

F1 Foundation Newsletter

January 2022

Prescribing Safety Assessment

Dates for 2022

The dates have been set for 2022 PSA.

Re-sit dates:

Monday 14th March 2022 – 1pm – 3pm

Friday 29th April 2022 – 1pm – 3pm

First sit dates:

Tuesday 6th September 2022 – 1pm – 3pm

HEE will liaise with PG Centres and arrangements will be made with you individually if you need to sit this exam.

Careers/ Opportunities

Career Workshops

We now have dates available to book for F1 trainees to attend Career Workshops between February and May 2022.

Places are first come first served and available across the Midlands so in order to secure a place on one of these excellent workshops please book your place as soon as possible.

Links to book are all available in the attached and on our website at the link below:

<https://www.westmidlandsdeanery.nhs.uk/support/trainees/careers-support/foundation-trainee/foundation-careers-training>

Postgraduate Virtual Learning Environment - Foundation Training Resource Hub

All Foundation trainees in the West Midlands have now been registered with an account on the HEE PGVLE platform.

This platform has been setup with a purpose to improve learning for Foundation Doctors across the region. The platform has a large amount of resources which will be helpful in your training.

- Live events
- Mental Health Learning Resources
- Procedures
- Radiology Learning Resources
- Wellbeing

Please make sure you access this as soon as you can to make use of the training modules and helpful learning resources. We will be requesting feedback on the platform in future to see how we can improve the platform.

You should have received an email directing you to the log in page. Please go to <https://pgvle.co.uk/login/> and use the login details provided to you on email.

If you have not received an email, please contact facultysupportteam.wm@hee.nhs.uk

Digital Fellows – Call for Volunteers - Deadline 14 January 2022

We are looking for volunteers to help develop the Post-Graduate Virtual Learning Environment (PGVLE) Teaching platform to both host and store teaching materials for Foundation trainees in the West Midlands. The aim is to enhance the education of Foundation trainees. This platform was initially developed in early 2020 for West Midlands surgical specialties and is now growing to thousands of users.

What we propose is that you become a Digital Teaching Fellow for the Foundation Program. We want to build a faculty of enthusiastic trainees to guide the development of the resource for Foundation. We recognise that Foundation training needs are unique and feel that it would be best guided and supported by dynamic Foundation trainees.

This post will be an honorary post. It has been agreed that we can provide you with the honorary title of “Foundation Digital Teaching Fellow HEE WM” whilst you are participating in the initiative.

It would be highly commendable to participate in what is an exciting and worthwhile project, particularly at such an important and challenging time for the NHS and particularly trainees in training. The taking part in this piece of work will also be an interesting and valuable asset to your CV in the future.

It may particularly interest you if you are currently needing to work remotely even for a short period of time, but the application is open to all trainees.

Your contribution is much appreciated, and you will find further details on duties below. Please respond to facultysupportteam.wm@hee.nhs.uk with a short statement noting your interest by **Friday 14 January 2022**

Fellowship Description of Duties

As a DTF your role includes supporting the ongoing management and development of the Virtual Learning Environment for Foundation. This will include:

- Coordination of courses and resources on a local/regional scale
- Platform evaluation and development
- Quality assurance and audit
- Administrative support and responsiveness.
- Broad engagement and negotiation with trainers and trainees

Your area of work will be focused on your specific training programme, however as part of the team you will be engaging with all specialty groups and certain duties will overlap.

Fellowship Period: 12 Months

Opportunities

This fellowship offers a supported way for those with an interest in education, leadership and innovation to enhance their CV in the most altruistic way i.e. to facilitate and enhance the learning experience of those around them.

During the course of your fellowship, you will have responsibility for strategic development of your specialty environment which will allow you to develop as needed for yourself and your peers within the developing governance framework of the VLE.

Organisation

Dr Sanjay Gupta will be heading this fellowship and will be the primary point of contacts during your fellowship.

Royal College of Paediatrics and Child Health - Foundation Doctor Prize 2022

Please see attached letter

It's the time of the year again when the College requests all Foundation Schools to nominate their most outstanding Foundation Doctors with an interest in Paediatrics for the RCPCH Foundation Doctor Prize 2022.

If you are interested in applying, please submit a personal statement to explain why to Facultysupportteam.wm@hee.nhs.uk by **30th January**.

Events

TIPS QI Foundation Session

Please see flyer attached

National TIPS QI Foundation Session - 27th January 2022

Dear Foundation doctors,

TIPS QI run the QI training for the North West of England School of Foundation Training and Physician Associates

Check out our website: <https://tipsqi.co.uk/>

Want to know more about how you as a trainee can improve your patients' safety by improving aspects of their care or the system?

Not sure what the difference between audit, research and quality improvement is?
Wondering how to complete a QI project?

Join us virtually for an evening of learning about quality improvement methodology and how this can empower trainees to have a voice and make work-based improvements to patient safety. We will equip you with some concepts and tools to help you brainstorm, plan and execute your own QI project!

The evening is aimed at Foundation doctors nationally. Spaces are limited (free) so book early to avoid disappointment!

Sign up at <https://www.eventbrite.co.uk/e/national-tipsqi-event-tickets-220164577177>

Looking forward to meeting you,

Gary Jevons and Mila Roode

TIPS QI Faculty

National Foundation Drs Presentation Day (NFDPD)

National Foundation Doctors Presentation Day 2022 Virtual Conference - Friday 28th January 2022

Registration for NFDPD is open!

Successfully shortlisted oral and poster presenters have been invited to register already, but general delegates are now welcome to register as well.

