

Health Education England West Midlands School of Paediatrics Newsletter

August 22 Edition

Editor: Dr Alex Philpott – Head of School

Please note that the deadline for submission of content for the monthly newsletter is the 20th of each month.

Please only send content requests to faculty.supportteam.wm@hee.nhs.uk

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Message from Head of School

Welcome to the August School of Paediatrics Newsletter.

I always think that August is a strange month for paediatrics:

Many ARCPs will have been completed and individual plans are now in place for the next step in training.

For many of our doctors in training, it's the end of a training year and it's time to say goodbye to friends, colleagues and even patients and families.

Those who have achieved an outcome 6 at ARCPs may be taking up consultant posts within region, or further afield.

Those lucky enough to have annual leave, a welcome break is calling – time spent with friends and family – or even some valuable time spent alone. But for those who have already had their annual leave it might be a busy time at work covering rotas. There is sadness that some of our Paediatric Trainee committee are stepping down but excitement to meet some new committee members soon.

We hope that Paediatric wards are quiet as the winter virus season is yet to come but, with in the topsy-turvy world we are currently working in, we are all aware that this hasn't been the case this year!

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And looking forwards, hovering 'outside' the School are the brand new doctors in training, eagerly waiting to join us

Paediatrics is truly a multi-disciplinary speciality and I know that every team member I have worked with over my career has taught me something valuable. This holds true for many of my patients and their families.

We are very lucky to have skilled 'non-medical' colleagues who support us with in our training and make us better paediatricians, and I know that when you are saying 'goodbye' and 'thank you', its going to be to the wider team.

For those of you who I will be saying 'good bye' to as Head of School, I congratulate you and wish you all the best for your careers. May they be long and happy. I look forwards to working with you all in the future.

See you all in September.

PS – don't forget your PAFTA nominations

TPD - ST1-3	Clare Onyon	Clareonyon@nhs.net
TPD - ST4+ -8	Matt Cawsey	matt.cawsey@nhs.net
TPD- Quality Assurance	Sagarika Ray	Sagarika.ray@nhs.net
TPD- Teaching programmes	Penny Broggio	penny.broggio@hee.nhs.net
TPD - Neonatal Teaching Programmes	Rob Negrine	rjsneg@doctors.org.uk
TPD - Assessments	Sarah Ellis	Sarah.Ellis@uhcw.nhs.uk
TPD - General Simulation	Annabel Copeman	acopeman@nhs.net
TPD - Neonatal Simulation	Matt Nash	Mnash1@nhs.net
TPD – Digital Strategy	Narasimha Rao	narasimha.rao@nhs.net

Media Information

Postgraduate doctors website: www.westmidlandspaediatrics.com

If you would like to add something to the website or feel that you have a topic or group that would benefit from a webpage, then please let the WMPaeds Trainee Committee know.

Email address: westmidlandspaediatrics@gmail.com

Twitter account: @WMPaeds

Facebook page: Paediatric postgraduate doctors in the West Midlands

NB: Please apply directly to join the Facebook Group and answer the security questions.

Inviting others to join prevents people from joining, as they do not have access to the security questions.

Request for shortlisters Paediatric National Recruitment 2023

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We require **Paediatric Consultants** to help with the shortlisting process of these recruitment rounds. As a shortlister you will be required to review applications and score using a scoring matrix (full guidance will be provided)

Shortlisting will take place during the following timeframes:

ST1 National Paediatric Training - Tuesday 20th December 2022 - Friday 13th January 2023

ST3 & ST4 National Paediatric Training - Tuesday 17th January 2023 - Wednesday 15th February 2023

During the shortlisting window you will be allocated a set number of applications to shortlist. You do not need to be available for the whole shortlisting window but you will need to ensure all applications allocated to you have been shortlisted by the window close date. This is important to ensure we can keep to the Recruitment timeline.

If you are a Paediatric Consultant and willing to assist in this please use the links below to sign up:

ST1 National Paediatric Training - <https://forms.office.com/r/aQpfdTFyPK>

ST3 & ST4 National Paediatric - <https://forms.office.com/r/9RShR0wd1Q>

Please feel free to forward this email to any Paediatric Consultants you may think would be interested in helping.

Thank you all for your support in making Paediatric National Recruitment a success.

