

F1 Foundation Newsletter

November 2021

Careers/ Opportunities

Haematology Taster Day – 16th November 2021

Please see attached flyer

British Society of Haematology sponsored Taster Day that we feel will offer a unique opportunity for junior doctors interested in a career in Haematology. This will be on the 16th November via Zoom. The day will cover reasons to pick haematology as a specialty, what haematology is, opportunities in haematology and applying for haematology. Details of the day can be found at:

<https://b-s-h.org.uk/education/conference-and-events/events/bsh-haematology-taster-day/>

Surveys/Research

NETS Launch

Health Education England's National Education and Training Survey (NETS) is now live and can be accessed at this [link](#). The survey will remain open for four weeks until **Tuesday, 30th November 2021**.

It should be noted that the survey only needs to be completed once, although trainees may receive this link via multiple routes.

Should you have any queries in relation to NETS then please do not hesitate to contact quality.me@hee.nhs.uk

Follow up Induction Survey

Please see attached

Events

Professionals Together – Please Book Your Place

Please see flyer attached and last year's feedback

This is a free scheme that supports the wellbeing of F1 doctors. Sessions are held virtually for 1 hour via Zoom.

Professionals Together is an award-winning scheme designed to support FY1 doctors across the West Midlands in making the transition from student to practitioner. It combines

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short TED style presentations, small groups discussions and near peer support as various aspects of professional wellbeing are explored and discussed.

The scheme is delivered by a faculty of senior clinicians representing 12 specialties across primary and secondary care who donate their time in order to be a supportive presence and create a safe space to navigate life as a doctor. Currently it remains necessary to adopt a fully online format, but in due course we hope to return to providing a free meal as part of an in person structure. The scheme always evaluates well (see attached) and we look forward to sharing the experience of processing life in medicine with a new cohort of doctors this year.

The attached flyer gives details of dates and how to sign up.

Dates: October 2021- June 2022

Please email Facultysupportteam.wm@hee.nhs.uk to book a place

Practical Wisdom, Wellbeing and Professionalism Event – Monday 22 November 2021 6pm

Have you ever wondered what it means to be a wise doctor? Wisdom and practitioner wellbeing are related, and these attributes are more important than ever in the current NHS.

Dr Sabena Jameel will talk through her PhD work on wise doctors and relate this to concepts of Medical Professionalism and Wellbeing. Dr Jameel, an Associate Clinical Professor at Birmingham University Medical School (Medical Professionalism/Quality lead) and former HEE Associate Dean.

Please do join us at this virtual evening event, there is no need to register, this event will be run via Microsoft Teams and you can join at the link below:

[Click here to join the meeting](#)

Geriatrics for Juniors Virtual Conference - Saturday 13th November 2021

G4J is a one-day online conference, designed for Foundation Doctors, Core Medical and GP Trainees, and Specialist Nurse Practitioners. It aims to deliver relevant and useful clinical updates in all the main sub-specialties of Geriatric Medicine, in order to improve the standard of care for older patients.

Whether you're a budding Geriatrician, already work in the field, or have other career aspirations but just want to improve your clinical knowledge and skills related to older patients, G4J has something to offer you!

What the day will include:

- A full day of relevant and interesting educational sessions related to Geriatric Medicine
- Practical and useful updates for your day-to-day practice on the hospital medical wards
- A certificate of attendance for your e-portfolio

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-Opportunity to submit a poster

Cost: £27.50

The link for further information and to register can be found here:

<http://aeme.org.uk/g4j21/>

Many thanks and best wishes,

Dr. Christina Page

AEME (Association for Elderly Medicine Education)

christina@aeme.org.uk

2021 Annual Clinical Academic Training Event – Tuesday 23rd November 2021

Dear All,

We would like to invite you to take part in the 2021 Annual Clinical Academic Training Event, where [Professor Helen Stokes-Lampard](#), Professor of GP Education and Chair of the Academy of Medical Royal Colleges, will be delivering the keynote lecture.

The event will open with a session by the MDS Research Support & Development Team who will provide an overview of the support they provide to help clinical academic trainees take their next steps and secure funding opportunities. They will also talk about the funding schemes available and answer any questions. The keynote session will then be followed by a number of short presentations from some of our brightest West Midlands Clinical Academic Trainees.

Finally, the event will end with a networking drinks reception and poster session, where you will have the opportunity to talk with a range of senior academics and event attendees.

Full details of the event can be found [here](#), including a link to the full programme.

Register to attend – Registrations close Tuesday 16th November 2021. Registration is essential to attend.

