatient services , Oleaster

I have worked in Acute services since 2008, encompassing home treatment and inpatients. My current role is purely based in Melissa suite which I cover alongside Dr Christine Clark.

We occasionally have 1-2 acute patients in japonica suite.

We have a CT 1 who works with us.

The ST will have access to trainee shared with other ST and middle grades. Admin support will be provided by our medical secretary for inpatient services.

What Special interests opportunities are available in this post

Trainee will have opportunity to improve knowledge and skills especially around management of acutely unwell female inpatients in the ward. There is also a possibility of opportunity to have supervised experience of managing PICU inpatients by arrangement with Caffra suite where I have RC responsibility on one day per week (Friday).

How will achievements be evidenced and evaluated

Supervision

Review of arrangements

Feedback

Contact details

Email- sharon.singsit-evans@nhs.net

Mobile- 07985883620

Leadership

1) Trainer & Post Information

Trainer: Dr Hilary Grant

Dual training in Forensic and Child and Adolescent Psychiatry

Previously Clinical Lead of national FCAMHS service for 12 years and Clinical Director Youth Services 4 years.

Currently Medical Director

What Special interests opportunities are available in this post

Shadowing to trust board, sub-committees of board, trust wide meetings, quality improvement meetings and a range of other such opportunities across the range of my portfolio which includes Medical workforce, Appraisal- Revalidation, MHA, Physical Health, Clinical Guidelines, Research and innovation, Quality and Safety, Learning from Deaths, Serious Incident group, Positive and Proactive Care, Quality Improvement, B.A.M.E meetings, Staff wellbeing, IG etcc
Also some opportunity for mentoring, interview practice et

How will achievements be evidenced and evaluated

WBPA

Supervision discussions

Contact details

Hilary Grant – hilary.grant1@nhs.net

Jackie Shakespeare – Jackie.shakespeare1@nhs.net

2)Trainer & Post Information

Trainer: Dr Lisa Brownell

Consultant Psychiatrist (CMHT South Birmingham) and Associate Medical Director (Pharmacological Therapies) at Birmingham and Solihull Mental Health NHS Foundation Trust

What Special interests opportunities are available in this post

Leadership / Psychopharmacology

Eg.

1. Attendance at Pharmacological Therapies Committee (monthly meeting at BSMHFT which provides guidelines for pharmacological management of mental illness, makes decisions about whether to recommend new medicines for addition to formulary, decides on case-by-case applications for non-formulary medicines, and oversees the safe and effective use of medicines across the Trust.
2. Attendance at Area Prescribing Committee (monthly regional committee, also Chaired by Dr Brownell, which makes decisions on behalf of the health economy regarding the use of all medicines across primary care and secondary care organisations in Birmingham, Solihull, Sandwell and environs)
3. Possibility to attend Regional Medicines Optimisation Committee (NHS England Committee which makes decisions on certain issues relating to medicines nationally), subject to the approval of the committee chair
4. Leading on a piece of work for PTC, eg a guideline for pharmacological management of a specific condition, or a new drug application, or development of a learning package to support safer and more effective prescribing.
5. Leading on a medicines-related QI project
6. Shadowing Dr Brownell in her management role, to explore the different committees, groups attended, and the “behind the scenes” work of a senior medical manager.
7. Leadership mentoring

How will achievements be evidenced and evaluated

1. WPBA eg DONCS
2. Depending upon work undertaken – posters at conferences, evidence in portfolio of having led the development of a guideline or review of evidence for a novel agent, or a QI project.
3. Regular review and supervision to ensure desired learning objectives are met.

Contact details

Lisa Brownell directly on l.brownell@nhs.net

Liaison Psychiatry

1) Trainer & Post Information

Trainer: Dr Mahnaz Hashmi, Consultant Psychiatrist Liaison Psychiatry, Queen Elizabeth Hospital UHB

What special interest opportunities are available in this post

- Clinical experience of general adult or old age liaison psychiatry, to either support a future career in a non-liaison psychiatry specialty, or to demonstrate a particular interest in Liaison Psychiatry for those considering a career in it but who haven't done a dedicated post yet
- Development of specialist clinical expertise eg gastroenterology, neurology, dermatology, neuroimaging, medically unexplained/functional symptoms, integrating mental health services into the Acute Medical Unit, older adults
- Research and Audit liaison psychiatry opportunities – self-harm, MUS, older adults, dementia, delirium We can also help facilitate introductions to medical specialties if trainees want to do special interest sessions directly with them.
- Development and delivery of teaching and training in the understanding and practical management of psychiatric conditions to acute hospital nurses and doctors.

