Health Education England West Midlands School of Paediatrics Newsletter

August 21 Edition

Editor: Dr Alex Philpott - Head of School

Please note that the deadline for submission of content for the monthly newsletter is the 20 th of each month.

Please only send content requests to facultysupportteam.wm@hee.nhs.uk

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Message from the Head of School

I've some lovely news items to highlight this month.

The first is that my predecessor, Dr Helen Goodyear, has been awarded the prestigious Honorary Fellowship of the RCPCH. This is a rare honour, awarded only to those who have shone at a national and international level, and who have changed paediatric training and paediatric care. We are incredibly proud of and pleased for Helen. Please see the section on page 5.

The next is a huge "Thank You" to Dr Sarah Ellis, TPD for assessments, and her team. In July 2021 253 trainees were reviewed by 22 ARCP panels. Please see the ARCP section for a more detailed breakdown on the ARCPs. Thank you to everyone who participated in the process.

Next, a gentle nudge. If you are considering an OOP please start the discussions and paperwork early. The rule is that forms – with all the relevant signatures - must get to the Programmes team 6 months prior to starting an OOP. We may not be able to accommodate OOPs if this does not happen.

And finally, congratulations to the 18 trainees who were successful with the MRCPCH clinical exam. We think that's a 75% pass rate in West Midlands in this diet.

Well done everyone.

TPD - ST1-3	Clare Onyon	Clareonyon@nhs.net
TPD - ST4+ -8	Matt Cawsey	matt.cawsey@nhs.net
TPD- Quality Assurance	Sagarika Ray	Sagarika.ray@nhs.net
TPD- Teaching programmes	Penny Broggio	penny.broggio@hee.nhs.net
TPD - Neonatal Teaching Programmes	Rob Negrine	rjsneg@doctors.org.uk
TPD - Assessments	Sarah Ellis	Sarah.Ellis@uhcw.nhs.uk
TPD - General Simulation	Annabel Copeman	acopeman@nhs.net
TPD - Neonatal Simulation	Matt Nash	Mnash1@nhs.net

Media Information

Trainee website: www.westmidlandspaediatrics.com

If you would like to add something to the website or feel that you have a topic or group that would benefit from a webpage, then please let the WMPaeds Trainee Committee know.

Email address: westmidlandspaediatrics@gmail.com

Twitter account: @WMPaeds

Facebook page: Paediatric Trainees in the West Midlands

NB: Please apply directly to join the Facebook Group and answer the security questions. Inviting others to join prevents people from joining, as they do not have access to the security questions.

<u>The 2021 Honorary Fellows | RCPCH</u> Click on this link to go to website – information pasted below

Dr Helen Goodyear

Consultant Paediatrician, Birmingham Heartlands Hospital

Dr Goodyear is a Consultant Paediatrician at Birmingham Heartlands Hospital where she has worked for many years. She has a particular interest and expertise in Paediatric Dermatology.

In her role as Head of School for West Midlands, Dr Goodyear has played an important role in quality assuring trusts across the region for training and by necessity this also leads to a level of scrutiny of clinical services and improvement.

Dr Goodyear is one of the longest serving Paediatric Heads of School nationally. She was the inaugural Head of the West Midlands School of Paediatrics and only stepped down from that role in 2019. She is also an Associate Dean for Health Education England (HEE) in West Midlands where she leads support for less than fulltime training, and career and professional support.

At RCPCH Dr Goodyear leads the Effective Educational Supervision courses, is the course director of RCPCH Paediatric Dermatology courses and has delivered many of these courses both in the UK and internationally, on behalf of the College. She also helped set up the RCPCH Careers Advisory Service and is currently co-lead of that.

Dr Goodyear was the Vice President of the Northern European Medical Women's International Association, from 2013-2016.

ARCP's

A BIG THANKYOU

Thank you to all Consultants and HEE staff that supported the Paediatric ARCP process this summer. I thought you might like some statistics!!

