



West Midlands Doctors in Training

Welcome to the the first edition of the WM Doctors in Training Newsletter!

With our new Asscoiate Postgraduate Dean, Ellen Knox, at the helm the West Midlands Newsletter is back with this introductory edition

for you to meet the team and have your say on how this newsletter could be tailored to most benefit you.

By the way, for best results on a mobile device, you may need to rotate your display!

The word "goal" is written in a cursive, chalk-like font on a solid black background. The letters are white and have a slightly textured, hand-drawn appearance.

What is the newsletter about?

Ellen has just started as Associate Postgraduate Dean and is responsible for out of programme and doctors in training engagement and communication. What does that mean? Good question - here's Ellen to fill you in!

"As it's a new role and I want to hear from you how we can best engage and communicate with you! My aim is to ensure you get the

information you need to support you and your training without getting information overload. There is so much that HEE has to offer and can help with and many doctors in training are unaware of this, and how to access it. They may also be unclear how this links with your school and your trust. If you have any questions about this - please ask us and we can answer them in future issues. This newsletter is an introduction and more themed issues are to follow but I look forward with working with many of you and welcome any contributions and suggestions".

These newsletters will be short and sweet - focused on what you need to know and learning or development opportunities that might benefit everyone. Each edition will have a focused area on a different topic where we aim to demystify HEE so you can really get the most out of your training programme and the what HEE has to offer to support you.

We plan to do a bi-monthly newsletter and have already chosen some topics for upcoming editions that include PSW, Assessments and LTEF.

Meet the team

The editorial team consists of:

- Ellen Knox - Associate Postgraduate Dean responsible for doctors in training engagement and communication
- Anna Darbyshire - Clinical Fellow

- Iqra Ashraf - Clinical Fellow
- Gina Patel - PA Support Administrator

You can find out more about us below!



Ellen Knox, Consultant Obstetrician at Birmingham Women's and Children's specialising in maternal medicine.

I'm a TPD with responsibility for LTFT training, Supported Return to Training and rotations within obstetrics and gynaecology. I'm also the RCOG Workplace Behaviours advisor and hugely proud of our joint RCOG/RCM "Workplace Behaviours Toolkit" which I co-authored with Sarah Quinn national trainee behaviours rep. I'm also hugely proud to have been 2017 TOTY (Trainer of the Year!) for O and G and hugely grateful for the trainees who



Gina Patel, PA Support Administrator for Health Education England - part of the Midlands Faculty Support Team.

I work in the West Midlands local office and I create the newsletter.

I could share a lot with you about my passion for the NHS but I promise you I won't!

nominated me. I really want to make a difference for them and for all postgraduate doctors and make sure you can access all HEE has to offer.

I've started working with the HEE fellows - Anna and Iqra - and with the LTEF (local trainees engagement forum which has representatives from each school in the West Midlands.

I enjoy working for the NHS and I absolutely enjoy every part of my job!

I'm excited to be creating and producing the newsletter for you as comms is my passion.

As this is your newsletter, we want to deliver content to you that will be of interest so please give us your feedback!

Our contact details are listed below.



We would also like to introduce our clinical fellows – Iqra Ashraf (left) Anna Darbyshire (right). They are working with Health Education England (WM) for the next 12 months on various projects, one of which will be working closely with Ellen to curate this newsletter.

“We are both very excited to have started our new roles with HEE. Anna is going to be doing work with Supported Return to Training and Iqra is looking at the differential attainment workstream. We come from different specialities; neonates and dermatology and continue to work one day a week clinically. We have taken these 12 months as an OOPE and are both looking forward to gaining more experience in health education management and leadership, including working towards formal qualifications in medical education and coaching. There are lots of opportunities out there for doing something different within your training,

and we would encourage all trainees to have a look around and see what interests them!

Upcoming roles will be advertised in the newsletters, and we are planning an OOP information day in the coming months to broaden the understanding of what is out there and how to access it!"

How do you get involved?

Now that we've told you what your newsletter is all about, we want to hear from you about what topics you might like to see in future editions, questions you might want us to cover or volunteer to be part of the team.

Please contact the newsletter team on our dedicated email at midlands.newsletter@hee.nhs.uk. Please note this mailbox has been created especially for the newsletter. All other queries should be directed to appropriate colleagues/teams please.





Do you know who your LTEF rep is?

LTEF is the Local Trainee Engagement Forum and each specialty group have a representative. This is a two way communication between postgraduate doctors in training and HEE regional leadership teams. It's a regular safe space for doctors in training to offer feedback, share best practice and influence educational policy and inputs into the National Trainee Engagement Forum (NTEF).

Your School/Trainee Committee should provide you with information about who your representative is and how to contact them but if you are unable to find out, do contact us.

That's all for now!

We hope you enjoyed reading this Spring edition and we will be back in June with the news you need to know!

See you then.



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