Any queries please do not hesitate to get in touch

PaedsNRO@hee.nhs.uk

Trainee Clinics

Trainee Clinics are continuing within the School of Paediatrics giving all postgraduate doctors the opportunity to request a 20-minute virtual meeting with a Training Programme Director or Head of School. This is a forum intended for discussing careers (e.g. GRID/SPIN), exams, discussion about OOPs or LTFT and other situations. In previous years we have highlighted these clinics as useful for ST2 trainees who wish to discuss careers and would be keen to do this again.

In addition, we would like to meet with everyone who is going to be completing ST4 in summer 2023 to discuss where you move next – core or subspeciality training.

These appointments are not an opportunity for detailed E-portfolio review as this should remain something that is undertaken with your educational or clinical supervisor.

If you would like to request an appointment, please complete this form
<https://forms.office.com/r/QvFKeP5fAW>

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The Faculty Support Team will then be in touch to book you an appointment should that be appropriate from the information you provide.

Please note there isn't an August clinic and clinics will resume on 29th September.

Dr Vishna Rasiah Awards 2022

We would like to acknowledge all the trainees who were nominated this year and for all the contributions that have inputted.

Winner: Dr Ayaz Vantra

Runner up: Dr Haritha Rao

Highly commended: Dr Sanah Ali and Dr Victoria Collis

Well done to you all!!

West Midlands Paediatric Trainee Committee Update:

Updates from the Trainees Committee

Well done to all those who have gone through the ARCP this month and we hope you all got the outcome you hoped for. Here are some updates from the trainees committee:

Peer mentoring programme for trainees

Dear trainees,

We are looking forward to launching our peer mentoring programme into another academic year. We are happy to welcome Satwant Kaur who is joining our team. Having been involved in the previous mentoring programme as a mentee, Satwant is passionate about mentoring and trainee wellbeing.

We will soon be getting in touch with existing mentors to review their availability in view of the potential demand due to the new batch of ST1 trainees joining us in September. If you are interested in becoming a mentor, please email us at wmpaedmentoring@gmail.com

Satwant, Elke and Siva

Trainee Committee Representative positions available from September 2022:

After two years of representing West Midlands paediatric postgraduate doctors in training some of our trainee committee are stepping down. Come and join our enthusiastic team and represent your cohort! Posts typically last 2 years.

The following positions will be available from September 2022:

ST4-8 Rep - 2 posts available

LTFT Rep - 3 posts available

Academic Rep - 1 post available

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Teaching Rep - 1 post available

Current committee members are happy to answer questions or queries if you're interested. Further information included in the attached flyer and via the Trainee Website. Applications via this link: <https://forms.gle/1Hkw1ao42zYa8fje7>

Deadline for applications: 31st August 2022

 [WM Paediatric Trainee Committee Recruitment 202...](#)

PAFTAs 2022

It's that time of year again when we can show our appreciation and gratitude for hard work and excellence throughout WM Paediatrics. Nominations are welcome in the categories below. There is no limit to the number of nominations you can submit so get spreading the love! More information on the Trainee Website.

Link: <https://forms.gle/3kA6cE4EqGN4ZYss8>

Deadline for nominations: 5pm on Friday 26th August 2022

The PAFTA award ceremony venue and date is currently TBC - watch this space!

Getting in touch:

Just a reminder that you can contact us via the 'contact us' function on the website at www.westmidlandspaediatrics.com or via email to: westmidlandspaediatrics@gmail.com The trainee representatives maintain a committee on-call rota so please be assured we will act on emails and communications promptly.

IMG Support Network (IMGSN) Update:

IMG trainees

Our IMG representative, Anu, will be organising a virtual session on using Kaizen. This is particularly helpful to understand how to make the most of the portfolio system and how it can be used to prepare for appraisals or applications. If you are interested in attending this session, please email wmimgpaediatrics@gmail.com

Paediatric IMG Group

To all IMG trainees, we are looking for a few IMG trainees to join Anu (the IMG representative) and make plans for future projects. This is a good opportunity to develop organisational, leadership and communication skills.

If interested, please contact on wmimgpaediatrics@gmail.com

Please see below some other very useful resources:

Webinar IM Induction Launch - [YouTube video of today's programme Learning package](#)

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A guide to induction for IMGs recruited to the NHS, with generic and specialty specific content - [Print document](#)

West Midlands Adolescent Health Network

Are you interested in improving your skills when managing young people? Have you been told to improve your local transition pathways and don't know where to start? Does trying to remember what all the S's in a HEEADSSSS assessment stand for leave you feeling flustered?

