

F2 Foundation Newsletter

December 2021

Careers/ Opportunities

The Medical Council on Alcohol QiP prize

Please see flyer attached

In case of interest, please find attached a flyer about the Medical Council on Alcohol's 2021 Quality Improvement Prize.

Online links

Link to the flyer here: https://www.m-c-a.org.uk/documents/2021_qi_prize

Webpage link here: https://www.m-c-a.org.uk/education/medical_students/competitions

The competition opened on 1 November 2021 and closes on 31 January 2022. The prize is open to all medical trainees working in the UK.

GP Portfolio careers: leadership, sports medicine and dermatology

2 December 2021

19:00 - 20:30 BST

via ZOOM

Free to attend for members

Join our panel of speakers on 2 December at 19:00 to find out about different roles you can take on in primary care as a portfolio GP.

This session will focus on leadership, sports medicine and dermatology with opportunity to ask any portfolio career related questions from the experts.

All the information on the event and for booking is via the link below.

<https://rcgpportal.force.com/s/lt-event?id=a1U1i000008ZDofEAG&site=a0d1i00000aKQbhAAG>

Core Surgical Training 2022 Application Webinar

Please see attached flyer

Careers Fair Feedback

Following the careers fair held W/C 18 October we would welcome your feedback if you accessed the resources through the week.

Please leave your feedback at the link below. This survey will close on 9th January 2022.

<https://healtheducationyh.onlinesurveys.ac.uk/virtual-careers-fair-feedback-2021>

FY3 Career Options Webinar

As part of the Career Tutor Group for the Central Foundation School, HEE West Midlands, we are organising a FY3 **Career Options Webinar**. Everyone is invited to hear from our speakers about various out of training job options and their experiences. There will be time for questions at the end and a certificate of attendance will be provided. If you have any question about the Webinar, please do not hesitate to contact me via moethaw.oo@nhs.net or Dr Yimeng Zhang (yimeng.zhang@nhs.net).

Monday 17th January 2022

Time: 6pm-7:30pm

Talks:

JSD: a World of Opportunities

Harriet Marsland

The “Reality” of a Year in a Clinical and Simulation-Based Education Fellowship

Alex Hackney

Postgraduate Qualifications & the Opportunities That They Create

Megan Parsons

Down Under with Manj: Training Abroad

Manjinder Brom

Research Abroad: the Opportunities and the Hurdles

Vijaytha Muralidharan

Join via MS Teams:

https://teams.microsoft.com/l/meetup-join/19%3ameeting_MjYwMTVIYTYtZWU4MC00MzhhLWI5NDQtYTQwMjJIOGI0MmIw%40thread.v2/0?context=%7b%22Tid%22%3a%2237c354b2-85b0-47f5-b222-07b48d774ee3%22%2c%22Oid%22%3a%2261b88584-3854-4653-9cd4-000f958f33dc%22%7d

Royal College of Paediatrics and Child Health - Foundation Doctor Prize 2022

Please see attached letter

It's the time of the year again when the College requests all Foundation Schools to nominate their most outstanding Foundation Doctors with an interest in Paediatrics for the RCPCH Foundation Doctor Prize 2022.

If you are interested in applying, please submit a personal statement to explain why to Facultysupportteam@hee.nhs.uk by 30th January.

Other Information

UKFPO Update - Curriculum / e-portfolio

Please find attached the following guidance:

- Summary Narrative factsheet (PDF)
- Examples of summary narrative for HLO 1 (PDF)
- Examples of summary narrative for HLO 1 and 2 (PowerPoint slides)

The first two documents are also available on our website on the curriculum page under Topic 8: <https://foundationprogramme.nhs.uk/curriculum/new-uk-foundation-programme-curriculum-2021/>

Various guidance and videos are also available on the 2021 curriculum page, e.g.: SLEs / PSG / LEARN form, and it might be worth reminding trainees of these resources as they near the end of their first placement.

Bulletin

The latest bulletin from Tony Choules is on our website, which focuses on the PSG and summary narrative.

<https://foundationprogramme.nhs.uk/ukfpo-bulletin-23-november-2021/>

Postgraduate Virtual Learning Environment - Foundation Training Resource Hub

All Foundation trainees in the West Midlands have now been registered with an account on the HEE PGVLE platform.

This platform has been setup with a purpose to improve learning for Foundation Doctors across the region. The platform has a large amount of resources which will be helpful in your training.

- Live events
- Mental Health Learning Resources
- Procedures
- Radiology Learning Resources
- Wellbeing

Please make sure you access this as soon as you can to make use of the training modules and helpful learning resources. We will be requesting feedback on the platform in future to see how we can improve the platform.

You should have received an email directing you to the log in page. Please go to <https://pgvle.co.uk/login/> and use the login details provided to you on email.

If you have not received an email please contact facultysupportteam.wm@hee.nhs.uk

Foundation elearning programme update December 2021

Most doctors feel stress at some time in their working lives. How do you recognise it in yourself and/or in your colleagues? What are your options to deal with it?

Available in elearning for healthcare's [Foundation Programme](#) (2021 curriculum) - these sessions cover areas in your curriculum on; FPC 4: Communication and Care, FPC 5: Continuity of Care, FPC 6: Sharing the Vision, FPC 7: Fitness to Practise, FPC 8: Upholding Values and FPC 11: Ethics and Law:

- [Stress - Mental Health](#)
- [Health \(Blood Borne Infection\) and Handling Stress](#)
- [An Underperforming Colleague - What To Do](#)
- [Stress – Bullying](#)
- [Introduction to Patient Safety](#)
- [Quality and Safety in the NHS](#)
- [Raising Concerns About Patient Safety](#)
- [Team Working and Patient Safety](#)
- [Clinical Governance](#)
- [Outcomes and Patient Experience](#)

You can [sign in to the elearning](#) with your login supplied by elearning for healthcare at any time during your foundation training.

Horus and Turas have deep links to elearning for healthcare sessions from the Foundation curriculum and therefore accessible to all trainees, making it quicker and easy to access the appropriate session linked to the curriculum.

SCRIPT elearning for Foundation schools

The SCRIPT elearning programme was developed by the University of Birmingham and OCB Media and commissioned by Health Education England. The elearning programme has been designed to encourage safe and effective prescribing and optimal medicines management among healthcare professionals.

The resources for Foundation doctors are delivered through a dedicated learning platform, specifically designed to help improve the prescribing competency and safety of trainees.

A module usually takes approximately one hour to complete but does not have to be completed in one sitting. Content has been authored by a team of expert healthcare professionals and is reviewed and updated on a regular basis.

You can read more about the SCRIPT elearning programmes [on the safe prescriber website](#).