How will achievements be evidenced and evaluated

Identification of goals of special interest session at start, and review with trainer at regular

Contact details

Email- mahnaz.hashmi@nhs.net

Phone- 0121 371 2618/2619

2) Trainer & Post Information

Dr. Dhruva Bagchi

Liaison Psychiatry, Queen Elizabeth Hospital

Clinical Director, Urgent care in Psychiatry

What Special interests opportunities are available in this post

We can offer , within Liaison Psychiatry a specialist Clinical experience in

HIV Clinic, working with Psychiatrist and HIV specialists in an out patient set up ,

Psychodermatology clinic , a clinic with dermatologist and clinical psychologists in a clinic setting ,looking after patients with Delusional Infestations

ECT clinic: A separate service supporting management of severely ill patients across the age range. Offers assessment, review and treatment service.

I can also offer experience of service development and leadership experience, offering opportunities of shadowing in wider health system meetings. We are working with multiple agencies and teams to develop locally delivered services.

Research and QI projects: working with the research assistant, one can get involved in the departmental research works or develop their own projects in the areas of Acute and Urgent care psychiatry.

How will achievements be evidenced and evaluated

The clinical experiences will be demonstrated through activity logging, reflection and WBPA. Opportunities are available for research

Contact details

Dhruba.bagchi@nhs.net

07985882776

Oleaster Unit,
Edgbaston
Birmingham B15 2SY
01213012165

Medical education Special Interest
Post Graduate Medical Education

1) Trainer & Post Information

Trainer: Jayne Greening MMedSci, MMedEd FRCPsych
Consultant CMHT Solihull
Head of Post Graduate School of Psychiatry

What Special interests opportunities are available in this post

- 1 Medical Education research
- 2 Undiagnosed Adult Autistic spectrum disorder (ASD) in CMHT population

How will achievements be evidenced and evaluated

Regular supervision, written reports, production of material for publication or dissemination locally. Opportunity for WPBA's in leadership, teaching, DONCS

1. For those interested encouraged to apply for funding to achieve basic qualification in Med Ed
2. For those interested encouraged to apply for funding to gain competence in formal assessment of ASD

Contact details

Jayne.Greening@nhs.net

Lyndon Clinic
Winchcombe Road
Solihull
B92 8PW
121 3014800

2) Trainer & Post Information

Dr Kallol Sain
Consultant psychiatrist Osborn House CMHT
Clinical tutor BSMHFT

What Special interests opportunities are available in this post

Educational Special Interest Sessions

I am clinical tutor overseeing the Core trainees, GPVTS, FY trainees in BSMHFT. I also provide educational input to other Neighbouring trust (FTB, BCW, BCT) for core trainees in Birmingham cluster. My role as Clinical Tutor is manage and improve quality of post graduate training and I provide input to MRCPsych, Small group teaching, Mock CASC examination, Simulation training etc. During special interest sessions for ST, they have the opportunity to become involved in quality improvement projects, and PGME related work (policies and procedures, implementation of National standard etc). There are number of quality project on going (clinical and education supervision, Virtual PGME, engagement and training of Clinical supervisors. We are also planning to develop links to teach GPVTS trainees regionally.

How will achievements be evidenced and evaluated

Achievements are evaluated by WPBA, DONCs, completion of projects , poster presentation and implementation of the recommendations. These projects can be taken further as research if opportunities available. Trainees will be encouraged to register with post graduate Medical education or management diploma / module. They can integrate the work for their qualification those dipolams.

Contact details

Dr Kallol Sain
55 Terrace road , Osborn house, B19 1BP
Email : k.sain@nhs.net

3)Trainer & Post Information

Dr Fiona Hynes
Consultant Forensic Psychiatrist & Associate Medical Director – Medical Education

Educational Special Interest Sessions

I am responsible for ensuring the delivery and quality management of education and training for all post graduate doctors, and Undergraduate

Medical Students on placements within the Trust. I lead on strategic development for post graduate medical education in BSMHFT and lead on a number of educational projects including quality of supervision, experience of LTFT trainees within the trust teaching working with schools to increase exposure to psychiatry. I have published on communities of practice, technology and medical education and recruitment in psychiatry. I am now developing an interest in qualitative research.