We look forward to welcoming you all to this event.

Kind Regards,

ICAT Team

Other Information

Clinical Academic Training Forum (CATF)

Please see attached documents

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The Clinical Academic Training Forum (CATF) has launched an exciting new website to promote the role of clinical academics and support health professionals beginning their clinical academic journey. [CATCH](#), the Clinical Academic Training & Careers Hub, aims to be a one stop shop for information on academic careers.

Attached is a press release with more information and a social media pack to help promote the website.

You can visit the new website at www.catch.ac.uk

Foundation e-learning programme update November 2021

Good communication skills are key to your success as a doctor. You will need to be able to explain your diagnosis and treatment to patients, and their families, in a professional manner that reassures them and is in terms they will understand.

Available in e-learning for healthcare's [Foundation Programme](#) (2021 curriculum) - these sessions cover areas in your curriculum on; FPC 1: Clinical Assessment, FPC 2: Clinical Prioritisation, FPC 3: Holistic Planning, FPC 4: Communication and Care, FPC 5: Continuity of Care, FPC 6: Sharing the Vision, FPC 8: Upholding Values and FPC 11: Ethics and Law:

- [Communication Skills](#)
- [Breaking Bad News](#)
- [Bereavement Process](#)
- [Communicating Treatment Risks to Patients](#)
- [Organ Donation and Related Communication Skills](#)

You can [sign in to the elearning](#) with your login supplied by e-learning for healthcare at any time during your foundation training.

Horus and Turas have deep links to e-learning for healthcare sessions from the Foundation curriculum and therefore accessible to all trainees, making it quicker and easy to access the appropriate session linked to the curriculum.

Postgraduate Virtual Learning Environment - Foundation Training Resource Hub

All Foundation trainees in the West Midlands have now been registered with an account on the HEE PGVLE platform.

This platform has been setup with a purpose to improve learning for Foundation Doctors across the region. The platform has a large amount of resources which will be helpful in your training.

- Live events
- Mental Health Learning Resources
- Procedures
- Radiology Learning Resources

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- Wellbeing

Please make sure you access this as soon as you can to make use of the training modules and helpful learning resources. We will be requesting feedback on the platform in future to see how we can improve the platform.

You should have received an email directing you to the log in page. Please go to <https://pgvle.co.uk/login/> and use the login details provided to you on email.

If you have not received an email please contact faculty.supportteam.wm@hee.nhs.uk

Simulation Training – Virtual Reality

Please look out for information from your trusts and West Midlands HEE Faculty with access to Virtual Reality Simulation training. We are hoping this will go live giving all F1 trainees access to 10 curriculum lead scenarios this November.

ARCP Requirements

NEW: [ARCP Requirements Guidance – 2021-22 trainees on 2016 curriculum](#) – October 2021 to July 2022

Guide for 2021 curriculum coming soon (meanwhile, you can use the table on pages 49-50 of [the curriculum](#))

Just published on our [ARCP page](#)

Resources relating to the new Foundation Curriculum

There are many resources on the UKFPO website relating to the new Foundation curriculum which may be helpful for both F1 and F2 doctors, these include factsheets/podcasts and YouTube videos on a variety of topics including the curriculum, the foundation doctor, self-development time, the placement supervision group, the summary narrative, building a portfolio and ARCPs. These can be accessed by the following link to the UKFPO website [curriculum resources](#)

UKFP Curriculum 2021

Please see attached flyer

The new Foundation Programme curriculum2021 was published on 25th May 2021. This will come into use from 4th August with current F1s moving to the new curriculum at the start of F2. (Existing F1s who will move to F2 at some later date will remain on the old curriculum until they progress to F2.)

Full details of the UKFP curriculum2021 information can be found here.

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[New UK Foundation Programme Curriculum 2021 - UK Foundation Programme](#)

More information including podcasts and factsheets about some of the specific changes will appear over the next few weeks.

The link below takes you to a YouTube video created by UKFPO fellow Charlotte Perry which explains the changes.

[Launch of new UK Foundation Programme Curriculum 2021 – Trainee - YouTube](#)

COVID-19 training risk reporting tool now LIVE

HEE has today launched an [online reporting tool](#) for postgraduate medical and dental trainees, Training Programme Directors (TPDs) and Heads of School (HoS) to report perceived risks to experiential learning and progression due to the COVID-19 pandemic. The webform provides the opportunity to anonymously report challenges and concerns within the training environment, and for HEE to monitor and manage these risks.