Number of ARCP panels 22

Number of HHE support staff involved 10 (all doing multiple days)

Number of Consultants involved 94 (with 8 doing more than 1 day)

Number of Trainees reviewed 253

Outcomes received:

Outcome 1 173
Outcome 2 6
Outcome 3 3
Outcome 5 19

Outcome 6 13 – CONGRATULATIONS!!!!!!!

Outcome 8E 6
Outcome 8R 3
Outcome 10.1 11
Invited in error 2
Resigned 2
N code (mat leave) 12

As you may be aware we are an outlier with our number of Outcome 5's issued. This summer we had 7.5% of outcomes as an outcome 5 compared with 8.3% last summer (July 2020) On reviewing the OUTCOME 5 the commonest reasons were:

- Form R related not sent to HEE / days TOOT different
- Curriculum related not marked at achieved at end of training level / missing KC tagging
- WBA related Missing mandatory DOPS or WBA

For the trainees that received an outcome 5 – please do email the panel member (as indicated on your form) and Cherry in assessments (<u>assessments.wm@hee.nhs.uk</u>) when required piece of evidence has been completed so a new outcome form can be issued. Any problems please do drop me an email (sarah.ellis@uhcw.nhs.uk).

Dates for your diaries....

18th November 2021 (1 panel) 15th February 2022 (5 panels) 26th April 2022 (tbc) (1 panel)

Please forward dates to all consultants and let Cherry know if you can help.

Sarah TPD Assessments Sarah.ellis@uhcw.nhs.uk

Trainee Clinics

We are resuming the Trainee Clinics within the School of Paediatrics giving all trainees the opportunity to request a 20-minute virtual meeting with a Training Programme Director or Head of School. This is a forum intended for discussing careers (e.g. GRID/SPIN), exams, discussion about OOPs or LTFT and other situations.

These appointments are not an opportunity for detailed E-portfolio review as this should remain something that is undertaken with your educational or clinical supervisor.

If you would like to request an appointment, please complete this form https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1WyqyRrUmelwaNHkuqFL2YRZ6tUMFVQQil0RDNUUjJCOTE1SFNaREq1OTFaUS4u

The Faculty Support Team will then be in touch to book you an appointment should that be appropriate from the information you provide.

The next few dates for appointments we have are: September 30th October 20th

Opportunity for trainees coming to/staying on at BCH in September 2021

Please consider standing as a new BCH Trainee rep. This is a great opportunity to work with the College Tutor team to improve training at BCH for all paediatric trainees. Keep an eye out for the advert which will be circulated when the new trainees join us in September. We hope to appoint one rep at ST1-3, and one at ST4+. You will not be responsible for rota issues as these

are dealt with by the HAN rep and therefore your work will predominantly involve training, education and wellbeing of paediatric trainees at BCH. This experience will be something that you can count as Management/ QI experience.

Please contact any of the college Tutors if you wish to discuss further lsobel.brookes@nhs.net
ratnakumar@nhs.net
lisa.vangeyzel@nhs.net

West Midlands Paediatric Trainee Committee Update:

Trainee committee representative positions

Please see attached application

The trainee committee is recruiting! We are looking for applications for the following positions: ST1-3 representatives, welfare representative, teaching representative and international medical graduate representative.

For further details about the work of the committee and the roles on offer please see the attached document, or our website for all the details:

(https://www.westmidlandspaediatrics.com/committee-elections-2021)

The application form can be found at the following link, and the deadline for applying is **noon on** the 31st August 2021: https://forms.gle/ohCw1dFfJ6CvA23t9

Paediatric Peer Mentoring Program:

Thank you to everyone who has signed up to be a mentor! With the new ST1s starting in September we would like to do a further call for mentors. Drop us an email if you would like to be a mentor or a mentee :) Open to all West Midlands Paediatric trainees wmpaedmentoring@gmail.com

The West Midlands PAFTAs 2021 Award Night Wednesday 18th August at 8pm

Please see attached flyer

The nomination process for this year's PAFTAs is now closed. Thank you to those that made nominations, we had over 125 nominations which is fantastic!

The awards night will be 'screened' live via Zoom on **Wednesday 18th August at 8pm-9.30pm**.