How will achievements be evidenced and evaluated

WPBA

There is an opportunity to write papers on work completed and prepare abstracts for publication

Contact

fionahynes@nhs.net

Reaside Clinic 0121 3013046

Post graduate and under graduate Teaching and training

Dr Erin turner- Consultant Early Intervention service

A Teaching Trust of the University of Birmingham, College of Medical & Dental Sciences

National Centre for Mental Health – Birmingham
The Barberry
25 Vincent Drive
Edgbaston
Birmingham
B15 2FG

Job Title- Academy Teacher

Clinical unit- Clinical Teaching Academy for Psychiatry

Accountable to- Head of Academy (UoB)

Introduction to Department/ Speciality

The Clinical Teaching Academy (CTA) provides high quality clinical learning for undergraduate medical students in an environment where they can positively and continuously develop.

Job Summary

The purpose of the Academy Teacher is to ensure the development and delivery of a particular phase or clinical discipline within the CTA for Psychiatry and to contribute towards ensuring there is a positive environment in which continuous learning can take place.

Key Responsibilities

- To make a contribution to the undergraduate clinical teaching within the Clinical Teaching Academy, working in conjunction with the Head and deputy Head of Academy and the administrative team.
- To participate in the induction programme clinical skills sessions.
- To participate in the organisation and running of weekly tutorials.
- To participate in the formal assessment of undergraduates by completing end of rotation clinical case presentations.
- To participate in the writing of new examination questions (MCQs, OSCEs,GEC) as required.
- To contribute to small group teaching (MBChB years 1 and 2).
- To participate in CTA peer observation programmes.
- To participate in appropriate professional development relating to learning and teaching.



Productivity and work schedule

The expected productivity outputs will be agreed with the Director of the NHS Teaching Academy and the relevant Medical Service Director as part of the job planning process. The job plan will also outline the additional activities and when these activities will be undertaken.

General responsibilities

policies and procedures in the Trust, which establish standards of good practice and follow any codes of conduct, which are relevant to their own profession.

This job description is indicative of the responsibilities of the role and is not intended to provide an exhaustive list. This job description may be reviewed from time to time in light of developments and may be amended.

Contact: sian.ceasar@nhs.net

Psychiatry of Deaf- Deaf Service

Trainer & Post Information

Trainer: Dr Steve Carney, Consultant Psychiatrist - National Deaf Mental Health Service

This is one of 3 national specialised services in the UK for profoundly Deaf adults. The service provides inpatient and community services to one-third of England and South Wales. We are commissioned directly by NHS England.

Our patient population have mental disorders ranging across the field of psychiatry. Our MDT includes Deaf and hearing staff communicating with patients directly in their own language or via interpreters. We have a 12-bed inpatient unit, Jasmine Suite, at the Barberry. We hold regular clinics in Birmingham, Derby, Nottingham and Bath as well as visits elsewhere as needed. We work in support of local teams who must hold care coordination responsibility.

In addition to our day-to-day clinical work we are involved in the Deaf Advisory Group working on national issues such as CQUINs developing a Deaf accessible care plan and a bespoke communication tool.

What Special interests opportunities are available in this post

This is an opportunity to work in a unique environment. Observing the day to day work of the service across inpatient and community can offer insights into deaf awareness, language, emotional and social development that can be of benefit in returning to work with hearing patients. There is a need to work collaboratively with local services to ensure that as far as possible all needs can be met. This can often involve working creatively, adapting standard assessments and interventions to the clinical, communication and cultural needs of the Deaf person.

It may be possible to attend clinical and management meetings and possibly national meetings with other NHS and 3rd sector services. It may be possible to observe NHS England meetings.

There is a limited research base in the field of mental health and deafness and this may be something that can be considered

There are opportunities to work across all areas of the service with members of the multidisciplinary team.

As noted above we have an experienced multidisciplinary team including 1 Consultant Psychiatrist, 2 clinical psychologists, 1 OT, 2 CPNs, 1 day service manager and inpatient nurses. This includes 1 Deaf Deputy Ward Manager and several Deaf HCAs. The Deaf staff are incredibly valuable and we frequently rely on them more than hearing staff.



How will achievements be evidenced and evaluated

Regular supervision as required. Case-based discussions. Reflective writing.

Contact details

Dr Steve Carney
Consultant Psychiatrist
The Barberrry
25 Vincent Drive
Birmingham B15 2FG

0121 301 2454

s.carney@nhs.net

Psychosis and Rehabilitation

1) Trainer & Post Information

Trainer: Dr Bill Calthorpe FRCPsych Consultant South AOT and The Grove Avenue Inpatient Rehabilitation unit

I have been a Consultant working with patients with Severe and Enduring Mental Illness for 14 years in BSMHFT. I am also the Rehabilitation representative for the Royal College of Psychiatrists West Midlands division and have previous experience of medical management and leadership.

