

Trainee News

March 2021

HEE Covid-19 Resurge Guidance

Keep up to date via our the Covid-19 page on our website
[HEE website Covid-19 page](#).



Video Message from Prof Simon Gregory

Deputy Medical Director, Primary & Integrated Care, HEE

The link below will take you to the first of our new regular films for Doctors in Training



[Link to film on](#)



[Link to Tweet](#)

Internal Medicine Training Year 3 (IMY3) Update – FAO All IMY2 trainees

The IMT training programme is designed to prepare trainees for the role of the medical registrar. There is a critical progression point at the end of the second year (IMY2) to ensure trainees have the required capabilities and are entrusted to 'step up' to the medical registrar role in IMY3. For most, trainees will be entrusted to manage the acute unselected take and manage the deteriorating patient with indirect supervision. For a few, this will be for a period of time in a supportive training environment with the supervising physician readily available.

Work has been ongoing across the Midlands region to develop training placements for the IMY3 training year and there will be a new preferencing/selection process in IMY2 to allocate trainees to IMY3 training placement from August 2021. The Midlands Region is split into East and West so the choice of IMY3 post preferences will be restricted to the same section of the region that your IMY2 post is currently based. Therefore, if you are based in the West you will only be eligible to preference West Midlands IMY3 placements and vice versa.

Further information on the preferencing/selection process will be circulated in **February 2021** to all current IMY2 trainees, this will provide details of actions required and deadlines which you will be required to meet.

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Trainee News contd. . . *Health Education England*

March 2021



Free Wellbeing and Resilience sessions – starting next Thursday!

We understand the difficulties being faced by clinical staff during Covid, and with this in mind have commissioned a variety of sessions for trainees on Wellbeing and Resilience. A full list of all available sessions is shown below – some are just an hour long, and we've pitched them at lunchtime or at the end of the day, hoping these might be easier to get to.

All the sessions will be available on Course Manager – if you don't have an account, you can register in just a couple of minutes. If you have any difficulties registering, please email the team on FacultySupport.em@hee.nhs.uk for assistance with registration.

Date	Title and link to book your free place
8 March from 1-2pm	Wellbeing and Resilience – including leaving work at time, making changes that last
10 March	Mental health and wellbeing
11 March	Practical ways to boost resilience
15 March from 1-2pm	Wellbeing and Resilience – including nutrition and sleep
17 March	Wellbeing and Resilience
23 March	Resilience and wellbeing strategies for tough days

Junior Doctor Leadership Opportunity HLA Scholarship

The Healthcare Leadership Academy are delighted to announce that applications for 2021-22 scholarships will open on 1st March 2021 and close on Wednesday 31st March 2021 at 12 noon GMT.

[Follow this link for more information](#)

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