



Health Education England West Midlands School of Paediatrics Newsletter



December 22 Edition

Editor: Dr Alex Philpott – Head of School

Please note that the deadline for submission of content for the monthly newsletter is the 20th of each month.

Please only send content requests to facultysupportteam.wm@hee.nhs.uk





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Message from Head of School and the Co-Chairs of the West Midlands School of Paediatrics Trainees' Committee

Thank you, Alex, for the opportunity to introduce ourselves as the new co-chairs of the West Midlands School of Paediatrics Trainees' Committee. We are looking forward to working with the school board, including all of the new TPDs, to support and enhance the training experience for all postgraduate doctors working in paediatrics in our region.

I (Su) am an ST7 trainee and currently completing my SPIN in neonates. I started my paediatrics training in the West Midlands in 2012 with an initial CCT date of 2020. Due to a combination of an OOPE year working as a paediatric simulation fellow, maternity leave and LTFT training, my CCT date has been pushed back by several years! I joined the Trainees' Committee as one of the LTFT reps in 2020 and have stayed on this year to take on the co-chair role with Shosh.

I (Shosh) am currently on OOPE as a paediatric simulation fellow at New Cross Hospital (in between my ST4 and ST5 years). I joined the Trainees' Committee in 2021 as the Welfare rep, having developed an interest for supporting trainee wellbeing during the pandemic through co-creating regional online quizzes and an initiative to provide snacks etc. to on-call staff at work. Improving welfare involves many aspects though, and I look forward to continuing to support my fellow postgraduate doctors in training through my role as co-chair with Su.

Some of the specific projects that we and other members of the Trainees' Committee will be leading on this year include:

- The annual update of the ARCP checklists in preparation for 2023 ARCPs and the changeover to the RCPCH Progress Plus curriculum





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- The introduction of exit interviews for all trainees (regardless of the reason) who have made the decision to leave paediatrics training in the West Midlands
- Continuing to support the move back towards more face to face or hybrid options for regional teaching days
- Following the success of the PAFTAs 2022 awards ceremony, bringing you an even bigger and better event in 2023
- Continuing to build a careers support network to enable all postgraduate doctors to access information on applying to paediatrics training, GRID subspecialty training, SPIN modules, OOP opportunities and career progression.

Lastly, we want to formally welcome all new representatives to the Trainees' Committee. We look forward to working with you as we step into 2023! And on that note, wishing everyone a joyous festive period and a happy new year!

| | | |
|------------------------------------|-----------------|---------------------------|
| TPD - ST1-3 | Clare Onyon | Clareonyon@nhs.net |
| TPD - ST4+ -8 | Matt Cawsey | matt.cawsey@nhs.net |
| TPD - Quality Assurance | Sagarika Ray | Sagarika.ray@nhs.net |
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| TPD - Neonatal Simulation | Matt Nash | Mnash1@nhs.net |
| TPD – Digital Strategy | Narasimha Rao | narasimha.rao@nhs.net |

Media Information

Postgraduate doctors website: www.westmidlandspaediatrics.com

If you would like to add something to the website or feel that you have a topic or group that would benefit from a webpage, then please let the WMPaeds Trainee Committee know.

Email address: westmidlandspaediatrics@gmail.com

Twitter account: @WMPaeds

Facebook page: Paediatric postgraduate doctors in the West Midlands

NB: Please apply directly to join the Facebook Group and answer the security questions.

Inviting others to join prevents people from joining, as they do not have access to the security questions.

ST1 (Paediatrics) Regional Date Changing in December

You'll know that the ST1 Regional teaching is always held on 4th Wednesday of each month. In December it will fall on Wednesday 28 December.

As it's difficult to organise speakers over the Christmas period and staffing is reduced it has been decided to **MOVE** the session to **Wednesday 11 January 2023**.

This will mean there are 2 ST1 days in January ONLY as there will also be the scheduled session on Wednesday 25 January 2023





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Can you please inform your rota co-ordinators/departments.

