

# F1 Foundation Newsletter

## June 2022

### Simulation Training Virtual Reality Scenarios

#### OMS Feedback Survey – All F1s to complete

We are currently looking at the OMS platform and the levels of uptake, it is crucial that we gather honest and open feedback when evaluating the utilisation of the licenses provided to F1 doctors in the West Midlands. Can we ask all F1 s to complete the survey at the following link <https://forms.office.com/r/zK2Mk9kfdP> please complete the survey even if you haven't been able to use the platform.

### Careers/ Opportunities

#### Postgraduate Virtual Learning Environment - Foundation Training Resource Hub

All Foundation trainees in the West Midlands have now been registered with an account on the HEE PGVLE platform.

This platform has been setup with a purpose to improve learning for Foundation Doctors across the region. The platform has a large amount of resources which will be helpful in your training.

- Live events
- Mental Health Learning Resources
- Procedures
- Radiology Learning Resources
- Wellbeing

Please make sure you access this as soon as you can to make use of the training modules and helpful learning resources. We will be requesting feedback on the platform in future to see how we can improve the platform.

You should have received an email directing you to the log in page. Please go to <https://pgvle.co.uk/login/> and use the login details provided to you on email.

If you have not received an email, please contact [facultysupportteam.wm@hee.nhs.uk](mailto:facultysupportteam.wm@hee.nhs.uk)

#### PGVLE blogs

We are hoping to introduce a regular blog post element to our post-graduate virtual learning environment. We would like to hear from you, the foundation trainee, about what you would like most to read about. Click the link to complete this very short survey - <https://forms.gle/Gq7gPKqBLJy5ydBh8>

#### Surgical skills courses

For anyone interested in a career in surgery, check out the course below.

The course aims to provide young trainees with the opportunity to learn basic surgical skills from senior trainees in the field, thereby learning good techniques and practice from the very start.

<https://www.rcsed.ac.uk/events-courses/event-entry?diaryId=3121>

Sign up before places get full!

## Events

### **PGVLE Interactive session – Training Opportunities for WM Foundation Doctors**

Tuesday 28<sup>th</sup> June 2022 via MS Teams 6pm

Please register at this link <https://forms.office.com/r/5r22uP3irw> and see flyer below

## Foundation PGVLE Interactive Session: Training Opportunities for WM Foundation Doctors

*Tuesday 28<sup>th</sup> June 2022, 6-7pm on PGVLE*



*Panel: Rebecca Cameron – Foundation Liaison Manager*

**Bio:**

*My role is to support you during your foundation programme with your indemnity questions and medico-legal teaching. I have worked for the MDU for the past 5 years, working as the direct point of contact between foundation doctors and the Medical Defence Union (MDU) here in the midlands. You can contact me directly at [Rebecca.cameron@themdu.com](mailto:Rebecca.cameron@themdu.com) with your indemnity questions or membership queries.*

**Summary:**

*Good communication is essential for safe patient care and effective teamwork. This seminar focuses on communication in difficult circumstances such as, delivering bad news, de-escalating conflict, communicating with children, and using interpreters. It also covers the importance of active listening, showing empathy, and giving structured handover to ensure continuity of care.*

*The session will last approximately 30 minutes, with plenty of opportunity to ask any questions.*

*The session is free to attend but you need to register. This session can count towards non-core teaching time. Certificates will be issued following attendance and completed feedback.*

*Please register here <https://forms.office.com/r/5r22uP3irw>*