Please register via the online form:

<https://healtheducationyh.onlinesurveys.ac.uk/nfdpd-2022-registration>

PGVLE Interactive session - Managing Complaints and Revalidation for ARCP

Tuesday 22nd February 2022 via MS Teams

Please register at this link <https://forms.office.com/r/zS634Dt5ew> and see flyer below

Foundation PGVLE Interactive Session – Managing Complaints and Revalidation for ARCP Tuesday 22 February 2022 6pm



Interactive Session on Managing Complaints for ARCP and Revalidation

Complaints are common in medical practice. Joins us for an hour long (virtual) interactive session with Dr Manjit Ubhrai (add current title and credentials) to learn more about impact of complaints on ARCP or Revalidation and how to deal with them to comply with good practice and GMC expectations. Suitable to collecting evidence from FPC 2, 11, 12.

The session is free to attend but you need to register. Certificate will be issued after confirming attendance.

Professionals Together – Please Book Your Place

Please see flyer attached and last year's feedback

This is a free scheme that supports the wellbeing of F1 doctors. Sessions are held virtually for 1 hour via Zoom.

Professionals Together is an award-winning scheme designed to support FY1 doctors across the West Midlands in making the transition from student to practitioner. It combines

short TED style presentations, small groups discussions and near peer support as various aspects of professional wellbeing are explored and discussed.

The scheme is delivered by a faculty of senior clinicians representing 12 specialties across primary and secondary care who donate their time in order to be a supportive presence and create a safe space to navigate life as a doctor. Currently it remains necessary to adopt a fully online format, but in due course we hope to return to providing a free meal as part of an in-person structure. The scheme always evaluates well (see attached), and we look forward to sharing the experience of processing life in medicine with a new cohort of doctors this year.

The attached flyer gives details of dates and how to sign up.

Dates: October 2021- June 2022

Please email Facultysupportteam.wm@hee.nhs.uk to book a place

NACT & UKFPO Sharing Best Practice Day 2022

The UKFPO and NACT UK are again hosting the annual 'Sharing Best Practice' day on **Thursday 17th March 2022** at the Macdonald Burlington Hotel, Birmingham. (Hoping this will be face to face meeting but will have to wait and see).

Previous year's evaluation from the delegates suggested that having the Foundation School "Best Educational Innovation" was much appreciated and worked well.

In view of this we would like to ask you to nominate your top project of 2021/22 to share and present at this meeting and Foundation doctors are also encouraged to share best practice.

- Submissions are welcome from anyone involved in supporting the training of foundation doctors
- We will be short listing the abstracts submitted for poster presentations as well.
- Please could this be cascaded through to your networks

Please find attached the registration form (Reg Form FPSE) and flyer (FP Sharing Call for papers). The deadline for submission of abstracts is **5pm Wednesday 22nd December 2021**.

For further information, please contact the NACT UK office: office@nact.org.uk

National Academic Foundation Programme Conference,

SAVE THE DATE: Bristol - Saturday 11th June 2022

Please see flyer attached

We are excited to announce that Bristol will be hosting the UKFPO national conference 2022. We hope this event will be of immediate practical assistance to anyone following an academic career path. Themes of academic research, education and leadership training will be included. There will be a focus on you, as trainees, and it will offer opportunities to present your research and network with your peers and senior academics.

Further details about the event, including how to register, will follow.

Who should attend?

The conference will be trainee-centred and will be of interest to academically minded medical students, foundation trainees and any faculty or more senior colleagues who are involved with academic foundation training. We hope the event will be of immediate practical assistance to any colleague following an academic career path, and those who are advising them. Themes of academic research, education and leadership training will be included. Further details will be sent out in due course.

Other Information

F2 Swaps Policy

The Foundation Year 2 swaps policy for 2022 has now been updated.

The window for this year will be open from 3 January 2022 until 14 January 2022, and allocations will be made from the 17 January onwards.

The forms and policy are on the Deanery website to view here

<https://www.westmidlandsdeanery.nhs.uk/foundation/general-information>

Simulation Training Virtual Reality Scenarios – Oxford Medical Simulation

Please see flyer attached

Your trust will be setting you up with access to this Virtual Reality Training. As an F1 trainee you will have access to 10 scenarios. VR Simulation provides repeatable, on-demand experiences to let you practice assessing and managing of virtual patients, no matter where you are.

Please ensure you log in to access this excellent resource as soon as possible.

OMS Trainee Webinar

If you missed this webinar you will be able to access the recording on the PGVLE.

Foundation elearning programme update January 2022

The Mental Capacity Act (MCA) and Deprivation of Liberty Safeguards (DoLS) are central to inpatient care. The MCA protects the rights of vulnerable people and this group of sessions cover topics such as assessing capacity, consent, patient autonomy and safeguarding.

Available in elearning for healthcare's [Foundation Programme](#) (2021 curriculum) - these sessions cover areas in your curriculum on; FPC 1: Clinical Assessment, FPC 2: Clinical Prioritisation, FPC 3: Holistic Planning, FPC 4: Communication and Care, FPC 5: Continuity of Care, FPC 6: Sharing the Vision and FPC 11: Ethics and Law:

- [Assessing Mental Capacity](#)
- [Planning Ahead Using the MCA](#)
- [Best Interests](#)
- [Restraint](#)
- [Deprivation of Liberty](#)

- [Patient Autonomy and Related Ethics](#)
- [Safeguarding Vulnerable Adults](#)
- [Confidentiality and Privacy](#)
- [Keeping the Patient at the Centre of Care](#)
- [Seeing the Whole Picture](#)
- [Family Dynamics Affecting Discharge](#)

You can [sign in to the elearning](#) with your login supplied by elearning for healthcare during your foundation training.

Horus and Turas have deep links to elearning for healthcare sessions from the Foundation curriculum and therefore accessible to all trainees, making it quicker and easier to access the appropriate session linked to the curriculum.