The special interest sessions could be with South Assertive Outreach Team based at Adams Hill and/or the Grove Avenue Psychiatric Rehabilitation Unit in Moseley. These teams serve the South area in Birmingham with a population of 330,000 people.

My AOT works with up to 120 clients with severe and enduring mental illness who have been difficult to engage and have had high use of in-patient services, often with significant risks and frequent co-morbidities.

The Grove Avenue unit works with clients again with SEMI but who have significant impairments in their activities of daily living and disabilities in other areas. There is a mixture of male and female service users and both detained and informal patients are catered for. Grove Avenue is a faster stream service with 10 beds and an expected length of stay of up to 18 months.

Both teams have input from nursing staff, pharmacy, psychology and OT. There is a Social worker and STR workers and a social inclusion co-ordinator within AOT, whilst Grove Avenue utilises SW input from the clients' community teams.

What Special interests opportunities are available in this post

Higher trainees will be able to spend time with either or both my teams getting practical experience of specialist inpatient Rehabilitation and/or the community and inpatient management of patients under a well-established AOT.

How will achievements be evidenced and evaluated

Achievements will be related to competencies in Rehabilitation and the management of SEMI eg:

To be able to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these

disease states in a variety of in-patient rehabilitation settings and also the community with AOT

Also the development of knowledge and practical experience of the use of Mental Health Act and Mental Capacity Acts and the role of Responsible Clinician

For each ILO the knowledge, skills, attitudes and relevant assessments will be as per the Competency Based Curriculum for General Adult and Rehabilitation Psychiatry with feedback in supervision and WPBAs.

Contact details

Email: w.calthorpe@nhs.net

Mobile phone: 07985882592

Secretary Ruth Lockhart: 0121 301 4360

2) Trainer & Post Information

I am Consultant Psychiatrist responsible for Assertive Outreach and in-patient rehabilitation for the whole of Solihull. AOT caseload is currently 50. The team works effectively to reduce acute admissions. I maintain responsibility for patients when they are admitted to acute wards. I am responsible for in-patient rehabilitation across 3 separate units covering 40 beds. Dan Mooney House is a 17 bedded high dependency unit for individuals with challenging behaviour, the majority of whom are detained under the MHA 1983. David Bromley House is a 13 bedded long term complex care unit: usually around a third of patients are detained under MHA1983. Responsibilities include chairing weekly MDTs and fortnightly referral meetings, undertaking assessments, preparing reports for and attending tribunals and managers hearings.

I was formerly Clinical Director for Solihull and Clinical Lead for NAIPs (rehab) and AOT. I stepped down from this post in August 2012 but maintain an active interest in medical management and would support the trainee in furthering their experience and knowledge of management. I have helped trainees to get publications in peer reviewed journals.

What Special interests opportunities are available in this post

Plenty of opportunity to improve experience and confidence in providing written and oral evidence at tribunals and managers' hearings under supervision. There will also be opportunity to complete audit and quality improvement projects.

How will achievements be evidenced and evaluated

WPBA's.

Number of tribunals attended.

Contact details

Dr Rob Evans

07985 882211

Robert.evans1@nhs.net

2) **Trainer & Post Information**

Dr Erin Turner

Consultant Early Intervention Psychosis Service

Maple Leaf Centre, Marston Green B37 7RW

What Special interests opportunities are available in this post

The trainee will have an opportunity to observe and facilitate assessments of young people with first episode psychosis (FEP). They will learn the principles of antipsychotic prescribing and physical healthcare in FEP. They will have the opportunity to work as part of an integrated team and attend group therapy sessions. They will be able to observe family therapy sessions and facilitate sessions if trained in this modality. They will learn the principles of formulation driven management and be able to take part in formulation meetings. They will be able to assist care coordinators in developing relapse prevention and staying well plan for patients.