Many thanks

Request for Shortlisters Paediatric National Recruitment 2023

We require **Paediatric Consultants** to help with the shortlisting process of these recruitment rounds. As a shortlisters you will be required to review applications and score using a scoring matrix (full guidance will be provided)

Shortlisting will take place during the following timeframes:

ST1 National Paediatric Training - Tuesday 20th December 2022 - Friday 13th January 2023

ST3 & ST4 National Paediatric Training - Tuesday 17th January 2023 - Wednesday 15th February 2023

During the shortlisting window you will be allocated a set number of applications to shortlist. You do not need to be available for the whole shortlisting window but you will need to ensure all applications allocated to you have been shortlisted by the window close date. This is important to ensure we can keep to the Recruitment timeline.

If you are a Paediatric Consultant and willing to assist in this please use the links below to sign up:

ST1 National Paediatric Training - <https://forms.office.com/r/aQpfdTFyPK>

ST3 & ST4 National Paediatric - <https://forms.office.com/r/9RShR0wd1Q>

Please feel free to forward this email to any Paediatric Consultants you may think would be interested in helping.

Thank you all for your support in making Paediatric National Recruitment a success.

Any queries please do not hesitate to get in touch

PaedsNRO@hee.nhs.uk

Calibri

HEE Midlands Quality Team

The Midlands Quality Team works to ensure that training takes place in suitable environments. Further information about our work can be found [here](#).

Good Practice

We recognise that there is a substantial amount of good training happening and we would like your help to share this within the region. Sharing good practice is fundamental in achieving high quality education and training as well as safer patient care.





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We are keen to hear any examples of good practice in education and training that you may have experienced. Further details, including how to share good practice with us, can be found [here](#) or by scanning the QR code below.

Those who complete the collection tool may be approached for further details as we plan to organise an event to share good practice later this year.

Once complete an acknowledgement of participating will be emailed to the participant for their records.

Please use QR code to share educational good practice with HEE:



Trainee Clinics

Trainee Clinics are continuing within the School of Paediatrics giving all postgraduate doctors the opportunity to request a 20-minute virtual meeting with a Training Programme Director or Head of School. This is a forum intended for discussing careers (e.g. GRID/SPIN), exams, discussion about OOPs or LTFT and other situations. In previous years we have highlighted these clinics as useful for ST2 trainees who wish to discuss careers and would be keen to do this again.

In addition, we would like to meet with everyone who is going to be completing ST4 in summer 2023 to discuss where you move next – core or subspeciality training.

Please see the attached form for an easy to reference guide on how to prepare for Progress plus (thanks to the Scottish School of Paediatrics for devising this)

ST4 Pathways for 2023

These appointments are not an opportunity for detailed E-portfolio review as this should remain something that is undertaken with your educational or clinical supervisor.

If you would like to request an appointment, please complete this form <https://forms.office.com/r/QvFKeP5fAW>





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The Faculty Support Team will then be in touch to book you an appointment should that be appropriate from the information you provide.

The next clinic is scheduled for 15th December 2022.

West Midlands Paediatric Trainee Committee Update:

New Co-Chairs for the Trainees' Committee:

All of the new representatives have taken up their roles on the committee and are excited to start working on their projects and sharing your views on anything related to paediatrics training in the West Midlands with the school board. As part of this, Su Elliott (LTFT rep) and Shosh Layman (Welfare Rep) have stepped into the co-chair roles. We would like to thank Hannah Cooper and Ash Patel for all of their work in leading the trainees' committee over the last year and wish them well as they both approach their CCT date. Su and Shosh may be contacted with any specific queries for the TC Chair via the website or the committee's email address.

ARCP Checklist 2022-2023:

The ARCP checklists (including those for PGDiT on OOPE or OOPR) for the 2022-23 training year are in the process of being updated by Sarah Ellis and members of the Trainees' Committee. These will be uploaded to the WM Paediatrics PGDiT website as soon as they have been finalised, ready for use at February 2023 ARCPs. The RCPCH have modified the minimum evidence requirements for the ARCPs held during the 2022-23 academic year. The details of this can be found here: <https://www.rcpch.ac.uk/resources/assessment-guide - rcpch-response-to-covid-19---modified-assessments-table>

Progress+

As we all work towards Progress+ from September 2023 we would encourage you **all** to assess how this will affect you and your training. Please make use of discussions with your supervisors, TPDs, and sign up to Trainee Clinics.