As well as hearing who the awards will go to, there will be a mini guiz about all things 'youthful'!

Zoom meeting details are below:

https://bwc-nhs.zoom.us/j/89222388370?pwd=QVhFR2puWEdYRDNub1lyRWNKOWJLUT09

Meeting ID: 892 2238 8370

Passcode: 46343016

Getting in touch:

Just a reminder that you can contact us via the 'contact us' function on the website at www.westmidlandspaediatrics.com or via email to: westmidlandspaediatrics@gmail.com

The trainee representatives maintain a committee on-call rota so please be assured we will act on emails and communications promptly.

Trainee Support Network (TSN) Update:

As always, if you want to get in touch with us or get involved, email the TSN on WMPaediatricsTSN@gmail.com

Welfare resources

There are lots of wellbeing-related resources available on the trainee website, including resources to help you reduce the impact of fatigue caused by shift work. If you know of any particularly helpful resources which other trainees might also benefit from, please let us know and we will add them to the website:

https://www.westmidlandspaediatrics.com/trainee-wellbeing

TSN Walking Group!

Please see poster attached

Members of TSN are holding the first walking group outing on Saturday 28th August at 10am in the Lickey Hills (see attached poster for further details). All West Midlands Paediatricians are welcome to come along and bring family, friends and pets! Depending on the turnout, we will decide on how far we walk; please come prepared for the weather with appropriate footwear, suncream and hats (or waterproofs!)! Contact Cat (07752 737 179) or Emily (07557 991 009) for more information.

IMG Support Network (IMGSN) Update:

IMG support network have presented their survey on the experiences of IMG trainees in West Midlands at the RCPCH conference 2021! If you would like to access the full results of the survey, please email us wmpaediatricsimg@gmail.com.

We have some exciting new projects in the pipeline. We welcome interested trainees to join our group and participate in current projects or bring new ideas. If you are interested, please send an email with a brief introduction and a short statement on why you would like to join us.

ST2/ST3 Regional Teaching:

LEAP into Leadership! ST3-4 Transition Day 2021

Please see flyer attached

This year's ST3-4 Transition Day will be held on Thursday 5th August 2021.

This day is designed to complement the HTD sessions and STEPS simulation day, and is aimed at all trainees currently in ST2 or ST3 who will be progressing to work on tier 2 rotas over the following 12 months (ST4 or ST3 step-up jobs).

Study leave applications are fully supported by HEE WM School of Paediatrics; please email <u>facultysupportteam.wm@hee.nhs.uk</u> to register (please ensure the title of your email is ST3-4 Transition Day).

ST4/ST5 Regional Teaching:

Organising Committee Vacancies!

A huge thank you to Hannah Cooper and Navta Masand, who have done an absolutely brilliant job of overseeing the organisation of ST4/5 Regional Teaching days over the past year!

Hannah and Navta will be looking for a small team of people to take on the overall organisation of ST4/5 Regional Teaching from September 2021. Please look out for an email that will be sent around to trainees who will be within the ST4/5 cohort next year. The organisation works best with a group of 2-4 people.

If you are interested, please email <u>wmpaediatricteachingst4and5@gmail.com</u>

West Midlands Adolescent Health Network

Are you interested in improving your skills when managing young people? Have you been told to improve your local transition pathways and don't know where to start? Does trying to remember what all the S's in a HEEADSSSS assessment stand for leave you feeling flustered?

We are a group of paediatric trainees who are looking to increase the links between the health professionals in the region with an interest in adolescent health. We are initially looking for interest within paediatrics but over the next few months hope to grow the network to include other specialties and allied professions and aim to host monthly educational/ networking events, via Zoom initially but hopefully graduating to regular face-to-face events.

If you're interested in taking part, whether your grade is ST1 or professor, please get in touch via wmadolescent@gmail.com.

We look forward to hearing from you!