We are a group of paediatric postgraduate doctors who are looking to increase the links between the health professionals in the region with an interest in adolescent health. We are initially looking for interest within paediatrics but over the next few months hope to grow the network to include other specialties and allied professions and aim to host monthly educational/networking events, via Zoom initially but hopefully graduating to regular face-to-face events.

If you're interested in taking part, whether your grade is ST1 or professor, please get in touch via wmadolescent@gmail.com.

We look forward to hearing from you!

Upcoming Meetings and Courses

Softlanding Induction Event

Date and Time: 9th August 0900-1430:

Soft Landing are proud to present our free induction course for Paediatrician's new to the NHS. Everything you need to survive and thrive. From IMG Paediatricians to IMG Paediatricians. All the tips we wish we'd known when we started.

Sessions include typical day in the life paediatrics/neonates, surviving training, Eportfolio, Communication skills, Safeguarding, pay and contracts.

To sign up, please click the link below:

<https://www.eventbrite.co.uk/e/induction-workshop-from-pediatricians-to-paediatricians-new-to-the-nhs-tickets-387494826457>

Starting AUTUMN 2022! - NEW Clinical Leadership and Management Programme featuring Quality Improvement from the Quality Improvement Clinic.

This is an innovative programme designed for ST5-ST8 paediatric trainees working in the West Midlands, starting 19 September 22.

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Please see flyer attached

Recruitment is now open for the 4th cohort on our trailblazing Leadership and Management with Quality Improvement Programme. With over 70 participants to date, the Autumn 2022 programme is the last in the current series. If you are looking to secure these competencies before September 2023, now is the time to join in. The 18 week programme combines interactive on-line learning with Leadership and QI practice in the workplace as well as two full day workshops and a celebration event. It fulfils a host of level 2 competencies and provides you with great examples to share as you progress your careers.

[Clinical Leadership & Management with Quality Improvement Project, West Midlands - QIClearn](#)

The booking code you will need to use is **WMQIP_A22**

Study day re: QI with some focus on Children with complex medical needs

Presenting an opportunity to attend a conference with an interesting focus on improving communication and care for children with medical complexity. Clearly mapped to your paediatrics competencies for added bonus points!

In York on Fri 9th September. See you there!

<https://www.colabpartnership.org.uk/pages/CoLab-2022>

Hands on Neonatal and Paediatric Echo-cardiography Course

Please see attached flyer

Date: Saturday 8th and Sunday 9th October 2022

RCPCH CPD Points approved

Registration fee - £599 for two days, £399 for one day

Simulation

Regional Paediatric Simulation Courses

For anyone interested in our simulation courses, we still have some spaces left on our courses which cover a variety of topics. Courses with spaces available are highlighted in bold but waiting lists are available in case of last-minute cancellation spots. Dates for 2022 will be confirmed in the next few months.

All the courses and registers can be found on the Eventbrite website: <https://rwtpaedsimed.eventbrite.co.uk>. Please remember that if you have registered your interest, this does not mean that your space has been confirmed on the course.

If you have any queries about our courses, please contact us:

Email: rwht-tr.paedsimed@nhs.net

Twitter: @RWT_paedsimed

STEPS course

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This course focuses on preparing for the step up to becoming a registrar or reinforcing skills for those who have newly stepped up to a registrar role.

Dates available

15th August – 1 space Available

ST1 Skills and Drills Day

This course is for trainees who are starting their paediatric rotation in March 2021. This study day will equip you with an introduction to the clinical skills required for day to day practice in paediatrics.

Dates available

Sept 2022 –Date TBC

Neonatal Simulation

Neonatal Skills day

The course is designed to offer trainees practical training on common neonatal procedures including intubation, vascular access and chest drain insertion. It is included in the ST1 training programme however if you previously missed a course or would like more teaching on neonatal procedures, you may be able to join the next face-to-face course.

Next date: 14th September 2022

SHINE (Simulation to Help in Neonatal Emergencies)

Are you just about to rotate on to your first registrar post in neonates? Does it feel like you have not done neonates for ages and need a refresher? Are you close to CCT and might be working as a consultant in a hospital with a neonatal unit? Do you feel like you just need more neonatal experience? If yes, this is the course for you! This course is very popular and receives consistent excellent feedback.