The trainee will have ample opportunity to undertake WPBA and audit if required. The most suitable days for special interest sessions are Tuesday or Thursday

How will achievements be evidenced and evaluated

WPBAs

Regular supervision with Trainer

Contact details

Erin.turner@nhs.net

Psychotherapy

Trainer & Post Information

Trainer: Dr Simon Heyland

Consultant Psychiatrist in Medical Psychotherapy
Specialist Psychotherapies Service

What Special interests opportunities are available in this post

1. Psychodynamic psychotherapy - training in psychotherapy skills; allocation of a therapy patient or support for case-finding in the STs own post; weekly small-group supervision in preparation for seeing a therapy patient and throughout the duration of therapy.
2. Joining the medical student Balint group scheme as a facilitator – training in the Balint method; allocation of groups of medical students; fortnightly small-group supervision

How will achievements be evidenced and evaluated

Regular informal feedback during supervision. SAPE

Contact details

1. For psychodynamic psychotherapy - via trust psychotherapy tutor Dr Masud Awal- masud.awal@nhs.net
2. For the medical student Balint group scheme.
email- helen.campbell17@nhs.net

Quality Improvement

Trainer & Post Information

Trainer: Dr Nat Rowe – Hillis Lodge low secure unit
15 male inpatient beds, working with service users with complex forensic mental health needs. Great opportunity to learn about forensic rehabilitation, positive risk taking and reducing restrictive practices in a very effective multi-disciplinary environment

What Special interests opportunities are available in this post

Dr Rowe is also Deputy Medical Director for Quality Safety and there are many opportunities to gain experience in one of these areas across the Trust (including clinical effectiveness, physical health, reducing restrictive practices, learning from deaths), relating to quality improvement, policy development, mortality case note reviews or other opportunities . Dr Rowe is also a Quality Improvement Coach and is involved in a number of QI projects- she can therefore offer support to trainee to gain experience in this area

How will achievements be evidenced and evaluated

Many opportunities to complete work place based assessments, to have supervision of specific projects and support with reflective notes on these activities.

Contact details

Dr Nat Rowe:
Hillis Lodge: 0121 310 4101
Renarta.Rowe@nhs.net

ADHD

Trainer & Post Information

Trainer: Dr Paritosh Sharma, Consultant Psychiatrist and Clinical lead BSMFT Adult ADHD service.

What Special interests opportunities are available in this post

-

How will achievements be evidenced and evaluated

-

Contact details

Paritosh.sharma2@nhs.net

No opportunity available at present .Service is undergoing changes so full information would be available by August 2020 when an opportunity might arise.

Appendix 1
CONTRACT PROFORMA
TO BE COMPLETED BY THE APPOINTING MANAGER

PERSONAL DETAILS (PLEASE PRINT IN BLOCK CAPITALS USING BLACK INK)		
NAME		
ADDRESS		
POSITION WITHIN TRUST	SPECIALIST INTEREST	
WORK BASE		
STAFF GROUP		
DIRECTORATE		
REPORTING TO		
POST DETAILS		
DATES OF CONTRACT	FROM	TO
BRIEF DESCRIPTION OF DUTIES COVERED		

CLEARANCES	
PROFESSIONAL REGISTRATIONS VERIFIED (IF APPLICABLE)	
DBS EXPIRY DATE	
REFERENCES RECEIVED	
OCCUPATIONAL HEALTH CLEARANCE RECEIVED	
LINE MANAGER	
NAME OF THE RESPONSIBLE OFFICER FOR REVALIDATION	
LAST APPRAISAL DATE	
LINE MANAGER SIGNATURE	



DATE	
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RETURN TO: MEDICAL WORKFORCE DEPARTMENT
EMAIL-leonora.johnson1@nhs.net



Appendix 2

ESR - Non-Payroll Data Capture Form – New Starters

Personal information Items marked * are Mandatory

*Surname: _____ *Forename(s): _____

Preferred Name: _____ *Title: _____

*Date of Birth: _____ *NI Number: _____

*Address: _____ *Town: _____

*Postcode: _____ *Phone Number: _____

*Next of Kin contact name and number: _____ / _____

Role Information

Volunteer: Job Title: _____ *Team: _____

External Partner:
(eg Social Worker) *Location: _____ *Department: _____

Agency worker/
Contractor Trust Contact Number: _____ *Trust Manager: _____

Student: *Start Date: _____ *End Date: _____

Honorary: *Cost Centre: _____

Work Experience/
Placement:

Agency Workers Only: *Must Be Completed*

*Agency Employed By: _____

*Hourly/Daily Rate (Delete as applicable) (£) _____

Signatures

Signature: _____ Date: _____

Authorising Trust Manager: _____ Date: _____

Office Use Only

Assignment Number: _____

Sign and Date:

Please return signed and dated documents to the ESR Team - Team.ESR@bsmhft.nhs.uk or via internal/external post to B1, Trust HQ.

Once this has been completed, you will also need to complete an ICT Network Access Form in order to obtain your log-in credentials please return to the ICT Service Transition Team at Northcroft.

All sections of the form which are marked with an * must be completed, if these details are not provided then the forms will not be processed by our team and your network access will not be granted.