

MiniCEX: Major presentation: Anaphylaxis

Trainee's Name:

Firstname Lastname

Trainee's GMC:

GMC Number

Assessor*:

Assessor GMC number*:

Grade of Assessor*:

- ☐ Consultant
- ☐ SASG
- ☐ ST4-6
- ☐ Other

If other, please specify:

Assessor email*:

Date of observed clinical encounter*:

04/09/2019



Case discussed (brief description)*:

Initial approach

Expected behaviour:

- ABCDE approach
- Asks for vital signs including SPaO2, blood sugar
- Requests monitoring
- Recognises physiological abnormalities and signs of anaphylaxis
- Secures IV/IO access

Outcome*:

- ☐ Successful
- ☐ Unsuccessful

History

Expected behaviour

- Obtains targeted history from patient
- Obtains collateral history from friends, family, paramedics- incl. PMH
- Recognises the critical symptoms, and symptom patterns and considers potential triggers
- Recognises the importance of key treatment before necessarily getting all information
- Obtains previous notes

Outcome*:

- ☐ Successful
- ☐ Unsuccessful

Examination

Expected behaviour

Detailed physical examination which must include physical signs that confirm presence/severity of anaphylaxis:

- Pharyngeal/laryngeal oedema
- SOB, bronchospasm, resp' distress
- Tachycardia, hypotension, shock
- Skin/mucosal changes

Maintains privacy and dignity throughout

Outcome*:

- ☐ Successful
- ☐ Unsuccessful

Investigation

Expected behaviour

Asks for appropriate tests-

- VBG/ABG and lactate
- FBC,
- U&Es,
- clotting studies,
- LFTs
- Tryptase, C1 esterase inhibitor etc
- ECG,
- CXR

Outcome*:

- ☐ Successful
- ☐ Unsuccessful

Clinical decision making and judgement

Expected behaviour

Forms diagnosis that distinguishes between:

- Simple allergy
- Anaphylaxis
- Anaphylactic shock

Uses history and examination findings to discriminate between these states and consider alternative diagnoses

Recognises immediately life-threatening features

Makes timely decisions and anticipated necessary interventions

Appropriate and timely use of key interventions:

- Airway interventions
- High flow oxygen
- Nebulised salbutamol
- Adrenaline
- IV/IO fluid bolus
- Steroid and antihistamines

Monitors, reassesses and reviews effect of the interventions

Identifies appropriate level of care required

Outcome*:

- ☐ Successful
- ☐ Unsuccessful

Communication**Expected behaviour**

- Effectively communicates with both patient and colleagues
- Effective/appropriate degree of leadership
- Gives clear instructions, listens to other views
- Gives structured handover

Outcome*:

- ☐ Successful
- ☐ Unsuccessful

Organisation and efficiency**Expected behaviour**

Makes good progress with case

Outcome*:

- ☐ Successful
- ☐ Unsuccessful

Overall plan**Expected behaviour**

- Identifies key clinical features
- Stabilises and prepares for further investigation, treatment and admission
- Considers referral to allergy specialist and allergy reporting where appropriate

Outcome*:

- ☐ Successful
- ☐ Unsuccessful

Professionalism**Expected behaviour**

- Behaves in a professional manner
- Respects confidentiality

Outcome*:

- ☐ Successful
- ☐ Unsuccessful

Overall Outcome

If any of the above outcomes are "Unsuccessful" then the overall outcome will be "Unsuccessful".

Overall Outcome*:

- ☐ Successful
- ☐ Unsuccessful

Things done particularly well:

Learning points:

Action points:

Assessor Name*:

Assessor Designation / Job Title*:

Assessor Registration Number (e.g. GMC, NMC, GDC):

Assessor Email Address*:

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