Upcoming meetings and Courses

Support for MRCPCH Clinical Exam

Are you planning on sitting the MRCPCH clinical examination soon? Want to hear about upcoming lecture series, small group practice and access a range of resources? Email us on wmpexam@gmail.com

Have you completed your MRCPCH, keen to teach and support others, please drop us a line to express your interest in joining the West Midlands Paediatric Exam Preparation Network:)

A huge thank you to all the consultants and registrars who gave up their time to host sessions and supported the last group of trainees sitting the exam!

Midlands RSV Surge Meet

Please see attached flyer

Date: 13th August 2021 **Time:** 12:00 – 13:00

START Assessor Training Day and START Scenario Generation Day

Date: 15 September **Time:** 09:30-12:30

START Assessor Training day (held virtually). Please contact Claire.ormandy@crpch.ac.uk or training.services@rcpch.ac.uk if you are interested in attending or would like further information.

17 September, full day - START Scenario Generation day. Please contact Chris Kenyon or Sheran Mahal in the RCPCH question writing team on qualityandstandards@rcpch.ac.uk for further information.

PiP - CDR Conference

Please see event flyer attached

Date: Thursday 30th September 2021

Time: 09:00 - 13:00

Simulation

Regional Paediatric Simulation Courses

We still have some spaces left on our courses which cover a variety of topics. Courses with spaces available are highlighted in bold but waiting lists are available in case of last-minute cancellation spots. All the courses and registers can be found on the Eventbrite website: https://rwtpaedsimed.eventbrite.co.uk. Please remember that if you have registered your interest, this does not mean that your space has been confirmed on the course.

If you have any queries about our courses, please contact us:

Email: rwh-tr.paedsimed@nhs.net
Twitter: @RWT paedsimed

Stepping Up to Enhance Performance at ST4+ Course (STEPS)

This course focuses on preparing for the step up to becoming a registrar or reinforcing skills for those who have newly stepped up to a registrar role.

Dates

27th July 2021 – now full 11th October 2021 – 5 spaces available

Palliative Care course

This is a one-day course focusing on the journey that patients take when they are known to have life limiting conditions. We explore symptom management, discussions with parents, filling in paperwork and bereavement care. Given the restrictions of COVID, we will have space for 8 senior paediatric trainees to attend this course face to face.

Dates

28/7/21 - now full.

01/11/21 - please register your interest if you would like to attend.

Return to Work

This course is for paediatric trainees who have been out of clinical practice for any reason (including parental leave, illness, OOPE or OOPC) and provides the opportunity to practice clinical scenarios that you may encounter on your first day back at work.

Dates

6th August – 3 spaces available 8th October – 4 spaces available 17th December – 5 spaces available

Acute Behavioural Crisis in CAMHS (ABC in CAMHS)

This one-day course uses simulation to explore the management of acute behaviour crises in CAMHS patients mixed with workshops taught with CAMHS psychiatrists. This course is a must if you see any children with mental health issues in your workplace.

Dates

29th October 2021 - please register your interest

SUDIC

This course focuses on preparing for the step up to becoming a registrar or reinforcing skills for those who have newly stepped up to a registrar role.

Dates

30th November 2021 – course now full. Please register on the waiting list if you can attend at short notice.

Looking forward to seeing some of you soon! The Paeds Sim Team at New Cross

Paediatric Post Graduate Virtual Learning Platform (PGVLE)

The Paediatric PGVLE aims to act as a repository for educational material for regional teaching days and to signpost to content that can be used to sign off domains in your curriculum. For the time being, we would like bring your attention to the fact that you should have all received log ins for the PGVLE. If you have not received this or have problems logging in, please contact the deanery support team.

Moving forward, we are hoping to upload content starting with ST1 neonatal teaching and progressing in academic year order to ST8s. For those who are organising regional teaching, you will be asked to obtain copies of presentations from your speakers and to send these to paedspgvle@gmail.com at least a week in advance. Please note that files to be uploaded cannot exceed 1MB however we will have access to a private You Tube channel in case of any large videos that need to be shared. A further guide with information for organisers will be made available soon.

