**Post Covid Programme: Basic Laparoscopic Simulation Course**

**Venue:**

**eLearning for Course (to be completed prior to course)**

1. **Principles and safety in electro surgery (Olympus Continuum)**

[**https://www.olympusprofed.com/32913/**](https://www.olympusprofed.com/32913/)

1. **Olympus Anatomical Seminar (Olympus Continuum)**

[**https://www.olympusprofed.com/profedwebcast/gyn\_april\_module1**](https://www.olympusprofed.com/profedwebcast/gyn_april_module1)

1. **Lecture; Theatre set up- Patient preparation, port placement and ergonomics (this presentation will be sent to you separately from a googlemail account)**

8.50am Welcome tea and registration

09.00am **Laparoscopic boxes**

Generic tasks 1-5 *(5 min each trainee)*

**AR Task 1- Grasping and manipulation**

Each trainee to rotate to complete AR task (5 minutes each)

10.15pm **Laparoscopic boxes**

Innovus base tasks– *(5 min each trainee)*

**AR Task 2 – Cutting a circle**

Each trainee to rotate to complete AR task (5 minutes each)

11.15-11:30pm TEA BREAK

11:30-12:30pm **Laparoscopic boxes**

Innovus Base or Generic tasks 1-5 (*5 min each trainee)*

**AR Task 1 + 2 – Grasping and Manipulation + Cutting a circle**

Each trainee to rotate to complete AR task (5 minutes each)

12:45pm Closure