9.00 am  Registration and refreshments

9.30 am  Welcome and introductions
Professor Kate Thomas, vice dean, University of Birmingham
Dr Andrew Macleod and Dr Kanwaljit Sandhu, RCP regional advisers

9.40am  How to create a personal development plan and getting e-portfolio to work for you
Dr Kanwaljit Sandhu, RCP regional adviser, consultant nephrologist, Royal Wolverhampton Hospitals

10.10 am  How to set up and deliver a successful quality improvement project: - benefits to trainees and to patients
Dr Emma Vaux, associate medical director, Royal College of Physicians Training Board (JRCPTB), Generation Q Fellow, The Health Foundation, consultant nephrologist, Royal Berkshire NHS Foundation Trust

10.45 am  COFFEE

11.15 am  How to get published and how to get involved with research
Dr Adnan Sharif, consultant nephrologist, University Hospitals Birmingham

11.45 am  Common dilemmas and how to overcome these: - bettering bad news, dealing with relatives, complaints and the courts
Dr Daryl Leung, consultant in geriatric medicine, Royal Wolverhampton Hospitals

12.15 pm  LUNCH

12.40 pm  QUESTION AND ANSWERS IN BREAKOUT ROOMS – SEE COLOURED TICKET

1.15 pm  Disciplinary skills to be an effective leader:
- prioritise, handover advice, out of hours working, secrets around dealing with ward stresses
Dr Emma Bailey, SpR in geriatric medicine, West Midlands rotation

1.50 pm  Professional links within primary care
Professor Kate Thomas, vice dean, University of Birmingham

2.20 pm  Tips for the first month
Dr Liz Holmes, CT2, Royal Shrewsbury Hospital

3.00 pm  How to look cool on the post take round
Dr Rhys Lodwick, consultant acute physician, Royal Wolverhampton Hospitals

3.30pm  Question and answer session with Regional Advisers

3.45 pm  CLOSE

PLEASE BOOK YOUR PLACE VIA THE ONLINE LINK:  https://events.rcplondon.ac.uk/details.aspx?e=3673
HOW TO SUCCEED AS A JUNIOR DOCTOR
SATURDAY 7 NOVEMBER 2015: APPLICATION FORM

Registered Charity No. 210508 VAT No. GB 778 5844 61

Please print clearly:

First name: ..........................................................................................................................................................

Surname: ..........................................................................................................................................................

Specialty: ..........................................................................................................................................................

Hospital: ..........................................................................................................................................................

Address (for correspondence): ..................................................................................................................................

.......................................................................................................................................................... Post code: ..................

Daytime tel number: .................................................. Email address: ..........................................................

Post held: ..........................................................................................................................................................

Special Dietary requirements: ...........................................

Payment details – please select payment method

REG001-15000-5201-000 Junior doctor 7Nov15

£20 – Standard trainee/medical student fee

£10 – RCP London subscribing trainee/medical student fee

O I enclose a cheque for £20 /£10 (made payable to Royal College of Physicians)

O Please debit £20 /£10 from my Mastercard/VISA/Maestro card * (we cannot accept American Express) 

* please indicate

Credit card number

Expiry date  (MM/YY) Security code *

* The last 3 numbers printed at the top of the signature strip on the reverse of the card

Card holder’s name

Card holder’s address

Signature  Date

CANCELLATION POLICY
This booking is a contract. Cancellations must be made in writing before 14.10.15. No refunds will be made for cancellations notified after 14.10.15. The organisers reserve the right to change the programme any time and without prior notice. They also reserve the right in their absolute discretion to cancel the event, in which case all registration fees will be refunded.

Please return this form to: Susan Pope, RCP Regional Office, Birmingham Research Park, Institute of Research & Development, Vincent Drive, Edgbaston, Birmingham B15 2SQ Tel: 0121 414 7020 Fax: 0121 414 7408 Email: susan.pope@rcplondon.ac.uk