Thanks, The Paediatric Digital Fellows Team

Neonatal Simulation

Neonatal Skills day for ST1

This course is for all new ST1 trainees who are on their first neonatal rotation and usually takes place on the 2nd Wednesday of September and March. The course is designed to offer trainees practical training on common neonatal procedures including intubation, vascular access and chest drain insertion. If you previously missed a course and would like more teaching on neonatal procedures, you may be able to join the next face-to-face course.

SHINE (Simulation to Help in Neonatal Emergencies)

A free course open to all West Midlands Paediatric trainees where you will have an opportunity to practice common neonatal emergency scenarios in a safe and supportive learning environment.

Are you just about to rotate on to your first registrar post in neonates? Does it feel like you have not done neonates for ages and need a refresher? Are you close to CCT and might be working as a consultant in a hospital with a neonatal unit? Do you feel like you just need more neonatal

experience? If yes, this is the course for you! This course is very popular and receives consistent excellent feedback.

Neo-CCCom-S (Neonatal Critical Care Communication training through Simulation)

This is a **NEW** free course open to West Midlands Neonatal GRID & SPIN trainees, those aspiring to do neonates and also level 2 & 3 general paediatric trainees who wish to develop their communication skills further.

Do you want to improve your communication skills around difficult conversations such as breaking bad news, discussing medical errors, dealing with conflict and discussing end of life care? Do you want to explore parents' perspective and learn more about trauma informed communication? If yes, this is your opportunity to develop these transferable skills in a safe, supportive and confidential environment.

This course is designed with the generic and neonatal curriculum in mind, feedback from trainees, consultants and patients.

There are no further courses booked for this academic year. Courses will resume in September and dates will be announced shortly.

To register your interest for ST1 skills day, SHINE or Neo-CCCom-S contact Diana Aguirre on d.aguirre@nhs.net with your full name, grade, place of work and why this course will be of value to you.

Clinical Leadership, Management and QI Course – Expression of Interest

Calling all ST5, ST6, ST7 and ST8 Trainees

We are currently looking at a possible second cohort of a Clinical Leadership, Management and QI Course similar to what was provided earlier this year.

As we go through the procurement process at HEE we would like to invite you to express your interest if you would like to attend.

This is likely to take place from October onwards the dates and provider are yet to be confirmed.

We will gather expressions of interest on a first come first served basis, as and when details of a course are then confirmed we will contact trainees who have expressed an interest first to offer them a place. If spaces are not filled they will then be offered to other trainees.

Please register your interest here https://forms.office.com/r/6hWiXNmJF5

Surveys

Paediatric Trainees' Views and Experience of Point-of-Care Ultrasound: Your Opinions are Needed!

https://www.surveymonkey.co.uk/r/PaediatricPOCUS

I am one of the Paediatric ST6 trainees in the West Midlands, and I am undertaking a short questionnaire of paediatric trainees' views and experiences of point-of-care ultrasound (POCUS) as part of Post-graduate Diploma in Education for Health Professionals via the University of Birmingham.

Many of us are learning/have learnt about Cranial Ultrasound scans, and may even have seen Echocardiograms, or ultrasound used for difficult line access. I am aiming to explore current paediatric trainee's views and experience of ultrasound use (if any), and it would be really valuable to hear from juniors of all grades and backgrounds, from those at the start of their training, through to those with many years of experience. Hopefully this will help inform local paediatric training considerations in an area of practice that is becoming increasingly prevalent in all areas of medicine.

Please click on the link below or see the attached Participant Information Sheet to find out more!

https://www.surveymonkey.co.uk/r/PaediatricPOCUS



If you or your team have any further queries, please don't hesitate to get in touch (sebastianbrown1@nhs.net).

Thank you for your time.

PRAM Update by Rashmi Mehta

PRAM (Paediatric Research Across Midlands) is a paediatric trainee-led audit and research collaborative based in the West Midlands. We have a wide range of ongoing projects, including work with other paediatric networks. We have multiple successful publications and presentations from previous projects.

For earliest access to opportunities and news, join our mailing list by emailing

<u>pramnetwork1@gmail.com.</u> You can also visit our website at http://www.pramnetwork.com or follow us on Twitter @PramNetwok. Keep an eye out for a website upgrade in the next few months!