Neo-CCCom-S (Neonatal Critical Care Communication training through Simulation)

Do you want to improve your communication skills around difficult conversations such as breaking bad news, discussing medical errors, dealing with conflict and discussing end of life care? Do you want to explore parents' perspective and learn more about trauma informed communication? If yes, this is your opportunity to develop these transferable skills in a safe, supportive and confidential environment.

New Neonatal Simulation Courses

Advanced SHINE

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Are you a neonatal registrar looking to improve your management of neonatal emergencies? Want to build on your clinical knowledge but also leadership, situation awareness, decision making and communication skills? If the answer is yes, then come and join us for the first Advanced SHINE course.

Neonatal Palliative Care Course

Difficult conversations and circumstances are regularly encountered in neonatal medicine; and we must be able to give honest information sensitively; listen with care and respect in order to take the next steps forward as partners in care. If you are looking to improve your communication in scenarios such as consenting for post-mortem, ceiling of care conversations and bereavement follow up; or learn about symptom control, practicalities of death, memory making and debrief then this course is for you.

To register your interest for any of the above courses contact Jess Groucutt J.Groucutt@nhs.net with your full name, grade, current placement and why this course will be of value to you.

PRAM Update by Rashmi Mehta

PRAM (Paediatric Research Across Midlands) is a paediatric trainee-led audit and research collaborative based in the West Midlands. We have a wide range of ongoing projects, including work with other paediatric networks. We have multiple successful publications and presentations from previous projects.

For earliest access to opportunities and news, join our mailing list by emailing pramnetwork1@gmail.com. You can also visit our website at <http://www.pramnetwork.com> or follow us on Twitter [@PramNetwork](https://twitter.com/PramNetwork).

Research opportunities and available funding for studies:

Paediatric Emergency Research in the United Kingdom & Ireland (PERUKI) are supporting a number of studies each year with funding. For details and application process please click here.

Dates for your diary: Upcoming Conferences and Events in 2022-2023

1. BAPM (British Association of Perinatal Medicine) Annual Conference: Manchester 15th-16th Sept 2022 [registration link](#)
2. EAPS (European Academy of Paediatric Societies): Barcelona 7th-11th October 2022 [registration link](#)
3. Adolescent Conference: Birmingham 9th-10th November 2022 [registration link](#)
4. BPNA (British Paediatric Neurology Association) Annual Conference: Edinburgh 25th - 27th Jan 2023 [web link](#)

Promoting Paediatrics

Do you feel passionate about Paediatrics as a career? Do you want to help recruit people into your chosen career?

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Promoting Paediatrics is a team of keen individuals who are currently doing great work in the region to widen interest in the career of Paediatrics to both school and medical students. We are looking for more enthusiastic Paediatrician to help us to continue this work! We run many different types of events including going to careers fairs at schools along with a very successful recent event for school students at BCH which looked at medicine as a career ,how to get into medical school and the life of Junior Doctor.

If you are interested in joining the group, please contact:

promotingmedicine@gmail.com

Follow us on Instagram: [promotingpaediatrics](https://www.instagram.com/promotingpaediatrics)

Dr Vicki Currie 07783705901

Other Useful Information:

Reminder – Sickness Reporting

Can all postgraduate doctors include programmes.wm@hee.nhs.uk when reporting any sickness to your ES/CS.?

HEEWM School of Paediatrics Contact List

Name	Role	Email
Dr Alex Philpott	Head of School	Alex.philpott@hee.nhs.uk
Dr Helen Goodyear	Associate Postgraduate Dean (LTFT)	Helen.goodyear@hee.nhs.uk
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Dr Annabel Copeman	TPD – General Simulation	acopeman@nhs.net
Dr Matt Nash	TPD – Neonatal Simulation	mnash1@nhs.net
Dr Sarah Ellis	TPD – Assessments	Sarah.ellis@uhcw.nhs.uk
Dr Sagarika Ray	TPD – Quality Assurance	Sagarika.ray@nhs.net
Dr Penny Broggio	TPD Teaching	Penny.broggio@hee.nhs.uk
Dr Rob Negrine	TPD – Neonatal Teaching Programmes	rjsneg@doctors.org.uk
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QA – Reporting concerns		escalatingconcerns.wm@hee.nhs.uk
Revalidation		traineerevalidation.wm@hee.nhs.uk
ARCP Appeals		ARCPappeals.wm@hee.nhs.uk
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