**Post Covid Programme: INTERMEDIATE Laparoscopic Simulation**

**Venue:**

**eLearning for Course (to be completed prior to course)**

1. **Principles and safety in electro surgery (Olympus Continuum)**

[**https://www.olympusprofed.com/32913/**](https://www.olympusprofed.com/32913/)

1. **Olympus Anatomical Seminar (Olympus Continuum)**

[**https://www.olympusprofed.com/profedwebcast/gyn\_april\_module1**](https://www.olympusprofed.com/profedwebcast/gyn_april_module1)

**3.**  **Lecture; Theatre set up- Patient preparation, port placement and ergonomics**

8.50am **Welcome tea and registration**

09.00am **Laparoscopic boxes**

 Tasks 1-3 *(5 min each trainee) Bead & Hoop Stack*

 *Grasping and manipulation (non AR)*

 *Maze base*

 **AR Task 1- Cutting a circle**

Each trainee to rotate to complete AR task (4 minutes each)

10.15am **Laparoscopic boxes**

Tasks 4-6 – *(5 min each trainee) Threading base*

 *Stacking matchsticks*

 *Bead retrieval*

**11.15 TEA BREAK**

**AR Task 2 – Grasping and Manipulation**

**11:30 Laparoscopic box catch up**

 Tasks 1-6 (*5 min each trainee)*

 **AR Task 3 – Salpingectomy OSATs**

**AR Task 2 – Grasping and Manipulation**

Each trainee to rotate to complete salpingectomy task (5 minutes each) and repeat Grasping and Manipulation if possible

**12:45pm** Closure