Further information can be found on both the RCPCH website and the WM Paediatrics PGDiT website: www.westmidlandspaediatrics.com/copy-of-the-progress-curriculum

Getting in touch:

Just a reminder that you can contact us via the 'contact us' function on the website at www.westmidlandspaediatrics.com or via email to: westmidlandspaediatrics@gmail.com
The trainee representatives maintain a committee on-call rota so please be assured we will act on emails and communications promptly.





IMG Support Network (IMGSN) Update:

IMG trainees

Our IMG representative, Anu, will be organising a virtual session on using Kaizen. This is particularly helpful to understand how to make the most of the portfolio system and how it can be used to prepare for appraisals or applications. If you are interested in attending this session, please email wmimgpaediatrics@gmail.com

Paediatric IMG Group

To all IMG trainees, we are looking for a few IMG trainees to join Anu (the IMG representative) and make plans for future projects. This is a good opportunity to develop organisational, leadership and communication skills.

If interested, please contact on wmimgpaediatrics@gmail.com

Please see below some other very useful resources:

Webinar IM Induction Launch - [YouTube video of today's program](#)
[eLearning package](#)

A guide to induction for IMGs recruited to the NHS, with generic and specialty specific content - [Print document](#)

West Midlands Adolescent Health Network

Are you interested in improving your skills when managing young people? Have you been told to improve your local transition pathways and don't know where to start? Does trying to remember what all the S's in a HEEADSSSS assessment stand for leave you feeling flustered?

We are a group of paediatric postgraduate doctors who are looking to increase the links between the health professionals in the region with an interest in adolescent health. We are initially looking for interest within paediatrics but over the next few months hope to grow the network to include other specialties and allied professions and aim to host monthly educational/networking events, via Zoom initially but hopefully graduating to regular face-to-face events.

If you're interested in taking part, whether your grade is ST1 or professor, please get in touch via wmadolescent@gmail.com.

We look forward to hearing from you!





Simulation

Regional Paediatric Simulation Courses

For anyone interested in our simulation courses, we still have some spaces left on our courses which cover a variety of topics. Courses with spaces available are highlighted in bold but waiting lists are available in case of last-minute cancellation spots. Dates for 2022 will be confirmed in the next few months.

All the courses and registers can be found on the Eventbrite website: <https://rwtpaedsimed.eventbrite.co.uk>. Please remember that if you have registered your interest, this does not mean that your space has been confirmed on the course.

If you have any queries about our courses, please contact us:

Email: rwh-tr.paedsimed@nhs.net

Twitter: @RWT_paedsimed

NEW COURSE – Keep in Touch Days

Please see attached flyer

Are you a trainee who is on parental leave? Do you want the opportunity to undertake some CPD to keep you up to date with the latest developments in paediatrics?

With this course, we aim to cover a variety of topics through a selection of online forums, including reflective discussion of a media article, a journal club and an opportunity to practice communication skills through simulation. Keep up to date with recent changes in clinical practice to ease your transition back into training. This is a virtual course, with self-directed learning in the morning and online activities in the afternoon.

Upcoming Dates:

Monday 16th January

Monday 6th February

Monday 13th March

Acute Behavioural Crisis in CAMHS (ABC in CAMHS) Simulation Day

Do you get stressed out by managing mental health presentations during a busy on call? Want more training in de-escalating agitated patients?

This is a one-day course for a small group of paediatric, ED doctors and nurses (and is free for West Midlands trainees). We use workshops, discussion and simulated scenarios which are all led by local paediatric and CAMHS consultants.