RCPCH Trainee Research Network:

RCPCH Trainee Research Network supports PRAM Network. Further details on research and opportunities can be accessed through the following link: RCPCH Research Trainee Network.

Publication:

PRAM and its collaborators have published West Midlands regional observational study on use of antibiotics in children with Covid 19 or multisystem inflammatory syndrome. Link to full article

Neonatal Update:

We had our neonatal PRAM meeting in July. However, if you haven't been to able attend and have any ideas about a project please do email us.

PENAP Survey:

We are conducting the PENAP survey (July- September 2021) across West Midlands. PENicillin Allergy burden in Paediatric secondary care (PENAP): A survey of paediatric clinicians 'experience across the Midlands. We would be grateful if you could please fill in this survey form. Thank you!

https://qrs.ly/s8ct007

Interesting article:

Complexity and challenge in paediatrics: a roadmap for supporting clinical staff and families. Cass H, Barclay S, Gerada C, et al Archives of Disease in Childhood 2020;105:109-114. <u>Link to full article</u>

As we witness improvements in the medical treatments, there has also been a parallel increase in patient complexity, linked to the increased survival of children with chronic health conditions, disability and life-limiting illness. This however, has led an increase in ethical and moral dilemmas faced by paediatricians and families. These dilemmas are often accompanied by workforce short-falls, resource pressures and service gaps, which adds to feelings of disempowerment and moral distress amongst the healthcare professionals. This article lays a road map for clinical staff and parents. The authors advocate collaborative working at the local, regional and national level, jointly owned by the healthcare community and the wider public. As an innovative project providing better integrated care of children with long-term conditions it cites the example of dedicated team for CMC (Children with Medical Complexity) at our very own regional tertiary centre, Birmingham Children's Hospital!

This an important ongoing national collaborative and the 'CoLab partnership' provides further information and useful resources.

CoLab partnership web link

Dates for your diary: Upcoming Conferences and Events in 2021

jENS Conference, Athens: 14-18th September 2021

BAPM Annual Conference: 4th October 2021

LfE4 conference with Civilty Saves Lives: Virtual 8th October 2021

BPNA (British Paediatric Neurology Association): Virtual 19th-21st January 2022; Abstract submission open now until 17th September 2021

Promoting Paediatrics

Do you feel passionate about Paediatrics as a career? Do you want to help recruit people into your chosen career?

Promoting Paediatrics is a team of keen individuals who are currently doing great work in the region to widen interest in the career of Paediatrics to both school and medical students. We are looking for more enthusiastic Paediatrician to help us to continue this work! We run many different types of events including going to careers fairs at schools along with a very successful recent event for school students at BCH which looked at medicine as a career; how to get into medical school and the life of Junior Doctor.

If you are interested in joining the group, please contact: promotingmedicine@gmail.com

Follow us on Instagram: promotingpaediatrics

Dr Vicki Currie 07783705901

Other Useful Information:

Reminder – Sickness Reporting

Can all trainees include programmes.wm@hee.nhs.uk when reporting any sickness to your ES/CS

HEEWM School of Paediatrics Contact List				
Name	Role	Email		
Dr Alex Philpott	Head of School	Alex.philpott@hee.nhs.uk		
Dr Helen Goodyear	Associate Postgraduate Dean (LTFT)	Helen.goodyear@hee.nhs.uk		
Dr Matt Cawsey	TPD - ST4-8	matt.cawsey@nhs.net		
Dr Clare Onyon	TPD - ST1-3	clareonyon@nhs.net		
Dr Annabel Copeman	TPD – General Simulation	acopeman@nhs.net		
Dr Matt Nash	TPD – Neonatal Simulation	mnash1@nhs.net		
Dr Sarah Ellis	TPD – Assessments	Sarah.ellis@uhcw.nhs.uk		
Dr Sagarika Ray	TPD – Quality Assurance	Sagarika.ray@nhs.net		
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Revalidation		raineerevalidation.wm@hee.nhs.uk
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