Upcoming Dates:

Friday 3rd March 2023 - **FULL**

Monday 8th May 2023

Paediatric Palliative Care Simulation Day





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Do you want more training in palliative care and managing the end of life in children?
Would you like the opportunity to practice your communication and management of palliative care situations?
Are you confident in advanced care planning?
Do you feel comfortable with the legal aspects surrounding death?

Overview

This simulation-based course will provide an overview of the management of a palliative care patient from diagnosis to the end of life and beyond.

- One day course aimed at senior paediatric trainees (ST4-8)
- There will be a mixture of simulation scenarios, workshops, and discussions around palliative care
- The Course will be supported by senior paediatricians and paediatric palliative care consultants
- Scenarios will involve professional simulated patients
- Can be linked to multiple RCPCH curriculum domains

Upcoming Dates:

Monday 27th February 2023 – **one space available**

Monday 30th June 2023

Paediatric International Medical Graduate (IMG) Simulation Course

A simulation course aimed at paediatric doctors who have received their primary medical qualification outside the United Kingdom. It is focused on preparing and empowering candidates with tools and skills to assist with their transition to working as a paediatrician in the NHS.

Upcoming dates:

Monday 13th February 2023 – **one space available**

Please email rwh-tr.paedsimed@nhs.net to register interest for future dates (after March 2023) which are TBC

Return to Work Simulation Day

A course designed for paediatric trainees in the West Midlands who have been out of clinical practice for any reason (including parental leave, illness, OOPPE, OOPC or OPP-Pause) and provides the opportunity to practice clinical scenarios that you may encounter on your first day back at work.

Upcoming Date:

Friday 26th May 2023

Stepping Up to Enhance Performance at ST4+ Simulation Course (STEPS)

A course that focuses on preparing for the step up to becoming a paediatric registrar or reinforcing skills for those who have newly stepped up to the registrar role. It is aimed specifically at ST2/3's who will be stepping up shortly as well as current ST4s who have recently transitioned to the role of a registrar.

Upcoming Dates:

Monday 20th March 2023 – **two spaces available**

Monday 3rd July 2023





SUDI/C Simulation Course

A course designed for senior paediatric trainees, new consultants, children's nursing colleagues and other professionals in the West Midlands who are involved in the SUDI/C process. The day is aimed at providing practical experience and training about the management of SUDI/C through high fidelity simulation and experimental learning.

Upcoming dates:

Tuesday 3rd January 2023 - **FULL**

Please email rwh-tr.paedsimed@nhs.net to registrar interest for future dates (after March 2023) which are TBC

CONTACT DETAILS

For questions about courses and bookings - please use rwh-tr.paedsimed@nhs.net

If you want to keep up to date with our latest learning points and course information, please add us on twitter '@RWT_paedsimed'

Eventbrite Website - <http://rwtpaedsimed.eventbrite.com>.

Neonatal Simulation

To register your interest for any of the below courses contact Hannah (hannah.coakley@nhs.net) with your full name, grade, current placement and why this course will be of value to you. If you have already registered your interest with Jess Groucutt then this information has all been handed over and we will contact you directly once course dates are confirmed.

SHINE (Simulation to Help in Neonatal Emergencies)

Are you just about to rotate on to your first registrar post in neonates? Does it feel like you have not done neonates for ages and need a refresher? Are you close to CCT and might be working as a consultant in a hospital with a neonatal unit? Do you feel like you just need more neonatal experience? If yes, this is the course for you! This course is very popular and receives consistent excellent feedback.

Neo-Com-S (Neonatal Communication training through Simulation)

Do you want to improve your communication skills around difficult conversations such as breaking bad news, discussing medical errors, dealing with conflict and discussing end of life care? Do you want to explore parents' perspective and learn more about trauma informed communication? If yes, this is your opportunity to develop these transferable skills in a safe, supportive and confidential environment.

Advanced SHINE

Are you a neonatal registrar looking to improve your management of neonatal emergencies? Want to build on your clinical knowledge but also leadership, situation awareness, decision making and communication skills? If the answer is yes then come and join us for the first Advanced SHINE course.

Neonatal Palliative Care Course

Difficult conversations and circumstances are regularly encountered in neonatal medicine; and we must be able to give honest information sensitively; listen with care and respect in order to





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take the next steps forward as partners in care. If you are looking to improve your communication in scenarios such as consenting for post mortem, ceiling of care conversations and bereavement follow up; or learn about symptom control, practicalities of death, memory making and debrief then this course is for you.

Course dates will also be updated on: <https://www.westmidlandspaediatrics.com/simulation>

PRAM Update by Rashmi Mehta

PRAM (Paediatric Research Across Midlands) is a paediatric trainee-led audit and research collaborative based in the West Midlands. We have a wide range of ongoing projects, including work with other paediatric networks. We have multiple successful publications and presentations from previous projects.

For earliest access to opportunities and news, join our mailing list by emailing pramnetwork1@gmail.com. You can also visit our website at <http://www.pramnetwork.com> or follow us on Twitter [@PramNetwork](https://twitter.com/PramNetwork).

New opportunities to join PRAM committee:

Please see the attached flyer

As the committee changes, we will be looking for new members. If you are interested, please fill in the attached form through the link below.

We would love for you to join our fantastic team. Please don't be put off applying if you have had limited research experience. We are all here to learn and would just value your interest and enthusiasm.

Applications are open to all trainees, clinical fellows/ SAS doctors, advanced nurse practitioners and physician assistants in the West Midlands. Please also distribute the link to your fellow colleagues.

We are looking for:

Communication and IT lead

Acute paediatrics/ PEM lead

Community paediatrics lead

Neonatal lead

ST1-3 lead

Education lead

Or if you are interested in another sub-speciality and want to set up a collaborative research network within the region.

[Click here](#) to apply! Closing deadline 15th December 2022





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For more information, please contact pramnetwork1@gmail.com

Dates for your diary: Upcoming Conferences and Events in 2022-2023

1. BPNA (British Paediatric Neurology Association) Annual Conference: Edinburgh 25th - 27th Jan 2023 [web link](#)
2. ESPID (European Society for Paediatric Infectious Diseases) Congress: Lisbon and online 8th -12th May, Abstract submission open until 17th January 2023 [registration link](#)
3. RCPCH Conference: Glasgow 23rd-25th May 2023, Abstract submission open until 6th February 2023 [abstract submission guidance and portal link](#)
4. jENS (Joint European Neonatal Societies) Congress: Rome 19th – 23rd September 2023 [registration link](#)

Other Useful Information:

Reminder – Sickness Reporting

Can all postgraduate doctors include programmes.wm@hee.nhs.uk when reporting any sickness to your ES/CS.?

HEEWM School of Paediatrics Contact List

| Name | Role | Email |
|-------------------------|------------------------------------|--|
| Dr Alex Philpott | Head of School | Alex.philpott@hee.nhs.uk |
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| Dr Clare Onyon | TPD - ST1-3 | clareonyon@nhs.net |
| Dr Annabel Copeman | TPD – General Simulation | acopeman@nhs.net |
| Dr Matt Nash | TPD – Neonatal Simulation | mnash1@nhs.net |
| Dr Sarah Ellis | TPD – Assessments | Sarah.ellis@uhcw.nhs.uk |
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| Dr Penny Broggio | TPD Teaching | Penny.broggio@hee.nhs.uk |
| Dr Rob Negrine | TPD – Neonatal Teaching Programmes | rjsneg@doctors.org.uk |
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HEEWM Contacts

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| Assessments Team | Assessments.wm@hee.nhs.uk |
| Quality Team | qamedical.wm@hee.nhs.uk |
| QA – Reporting concerns | escalatingconcerns.wm@hee.nhs.uk |
| Revalidation | traineerevalidation.wm@hee.nhs.uk |
| ARCP Appeals | ARCPappeals.wm@hee.nhs.uk |
| Professional Support Unit | Psu.wm@hee.nhs.uk |
| Supported Return to Training | supportt.wm@hee.nhs.uk |
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